

TLTC ANS Last Chance Indoor Throws Meet - 07-Dec-25**Cougar Dome****Results****Girls 10-11 Shot Put**

Name	Team	Seed	Finals	Points
Finals				
1 Blois, Charlotte	Pictou County Athletics Club	7.31m	6.36m	10

Women 14-15 Shot Put

Name	Team	Seed	Finals	Points
Finals				
1 Lantz, Lily	Athletics East Nova Scotia	11.03m	10.81m	10
2 Sheaves, Samantha	Truro Lions Track & Field Clul	9.54m	8.82m	8

Women 18-19 Shot Put

Name	Team	Seed	Finals	Points
Finals				
1 Thistle, Lauren	Dalhousie Tigers	12.00m	12.43m	10
2 Coffin, Violet	St. Mary's Huskies		10.29m	8

Women 20-34 Shot Put

Name	Team	Seed	Finals	Points
Finals				
1 Pegg, Katie	St. Mary's Huskies		12.43m	10
2 Foley, Emily	Unattached Newfoundland Anc	10.05m	9.60m	8
3 Hiltz, Carleigh	Truro Lions Track & Field Clul	10.37m	9.35m	6

Women 35-99 Shot Put

Name	Team	Seed	Finals	Points
Finals				
1 Fields, Mikael	Truro Lions Track & Field Clul		9.07m	10

Women 14-15 Weight Throw

Name	Team	Seed	Finals	H#	Points
Finals					
1 Sheaves, Samantha	Truro Lions Track & Field Clul	10.72m	10.02m	2	

Women 20-34 Weight Throw

Name	Team	Seed	Finals	Points
Finals				
1 MacIsaac, Chelsea	Athletics East Nova Scotia		16.32m	

Women 35-99 Weight Throw

Name	Team	Seed	Finals	H#	Points
Finals					
1 Jeffrey Mcewing, Pamela	Truro Lions Track & Field Clul	10.27m	8.97m	2	

Men 12-13 Shot Put

Name	Team	Seed	Finals	H#	Points
Finals					
1 Taylor, Porter	Truro Lions Track & Field Clul		11.72m	2	

Men 14-15 Shot Put

Name	Team	Seed	Finals	H#	Points
Finals					
1 Taylor, Bowen	Truro Lions Track & Field Clul		16.17m	1	
2 Blois, Nic	Truro Lions Track & Field Clul	12.76m	11.57m	2	

TLTC ANS Last Chance Indoor Throws Meet - 07-Dec-25**Cougar Dome****Results****Finals ... (Men 14-15 Shot Put)**

Name	Team	Seed	Finals	H#	Points
3 Stackhouse, Kyle	Truro Lions Track & Field Clul		10.90m	1	
4 Stackhouse, Logan	Truro Lions Track & Field Clul		6.52m	2	

Men 16-17 Shot Put

Name	Team	Seed	Finals	H#	Points
Finals					
1 Katsihtis, Niko	Athletics East Nova Scotia	14.35m	14.00m	2	
2 Durning, Ryker	Unattached		12.25m	1	
3 Jay, Donovan	Truro Lions Track & Field Clul	11.16m	11.14m	2	
4 Taylor, Wesley	Truro Lions Track & Field Clul	11.11m	10.71m	2	

Men 18-19 Shot Put

Name	Team	Seed	Finals	H#	Points
Finals					
1 Palamarek, Jeremy	Dalhousie Tigers	15.00m	15.33m	2	
2 Crowe, Seth	Truro Lions Track & Field Clul	12.52m	11.32m	2	

Men 20-34 Shot Put

Name	Team	Seed	Finals	H#	Points
Finals					
1 Murphy, Rylan	Dalhousie Tigers	15.00m	15.80m	2	

Men 14-15 Weight Throw

Name	Team	Seed	Finals	Points
Finals				
1 Blois, Nic	Truro Lions Track & Field Clul	19.20m	17.62m	
2 Stackhouse, Kyle	Truro Lions Track & Field Clul		14.70m	
3 Stackhouse, Logan	Truro Lions Track & Field Clul		8.36m	

Men 16-17 Weight Throw

Name	Team	Seed	Finals	Points
Finals				
1 Durning, Ryker	Unattached		17.23m	
2 Taylor, Wesley	Truro Lions Track & Field Clul		11.04m	

Men 18-19 Weight Throw

Name	Team	Seed	Finals	Points
Finals				
1 Crowe, Seth	Truro Lions Track & Field Clul	13.22m	13.95m	
2 Palamarek, Jeremy	Dalhousie Tigers	15.00m	11.32m	

Men 35-99 Weight Throw

Name	Team	Seed	Finals	Points
Finals				
1 LeBlanc, Joseph	Unattached Nova Scotia	13.33m	13.15m	