

2024 Athletics NS Indoor Club Championship Throws - 3/3/2024
Cougar Dome
Results

Women 14-15 Shot Put

Name	Team	Seed	Finals
Finals			
1 Gromack, Claire	A.S.E.A.		10.24m

Women 16-17 Shot Put

Name	Team	Seed	Finals
Finals			
1 White, Abigail	Pictou County Athletics Club	11.73m	11.57m
2 Gaudry, Catherine	Athletics East Nova Scotia	9.80m	9.57m

Women 20-34 Shot Put

Name	Team	Seed	Finals
Finals			
1 Eisan, Hailie	Cape Breton University	8.88m	8.38m

Women 45-49 Shot Put

Name	Team	Seed	Finals
Finals			
1 Duncan, Mahogany	Unattached Nova Scotia		7.06m

Women 50-54 Shot Put

Name	Team	Seed	Finals
Finals			
1 Jeffrey Mcewing, Pamela	Truro Lions Track & Field Clul	9.08m	8.59m

Women 16-17 Weight Throw

Name	Team	Seed	Finals
Finals			
1 White, Abigail	Pictou County Athletics Club	12.68m	12.21m

Women 18-19 Weight Throw

Name	Team	Seed	Finals
Finals			
1 Ross, Claire	Pictou County Athletics Club	11.18m	11.01m

Women 20-34 Weight Throw

Name	Team	Seed	Finals
Finals			
1 Eisan, Hailie	Cape Breton University	11.61m	11.88m
2 Mkandawire, Chimango	Cape Breton University	10.87m	10.86m

Women 45-49 Weight Throw

Name	Team	Seed	Finals
Finals			
1 Duncan, Mahogany	Unattached Nova Scotia		9.64m

Women 50-54 Weight Throw

Name	Team	Seed	Finals
Finals			
1 Jeffrey Mcewing, Pamela	Truro Lions Track & Field Clul	10.27m	9.39m

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Men 12-13 Shot Put

Name	Team	Seed	Finals
Finals			
1 Hinton, Cohen	Truro Lions Track & Field Clul		7.76m

Men 14-15 Shot Put

Name	Team	Seed	Finals
Finals			
1 Blois, Nic	Pictou County Athletics Club		7.80m

Men 16-17 Shot Put

Name	Team	Seed	Finals
Finals			
1 Crowe, Seth	Truro Lions Track & Field Clul	11.59m	11.34m
2 McEwing, Will	Truro Lions Track & Field Clul	12.30m	10.95m
3 Wilson, Nathaniel	Truro Lions Track & Field Clul	10.06m	10.88m

Men 18-19 Shot Put

Name	Team	Seed	Finals
Finals			
1 Hominick, Caleb	Truro Lions Track & Field Clul	12.98m	11.95m

Men 20-34 Shot Put

Name	Team	Seed	Finals
Finals			
1 Burris, Nathan	Truro Lions Track & Field Clul	13.08m	13.13m

Men 40-44 Shot Put

Name	Team	Seed	Finals
Finals			
1 Blois, Keith	Pictou County Athletics Club		7.73m

Men 70-74 Shot Put

Name	Team	Seed	Finals
Finals			
1 Elliott, Alan	Pictou County Athletics Club	8.00m	8.19m

Men 14-15 Weight Throw

Name	Team	Seed	Finals
Finals			
1 Blois, Nic	Pictou County Athletics Club		9.30m

Men 16-17 Weight Throw

Name	Team	Seed	Finals
Finals			
1 McEwing, Will	Truro Lions Track & Field Clul	12.90m	14.37m
2 Crowe, Seth	Truro Lions Track & Field Clul	10.44m	11.13m

Men 18-19 Weight Throw

Name	Team	Seed	Finals
Finals			
1 Hominick, Caleb	Truro Lions Track & Field Clul		18.03m

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Men 20-34 Weight Throw

Name	Team	Seed	Finals
Finals			
1 Burris, Nathan	Truro Lions Track & Field Clul	14.40m	14.13m

Men 40-44 Weight Throw

Name	Team	Seed	Finals
Finals			
1 Blois, Keith	Pictou County Athletics Club		7.50m

Men 60-64 Weight Throw

Name	Team	Seed	Finals
Finals			
1 LeBlanc, Joseph	Unattached Nova Scotia	10.00m	11.43m

Men 70-74 Weight Throw

Name	Team	Seed	Finals
Finals			
1 Elliott, Alan	Pictou County Athletics Club	7.00m	8.42m