## **2023** Athletics NS Last Chance Throws Meet - 12/3/2023 **Cougar Dome** Results

	Results			
Girls 10-11 Shot Put		G 1	T71 1	
Name	Team	Seed	Finals	
Finals	T. T. T. 1.0 E. 11.01.1		6.76	
1 Oniah, Zoe	Truro Lions Track & Field Clul		6.76m	
Girls 12-13 Shot Put				
Name	Team	Seed	Finals	
Finals				
1 Durning, Rylie	Truro Lions Track & Field Clul		6.32m	
Women 16-17 Shot Put				
Name	Team	Seed	Finals	
Finals				
1 White, Abigail	Pictou County Athletics Club	12.02m	10.88m	
2 Fortune, Alyssa	Pictou County Athletics Club	7.78m	8.09m	
Women 18-19 Shot Put				
Name	Team	Seed	Finals	
Finals	~~~~	Secu		
1 Hadskis, Maggie	Dalhousie Tigers	10.00m	9.88m	
2 Davis, Charlotte	Acadia Axemen/Axewomen	10.00111	9.30m	
3 Eisan, Hailie	Cape Breton University	8.88m	8.74m	
4 LeBlanc, Claire	Dalhousie Tigers	10.00m	8.40m	
5 Covert, Claire	Dalhousie Tigers	10.00m	7.75m	
Women 20-34 Shot Put				
Name	Team	Seed	Finals	
Finals		Secu	1 111415	
1 MacIsaac, Chelsea	Dalhousie Tigers	12.00m	12.21m	
2 Gaudry, Abbi	Dalhousie Tigers	10.00m	9.30m	
3 Amoako, Faustina	Cape Breton University	10.48m	8.94m	
4 Mkandawire, Felicity	Cape Breton University	8.56m	7.62m	
Women 35-99 Shot Put				
Name	Team	Seed	Finals	
Finals	Itam	Secu	Tillais	
1 Bryant, Jo	Unattached Nova Scotia	6.00m	5.90m	
	Onattached Nova Scotia	0.00111	5.70111	
Women 16-17 Weight Throw	There	C ?	17° 1	
Name	Team	Seed	Finals	
Finals	Distance County Add to Child	11.01	10.63	
1 White, Abigail	Pictou County Athletics Club	11.01m	10.63m	
Women 18-19 Weight Throw				
Name	Team	Seed	Finals	
Finals				
1 Eisan, Hailie	Cape Breton University	9.84m	10.91m	
Women 20-34 Weight Throw				
Name	Team	Seed	Finals	
Finals				
1 MacIsaac, Chelsea	Dalhousie Tigers	15.00m	15.47m	
2 Spoozak, Lily	Dalhousie Tigers	14.00m	14.62m	
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Finals	(Women 20-3	34 Weight Throw)
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Name	Team	Seed	Finals	
3 Amoako, Faustina 4 Mkandawire, Felicity	Cape Breton University Cape Breton University	13.53m 10.51m	14.08m 10.32m	
Women 35-99 Weight Throw	Cupe Breton Chryerstry	10.51111	10.32111	
Name	Team	Seed	Finals	
Finals				
1 Bryant, Jo	Unattached Nova Scotia	9.31m	9.00m	
Men 12-13 Shot Put				
Name	Team	Seed	Finals	
Finals				
1 Hominick, Jacob	Truro Lions Track & Field Clul		7.32m	
Men 14-15 Shot Put				
Name	Team	Seed	Finals	
Finals	T T 1 0 E' 11 C' 1		10.25	
1 Durning, Ryker	Truro Lions Track & Field Clul		12.35m	
Men 16-17 Shot Put	T.	C 7	T. 1	
Name	Team	Seed	Finals	
Finals 1 Hominick, Caleb	Truro Lions Track & Field Clul	13.90m	12.53m	
2 Crowe, Seth	Truro Lions Track & Field Clul	13.90m 11.59m	12.33III 10.71m	
Men 18-19 Shot Put	Traio Bions Track & Field Clar	11.57111	10.71111	
Name	Team	Seed	Finals	
Finals		~~~		
1 Murphy, Rylan	Dalhousie Tigers	14.00m	13.06m	
2 Warren, Austin	Truro Lions Track & Field Clul	15.50m	12.91m	
Men 12-13 Weight Throw				
Name	Team	Seed	Finals	
Finals				
1 Hominick, Jacob	Truro Lions Track & Field Clul		7.68m	
Men 16-17 Weight Throw				
Name	Team	Seed	Finals	
	1eam	Seeu	1 111415	
Finals				
1 Hominick, Caleb	Truro Lions Track & Field Clul	18.64m	20.83m	
1 Hominick, Caleb  Men 18-19 Weight Throw	Truro Lions Track & Field Clul	18.64m	20.83m	
1 Hominick, Caleb Men 18-19 Weight Throw Name				
1 Hominick, Caleb  Men 18-19 Weight Throw Name Finals	Truro Lions Track & Field Clul	18.64m Seed	20.83m Finals	
1 Hominick, Caleb  Men 18-19 Weight Throw Name  Finals 1 Murphy, Rylan	Truro Lions Track & Field Clul	18.64m	20.83m	
1 Hominick, Caleb  Men 18-19 Weight Throw Name  Finals 1 Murphy, Rylan  Men 20-34 Weight Throw	Truro Lions Track & Field Clul  Team  Dalhousie Tigers	18.64m Seed 15.00m	20.83m  Finals  9.78m	
1 Hominick, Caleb  Men 18-19 Weight Throw Name  Finals 1 Murphy, Rylan  Men 20-34 Weight Throw Name	Truro Lions Track & Field Clul	18.64m Seed	20.83m Finals	
1 Hominick, Caleb  Men 18-19 Weight Throw Name  Finals 1 Murphy, Rylan  Men 20-34 Weight Throw Name  Finals	Truro Lions Track & Field Clul  Team  Dalhousie Tigers  Team	18.64m Seed 15.00m Seed	20.83m  Finals  9.78m  Finals	
1 Hominick, Caleb  Men 18-19 Weight Throw Name  Finals 1 Murphy, Rylan  Men 20-34 Weight Throw Name	Truro Lions Track & Field Clul  Team  Dalhousie Tigers	18.64m Seed 15.00m	20.83m  Finals  9.78m	