

## 2015 Nova Scotia 55+ Games Results

Event	Division	Name	Age	Result	Place	
50M	M55-59	Steve Clouthier	55	8	1	
	M60-64	Llew Chase	63	6.9	1	
	M65-69	Rodger Sorsdahl	67	7.7	1	
		Brock Fownes	67	7.8	2	
		Norval Mitchell	66	8	3	
		Mac Murray	68	8.3	4	
	M70-74	Lloyd Northern	72	8.9	1	
	100M	M55-59	Steve Clouthier	59	14.7	1
	M60-64	Llew Chase	63	13	1	
	M65-69	Brock Fownes	67	15	1	
	Rodger Sorsdahl	67	15.2	2		
	Henderson Paris	?	17	3		
M70-74	Lloyd Northern	72	18.2	1		
200M	M55-59	Steve Clouthier	59	30.8	1	
M60-64	Llew Chase	63	27.1	1		
M65-69	Rodger Sorsdahl	67	34.7	1		
	Henderson Paris	?	37.3	2		
M70-74	Lloyd Northern	72	44.1	1		
M75-79	Gower Thompson	79	46.7	1		
400M	M55-59	Charlie LeFort	55	1:09	1	
M60-64	Richard Richard	62	1:19	1		
M65-69	Mac Murray	68	1:22	1		
M70-74	Lloyd Northern	72	1:23	1		
M75-79	Gower Thompson	79	1:42	1		
800M	M55-59	Charlie LeFort	55	2:38	1	
M60-64	Richard Richard	62	3:02	1		
M75-79	Gower Thompson	79	4:04	1		

1500M	M55-59	Charlie LeFort	55	5:15	1
		Robin Browne	58	5:17	2
	M60-64	Richard Richard	62	6:11	1
	M75-79	Gower Thompson	79	8:13	1
3000M	M55-59	Charlie LeFort	55	10:54	1
		Robin Browne	58	11:07	2
	M60-64	Richard Richard	62	12:31	1
4x100M Relay	M55-59	Llew Chase	63	01:04.5	
		Charlie LeFort	55		
		Hennie Bris			
		Lloyd Northern	72		
	M55-59	Steve Cloutier	59	01:23.3	
		Richard Richard	62		
		Rodger Sorsdahi	67		
		Robin Browne	58		
Triple Jump		No one			
Long Jump	M65-69	Norval Mitchell	66	2.97	
		Rodger Sorsdahl	67	2.86	
Shot Put	M60-64	Llew Chase	63	9.26	
	M65-69	Brock Fownes	67	9.86	
	M80-84	Merv Shaw	81	6.97	
Discus	M65-69	Brock Fownes	67	28.72	
<b>Event</b>	<b>Age</b>	<b>Name</b>	<b>Age</b>	<b>Time/Distance</b>	<b>Place</b>
<b>50M</b>	W60-64	Anne Murray	62	9.4	1
<b>100M</b>	W55-59	Jo Welch	59	16.4	1
		Norma Houston	56	16.42	2
	W60-64	Morag McDonah	60	15.3	1
		Anne Murray	62	18	2
		Mona MacDonald	63	18.8	3
<b>200M</b>	W55-59	Norma Houston	56	34.6	1

		Jo Welch	59	35.5	2
	W60-64	Morag McDonah	60	33.3	1
		Anne Murray	62	39.2	2
		Mona MacDonald	63	39.9	3
<b>400M</b>	W55-59	Coline MacEachern	59	1:29	1
	W60-64	Morag McDonah	60	1:19	1
		Alice Patrick	64	1:33	2
	W70-74	Georgie Gillis	70	1:32	1
<b>800M</b>	W55-59	Norma Houston	56	3:03	1
		Coline MacEachern	59	3:31	2
	W60-64	Alice Patrick	64	3:38	1
	W70-74	Georgie Gillis	70	3:30	1
<b>1500M</b>	W55-59	Coline MacEachern	59	7:10	1
	W60-64	Alice Patrick	64	7:15	1
	W70-74	Georgie Gillis	70	7:14	1
<b>3000M</b>	W60-64	Alice Patrick	64	14:37	1
	W70-74	Georgie Gillis	70	14:39	1
<b>4x100M</b>	W55-59	Anne Murray	62	01:10.4	1
		Norma Houston	56		
		Jo Welch	59		
		Morag McDonah	60		
	W55-59	Coline MacEachern	59	01:22.3	2
		Alice Patrick	64		
		Mona MacDonald	63		
		Georgie Gillis	70		
<b>Triple jump</b>	W55-59	Jo Welch	59	6.97	1

		Coline MacEachern	59	6.58	2
	W60-64	Mona MacDonald	63	6.07	1
<b>Long Jump</b>	W60-64	Mona MacDonald	63	2.78	1
<b>Shot Put</b>	W55-59	Annemieka Vink	59	6.51	recorded a
		Norma Houston	56	5.96	
	W60-65	Jane Warren	60	5.74	
	W65-69	Joan Clark	66	7.74	1
<b>Discus</b>	W55-59	Annemieke Vink	59	17.07	
	W60-64	Jane Warren	60	15.05	
	W65-69	Joan Clark	66	16.71	1
<b>Javelin</b>	W55-59	Jo Welch	59	13.11	500g
		Annemieka Vink	59	11.52	400g
	W60-64	Jane Warren	60	13.31	400g
	W65-69	Joan Clark	66	14.65	400g