

**2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0****Metropolitan Field****Results****Women 12-13 80 Meter Dash**

Name	Year Team	Seed	Finals	Wind	Points
Finals					
1 Majury, Cate	03 Yhz Track &	11.52	11.51	0.6	14
2 Stroud, Charlotte	03 Pictou Count	14:15.00	11.64	0.6	12
3 Lawrence, Lillian	03 Unattached N	12.50	12.02	0.6	10
4 Moore, Rebecca	04 Valley Athletics	12:00.00	12.09	0.6	9
5 King, Megan	03 Yhz Track &	12.53	12.13	0.6	8
6 Sherry, Jaclyn	04 Truro Lions	12.75	12.65	0.6	7
7 Mullins, Curran	03 Valley Athletics	12.92	13.03	0.6	6

**Women 14-15 100 Meter Dash**

Name	Year Team	Seed	Prelims	Wind	H#
Preliminaries					
1 Moller, Olivia	01 Unattached N	13.39	12.85q	1.3	2
2 Sweeney, Sierra	02 Halifax Athletics	13.15	12.89q	1.3	2
3 MacIsaac, Shelby	03 Athle Sud-es	13.06	12.95q	1.4	1
4 Macleod, Lauren	01 Pictou Count	12.94	13.00q	3.3	3
5 Cromwell, Taylor	02 Pictou Count	13.22	13.03q	3.3	3
6 Jaylin, Poirer	01 Unattached	13.05	13.39q	1.3	2
7 Henneberry, Samantha	01 Halifax Athletics	13.90	13.52q	3.3	3
8 Duynisveld, Maria	01 Pugwash Track Club	13.20	13.55q	3.3	3
9 McPhee, Cate	02 Halifax Athletics	13.60	13.75	1.4	1
10 Gratto, Jocelyn	02 Pictou Count	13.60	13.96	1.3	2
11 Sherry, Mykaela	01 Truro Lions	13.54	14.00	1.4	1
12 Skinner, Olivia	01 Chebucto Athletics	13.78	14.02	3.3	3
13 Thomas, Tamia	03 Halifax Athletics	14.04	14.04	3.3	3
14 Smith, Gabrielle	02 Pictou Count	14.00	14.84	1.3	2
15 Coffin, Ellen	01 Pictou Count	14.50	14.87	1.4	1
16 Mills, Skye	02 Halifax Athletics	14.04	15.35	3.3	3
17 Mullen, Estella Rose	02 Chebucto Athletics	13.10	15.57	1.4	1
18 Harris-Shanks, Marley	02 Valley Athletics	20.00	16.96	1.3	2

**Women 14-15 100 Meter Dash**

Name	Year Team	Prelims	Finals	Wind	Points
Finals					
1 Moller, Olivia	01 Unattached N	12.85	12.88	0.4	14
2 Sweeney, Sierra	02 Halifax Athletics	12.89	12.92	0.4	12
3 MacIsaac, Shelby	03 Athle Sud-es	12.95	13.25	0.4	10
4 Cromwell, Taylor	02 Pictou Count	13.03	13.43	0.4	9
5 Jaylin, Poirer	01 Unattached	13.39	13.52	0.4	8
6 Macleod, Lauren	01 Pictou Count	13.00	13.55	0.4	7
7 Duynisveld, Maria	01 Pugwash Track Club	13.55	13.90	0.4	6
8 Henneberry, Samantha	01 Halifax Athletics	13.52	14.01	0.4	5

**Women 16-17 100 Meter Dash**

Name	Year Team	Seed	Prelims	Wind
Preliminaries				
1 Mattinson, Taylor	00 Pugwash Track Club	12.80	12.68q	1.3

**2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0****Metropolitan Field****Results****...Women 16-17 100 Meter Dash**

2	Gushue, Bailey	99	Southwest No	12.63	12.73q	1.3
3	Layes, Grace	00	Chebucto Athletics	12.99	12.76q	1.3
4	Brown, Trinity	00	Halifax Athletics	12.61	12.84q	1.3
5	Hall, Madison	00	Chebucto Athletics	12.53	12.92q	1.3
6	McCardle, Kelly	99	Islanders TR	13.34	13.35q	1.3
7	Cormier, Morgan	00	Islanders Tr	13.27	13.38q	1.3

**Women 16-17 100 Meter Dash**

Name	Year	Team	Prelims	Finals	Wind	Points
Finals						
1	Gushue, Bailey	99	Southwest No	12.73	12.76	0.8 14
2	Layes, Grace	00	Chebucto Athletics	12.76	12.88	0.8 12
3	Mattinson, Taylor	00	Pugwash Track Club	12.68	12.89	0.8 10
4	Brown, Trinity	00	Halifax Athletics	12.84	12.94	0.8 9
5	Hall, Madison	00	Chebucto Athletics	12.92	13.07	0.8 8
6	Cormier, Morgan	00	Islanders Tr	13.38	13.42	0.8 7 13.412
7	McCardle, Kelly	99	Islanders TR	13.35	13.42	0.8 6 13.414

**Women 18-19 100 Meter Dash**

Name	Year	Team	Seed	Prelims	Wind
Preliminaries					
1	Hickman, Sarah	97	Saint John T	13.40	13.57q 3.0
2	Koehoorn, Bailey	97	Pictou Count	15.00	14.69q 3.0

**Women 18-19 100 Meter Dash**

Name	Year	Team	Prelims	Finals	Wind	H#	Points
Finals							
1	Hickman, Sarah	97	Saint John T	13.57	13.61	1.6 1	14
2	Koehoorn, Bailey	97	Pictou Count	14.69	14.91	1.6 1	12

**Women 20-34 100 Meter Dash**

Name	Year	Team	Seed	Prelims	Wind
Preliminaries					
1	Beals, Shannay	95	Halifax Athletics	11.97	12.00q 3.0
2	Murdoch, Charlotte	91	Yhz Track &	14.73	14.68q 3.0

**Women 20-34 100 Meter Dash**

Name	Year	Team	Prelims	Finals	Wind	H#	Points
Finals							
1	Beals, Shannay	95	Halifax Athletics	12.00	12.09	1.6 1	14
2	Murdoch, Charlotte	91	Yhz Track &	14.68	14.91	1.6 1	12

**2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0****Metropolitan Field****Results****Women 40-44 100 Meter Dash**

Name	Year Team	Seed	Prelims	Wind
Preliminaries				
1 James, Paula	73 Valley Athletics	14.99	14.53q	3.0

**Women 40-44 100 Meter Dash**

Name	Year Team	Prelims	Finals	Wind	H#	Points
Finals						
1 James, Paula	73 Valley Athletics	14.53	14.46	1.6	1	14

**Women 60-64 100 Meter Dash**

Name	Year Team	Seed	Prelims	Wind
Preliminaries				
1 Welch, Jo	56 Unattached N	16.80	17.03q	3.0

**Women 60-64 100 Meter Dash**

Name	Year Team	Prelims	Finals	Wind	H#	Points
Finals						
1 Welch, Jo	56 Unattached N	17.03	17.07	1.6	1	14

**Women 12-13 150 Meter Dash**

Name	Year Team	Seed	Finals	Wind	Points
1 Majury, Cate	03 Yhz Track &	21.87	22.64	-4.6	14
2 Lawrence, Lillian	03 Unattached N	25.30	22.93	-4.6	12
3 Mattinson, Emma	03 Pugwash Track Club	27.58	23.66	-4.6	10
4 King, Megan	03 Yhz Track &	23.60	23.78	-4.6	9
5 Mullins, Curran	03 Valley Athletics	25.24	25.28	-4.6	8
6 O'Leary, Haley	03 Valley Athletics	27.33	27.18	-4.6	7

**Women 14-15 200 Meter Dash**

Name	Year Team	Seed	Prelims	Wind	H#
Preliminaries					
1 MacIsaac, Shelby	03 Athle Sud-es	26.81	27.83q	-1.7	2
2 Moller, Olivia	01 Unattached N	29.00	27.89q	-1.7	2
3 Cromwell, Taylor	02 Pictou Count	27.38	28.15q	-4.1	1
4 Macleod, Lauren	01 Pictou Count	27.10	28.48q	-4.1	1
5 Jaylin, Poirer	01 Unattached	28.00	28.96q	-1.7	2
6 Henneberry, Samantha	01 Halifax Athletics	28.20	28.98q	-4.1	1
7 Maguire, Oula	02 Truro Lions	28.00	29.44q	-1.7	2
8 Thomas, Tamia	03 Halifax Athletics		30.17q	-4.1	1
9 McPhee, Cate	02 Halifax Athletics	29.45	30.54	-1.7	2
10 Skinner, Olivia	01 Chebucto Athletics	29.88	30.66	-4.1	1
11 Coffin, Ellen	01 Pictou Count	31.50	32.09	-1.7	2
12 Mullen, Estella Rose	02 Chebucto Athletics	30.00	33.69	-4.1	1
13 Harris-Shanks, Marley	02 Valley Athletics	45.00	36.16	-1.7	2

**2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0****Metropolitan Field****Results****Women 14-15 200 Meter Dash**

Name	Year Team	Prelims	Finals	Wind	Points
Finals					
1 MacIsaac, Shelby	03 Athle Sud-es	27.83	27.23	-1.9	14
2 Moller, Olivia	01 Unattached N	27.89	27.50	-1.9	12
3 Macleod, Lauren	01 Pictou Count	28.48	28.12	-1.9	10
4 Henneberry, Samantha	01 Halifax Athletics	28.98	28.87	-1.9	9
5 Maguire, Oula	02 Truro Lions	29.44	28.99	-1.9	8
6 Jaylin, Poirer	01 Unattached	28.96	29.31	-1.9	7
7 Thomas, Tamia	03 Halifax Athletics	30.17	30.57	-1.9	6

**Women 16-17 200 Meter Dash**

Name	Year Team	Seed	Prelims	Wind	H#
Preliminaries					
1 Mattinson, Taylor	00 Pugwash Track Club	26.20	26.73q	-1.0	1
2 Wilson, Edie	00 Yhz Track &	26.20	26.82q	-1.4	2
3 Brown, Trinity	00 Halifax Athletics	27.04	27.11q	-1.0	1
4 Heubach, Lorena	99 Southwest No	26.65	27.13q	-1.4	2
5 Layes, Grace	00 Chebucto Athletics	26.90	27.16q	-1.4	2
6 Hall, Madison	00 Chebucto Athletics	26.23	27.30q	-1.0	1
7 Gushue, Bailey	99 Southwest No	27.45	27.30q	-1.4	2
8 Cormier, Morgan	00 Islanders Tr	27.37	27.79q	-1.0	1
9 Marchand, Lauryn	99 Yhz Track &	27.80	27.97	-1.0	1
10 McCardle, Kelly	99 Islanders TR	27.37	28.01	-1.4	2
11 Macneil, Sarah	99 Chebucto Athletics	28.75	28.16	-1.0	1
12 Harris-Shanks, Brynn	00 Valley Athletics	35.00	32.11	-1.4	2

**Women 16-17 200 Meter Dash**

Name	Year Team	Prelims	Finals	Wind	Points
Finals					
1 Wilson, Edie	00 Yhz Track &	26.82	26.64	-2.8	14
2 Mattinson, Taylor	00 Pugwash Track Club	26.73	26.73	-2.8	12
3 Heubach, Lorena	99 Southwest No	27.13	27.02	-2.8	10
4 Brown, Trinity	00 Halifax Athletics	27.11	27.27	-2.8	9
5 Hall, Madison	00 Chebucto Athletics	27.30	27.46	-2.8	8
6 Layes, Grace	00 Chebucto Athletics	27.16	27.70	-2.8	7
7 Gushue, Bailey	99 Southwest No	27.30	27.74	-2.8	6
8 Cormier, Morgan	00 Islanders Tr	27.79	28.34	-2.8	5

**Women 18-19 200 Meter Dash**

Name	Year Team	Seed	Prelims	Wind
Preliminaries				
1 Quann, Lauren	98 Pictou Count	26.70	27.57q	-3.2
2 Hickman, Sarah	97 Saint John T	27.40	28.87q	-3.2
3 Ross, Olivia	98 Halifax Athletics	28.00	29.14q	-3.2
4 Martell, MacKayla	98 Islanders TR		29.37q	-3.2

**2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0****Metropolitan Field****Results****Women 18-19 200 Meter Dash**

Name	Year Team	Prelims	Finals	Wind	Points
Finals					
1 Quann, Lauren	98 Pictou Count	27.57	28.04	-4.4	14
2 Hickman, Sarah	97 Saint John T	28.87	28.43	-4.4	12
3 Martell, MacKayla	98 Islanders TR	29.37	29.00	-4.4	10
4 Ross, Olivia	98 Halifax Athletics	29.14	29.17	-4.4	9

**Women 40-44 200 Meter Dash**

Name	Year Team	Seed	Prelims	Wind
Preliminaries				
1 James, Paula	73 Valley Athletics	30.99	30.64q	-3.2

**Women 40-44 200 Meter Dash**

Name	Year Team	Prelims	Finals	Wind	Points
Finals					
1 James, Paula	73 Valley Athletics	30.64	30.68	-4.4	14

**Women 60-64 200 Meter Dash**

Name	Year Team	Seed	Prelims	Wind
Preliminaries				
1 Welch, Jo	56 Unattached N	36.50	39.35q	-3.2

**Women 60-64 200 Meter Dash**

Name	Year Team	Prelims	Finals	Wind	Points
Finals					
1 Welch, Jo	56 Unattached N	39.35	37.13	-4.4	14

**Women 14-15 300 Meter Dash**

Name	Year Team	Seed	Finals	Points
1 MacKenzie, Hall	01 Unattached	44.02	43.41	14
2 Walton, Rachel	01 Pictou Count	45.44	45.11	12
3 Scott, Olivia	01 Unattached N	44.00	45.75	10
4 O'Leary, Taylor	01 Valley Athletics	46.44	45.93	9
5 Fraser, Hannah	01 Pictou Count	14.75	48.34	8

**Women 16-17 400 Meter Dash**

Name	Year Team	Seed	Finals	Points
1 Hergett, Jane	99 Valley Athletics	59.54	59.77	14
2 Wilson, Edie	00 Yhz Track &	59.70	1:00.30	12
3 Mattinson, Taylor	00 Pugwash Track Club	1:00.05	1:00.90	10
4 Layes, Grace	00 Chebucto Athletics	1:04.30	1:04.38	9
5 Macneil, Sarah	99 Chebucto Athletics	1:04.95	1:04.53	8

**2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0****Metropolitan Field****Results****...Women 16-17 400 Meter Dash**

6 Marchand, Lauryn	99 Yhz Track &	1:04.62	1:05.03	7
7 Hamilton, Meghan	99 Chebucto Athletics	1:04.50	1:07.05	6

**Women 18-19 400 Meter Dash**

Name	Year Team	Seed	Finals	Points
1 McClure, Maggie	98 Yhz Track &	1:02.00	57.20	14
2 Ross, Olivia	98 Halifax Athletics	1:00.00	1:02.43	12
3 Hickman, Sarah	97 Saint John T	1:04.55	1:05.70	10
4 Landry, Jordan	98 Pictou Count	1:08.00	1:07.44	9

**Women 20-34 400 Meter Dash**

Name	Year Team	Seed	Finals	Points
1 Comeau, Elizabeth	96 Halifax Athletics	59.99	1:01.30	14

**Girls 12-13 800 Meter Run**

Name	Year Team	Seed	Finals	Points
1 McClure, Fiona	03 Yhz Track &	2:35.00	2:38.37	14
2 Mattinson, Emma	03 Pugwash Track Club	2:45.99	2:46.51	12
3 Carr-McEachern, Georgia	04 Yhz Track &	2:45.00	2:47.29	10

**Women 14-15 800 Meter Run**

Name	Year Team	Seed	Finals	Points
1 Benson, Kianna	01 Unattached N	2:24.00	2:24.01	14
2 Smith, Maggie	01 Halifax Athletics	2:25.00	2:32.60	12

**Women 16-17 800 Meter Run**

Name	Year Team	Seed	Finals	Points
1 Hergett, Jane	99 Valley Athletics	2:21.94	2:21.99	14

**Girls 12-13 1200 Meter Run**

Name	Year Team	Seed	Finals	Points
1 McClure, Fiona	03 Yhz Track &		4:15.12	14
2 Chisholm, Siona	03 Antigonish T	4:11.00	4:20.40	12
3 Carr-McEachern, Georgia	04 Yhz Track &	4:45.00	4:31.39	10

**Women 14-15 1200 Meter Run**

Name	Year Team	Seed	Finals	H#	Points
1 Birrell, Carley	02 Chebucto Athletics	3:43.00	3:56.97	2	14
2 Benson, Kianna	01 Unattached N	4:00.00	4:01.75	2	12
3 Burke, Tanna	01 Yhz Track &	4:07.99	4:03.38	2	10
4 Sandluck, Allie	02 Pictou Count	4:06.00	4:03.42	2	9

**2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0****Metropolitan Field****Results****...Women 14-15 1200 Meter Run**

5	Lowther, Lauren	01	Antigonish T	3:58.00	4:05.18	2	8
6	Boucher, Mikayla	02	Yhz Track &	4:05.99	4:09.93	2	7
7	Smith, Maggie	01	Halifax Athletics	4:00.00	4:14.76	2	6
8	Ebbett, Courtney	01	Southwest No	4:30.00	4:30.35	1	5
9	Cameron, Gael	01	Halifax Athletics	4:40.40	4:47.84	1	4
10	Robertson, Madison	01	Pictou Count	4:47.00	5:05.46	1	3

**Women 16-17 1500 Meter Run**

Name	Year	Team	Seed	Finals	Points
1 Chambers, Meredith	99	Valley Athletics	4:55.97	4:57.96	14
2 Kelly, Tatiana	99	Islanders TR	5:20.00	5:13.62	12
3 Sandluck, Breanna	99	Pictou Count	5:08.00	5:21.02	10
4 Fitzpatrick, Tori	99	Islanders Tr	5:15.00	5:27.59	9

**Women 18-19 1500 Meter Run**

Name	Year	Team	Seed	Finals	Points
1 McClure, Maggie	98	Yhz Track &	4:50.00	4:55.02	14
2 Chisholm, Paige	98	Valley Athletics	5:03.00	5:08.23	12

**Women 20-34 1500 Meter Run**

Name	Year	Team	Seed	Finals	Points
1 Hamilton, Emily	83	Yhz Track &	4:55.00	4:58.66	14

**Women 14-15 2000 Meter Run**

Name	Year	Team	Seed	Finals	Points
1 Birrell, Carley	02	Chebucto Athletics	6:45.00	6:41.14	14
2 Sandluck, Allie	02	Pictou Count	7:15.00	6:54.28	12
3 Chisholm, Siona	03	Antigonish T	7:19.00	6:59.50	10
4 Burke, Tanna	01	Yhz Track &	7:06.99	7:03.44	9
5 Lowther, Lauren	01	Antigonish T	6:58.29	7:04.13	8
6 Boucher, Mikayla	02	Yhz Track &	7:06.99	7:10.01	7
7 Benoit, Eileen	02	Valley Athletics	7:32.05	7:16.38	6
8 Ebbett, Courtney	01	Southwest No	8:30.00	8:11.94	5
9 Cameron, Gael	01	Halifax Athletics	7:50.00	8:23.01	4
10 Robertson, Madison	01	Pictou Count	8:30.00	8:46.71	3

**Women 16-17 3000 Meter Run**

Name	Year	Team	Seed	Finals	Points
1 Chambers, Meredith	99	Valley Athletics	10:38.72	10:53.25	14
2 Sandluck, Breanna	99	Pictou Count	11:07.00	11:07.90	12
3 Kelly, Tatiana	99	Islanders TR	12:10.00	11:14.63	10
4 Fitzpatrick, Tori	99	Islanders Tr	11:30.00	11:31.32	9

**2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0****Metropolitan Field****Results****Women 18-19 3000 Meter Run**

Name	Year Team	Seed	Finals	Points
1 Edmonds, Emma	97 Halifax Athletics	10:26.00	10:33.57	14

**Women 12-13 80 Meter Hurdles 30"**

Name	Year Team	Seed	Finals	Wind	Points
1 Sherry, Jaclyn	04 Truro Lions	17.75	16.44	1.4	14
2 Lowe, Sydney	03 Valley Athletics	17.58	18.63	1.4	12
3 O'Leary, Haley	03 Valley Athletics	18.98	19.06	1.4	10

**Women 14-15 80 Meter Hurdles 30"**

Name	Year Team	Seed	Prelims	Wind
Preliminaries				
1 Sweeney, Sierra	02 Halifax Athletics	12.12	12.19q	1.2
2 Scott, Olivia	01 Unattached N	14.00	13.20q	1.2
3 Sherry, Mykaela	01 Truro Lions	14.74	13.42q	1.2
4 O'Leary, Taylor	01 Valley Athletics	13.85	14.20q	1.2
5 Meades, Grace	01 Valley Athletics	13.93	15.24q	1.2
6 Cameron, Gael	01 Halifax Athletics	16.81	16.83q	1.2
7 Fraser, Hannah	01 Pictou Count	46.00	17.22q	1.2

**Women 14-15 80 Meter Hurdles 30"**

Name	Year Team	Prelims	Finals	Wind	Points
Finals					
1 Sweeney, Sierra	02 Halifax Athletics	12.19	11.83	0.4	14
2 Scott, Olivia	01 Unattached N	13.20	13.16	0.4	12
3 Sherry, Mykaela	01 Truro Lions	13.42	13.74	0.4	10
4 O'Leary, Taylor	01 Valley Athletics	14.20	14.02	0.4	9
5 Meades, Grace	01 Valley Athletics	15.24	14.46	0.4	8
6 Fraser, Hannah	01 Pictou Count	17.22	17.29	0.4	7

**Women 16-17 100 Meter Hurdles 30"**

Name	Year Team	Seed	Prelims	Wind
Preliminaries				
1 Carvery, Zoe	00 Chebucto Athletics	16:02.00	15.18q	2.4
2 Hill, Olivia	99 Chebucto Athletics	15.60	15.56q	2.4
3 Holland, Rachel	99 Chebucto Athletics	16.16	15.73q	2.4
4 Willett, Ysabella	00 Chebucto Athletics	17.00	17.25q	2.4
5 Harris-Shanks, Brynn	00 Valley Athletics	19.00	19.57q	2.4

**Women 16-17 100 Meter Hurdles 30"**

Name	Year Team	Prelims	Finals	Wind	Points
Finals					
1 Carvery, Zoe	00 Chebucto Athletics	15.18	14.90	0.4	14
2 Holland, Rachel	99 Chebucto Athletics	15.73	15.56	0.4	12



**2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0****Metropolitan Field****Results****...Women 16-17 100 Meter Hurdles 30"**

3 Hill, Olivia	99	Chebucto Athletics	15.56	15.60	0.4	10
4 Willett, Ysabella	00	Chebucto Athletics	17.25	17.56	0.4	9
5 Harris-Shanks, Brynn	00	Valley Athletics	19.57	19.50	0.4	8

**Women 18-19 100 Meter Hurdles 33"**

Name	Year	Team	Seed	Prelims	Wind	Points
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## Preliminaries

1 Graham, Megan	98	Pictou Count	16.45	16.26q	1.0	
2 Landry, Jordan	98	Pictou Count	17.00	18.57q	1.0	

**Women 18-19 100 Meter Hurdles 33"**

Name	Year	Team	Prelims	Finals	Wind	Points
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## Finals

1 Graham, Megan	98	Pictou Count	16.26	16.18	1.9	14
2 Landry, Jordan	98	Pictou Count	18.57	18.14	1.9	12

**Girls 12-13 200 Meter Hurdles 30"**

Name	Year	Team	Seed	Finals	Wind	Points
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1 Lowe, Sydney	03	Valley Athletics	38.00	41.56	-3.4	14
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**Women 14-15 200 Meter Hurdles 30"**

Name	Year	Team	Seed	Finals	Wind	Points
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1 Sweeney, Sierra	02	Halifax Athletics	28.42	29.09	-3.4	14
2 Walton, Rachel	01	Pictou Count	33.62	33.01	-3.4	12
3 O'Leary, Taylor	01	Valley Athletics	33.82	33.62	-3.4	10
4 Meades, Grace	01	Valley Athletics	34.83	35.72	-3.4	9

**Women 16-17 400 Meter Hurdles 30"**

Name	Year	Team	Seed	Finals	Points
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1 Hill, Olivia	99	Chebucto Athletics	1:12.00	1:09.68	14
2 Hamilton, Meghan	99	Chebucto Athletics	1:16.00	1:16.54	12
3 Harris-Shanks, Brynn	00	Valley Athletics	1:25.00	1:29.13	10

**Women 18-19 400 Meter Hurdles 30"**

Name	Year	Team	Seed	Finals	Points
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1 Graham, Megan	98	Pictou Count	1:08.00	1:06.42	14
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**Women 20-34 400 Meter Hurdles 30"**

Name	Year	Team	Seed	Finals	Points
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1 Comeau, Elizabeth	96	Halifax Athletics	1:04.00	1:08.56	14
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**2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0****Metropolitan Field****Results****Women 14-15 1500 Meter Steeplechase 30"**

Name	Year Team	Seed	Finals	Points
1 Walton, Rachel	01 Pictou Count	5:32.00	5:29.04	14
2 Sandluck, Allie	02 Pictou Count	5:40.00	5:35.67	12
3 Benoit, Eileen	02 Valley Athletics	5:38.43	5:40.21	10
4 Robertson, Madison	01 Pictou Count	6:00.00	6:53.07	9

**Women 16-17 2000 Meter Steeplechase 30"**

Name	Year Team	Seed	Finals	Points
1 Sandluck, Breanna	99 Pictou Count	8:00.00	7:59.00	14

**Girls 12-13 4x100 Meter Relay**

Team	Seed	Finals	Points
1 Valley Athletics 'A'		1:03.94	20

**Women 14-15 4x100 Meter Relay**

Team	Seed	Finals	Points
1 Pictou County Athletics Club 'A'		56.53	20
2 Valley Athletics 'A'		1:00.87	16
3 Halifax Athletics 'A'		1:05.98	12

**Women 18-19 4x100 Meter Relay**

Team	Seed	Finals	Points
1 Pictou County Athletics Club 'A'	1:00.00	54.43	20

**Women 35-39 4x100 Meter Relay**

Team	Seed	Finals	Points
1 Halifax Athletics 'A'		53.77	20

**Women 14-15 4x400 Meter Relay**

Team	Seed	Finals	Points
1 Pictou County Athletics Club 'A'	4:30.00	5:06.94	20

**Women 16-17 4x400 Meter Relay**

Team	Seed	Finals	Points
1 Valley Athletics 'A'	4:20.00	5:27.13	20

**2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0****Metropolitan Field****Results****Women 35-39 4x400 Meter Relay**

Team	Seed	Finals	Points
1 Valley Athletics 'A'		5:47.39	20

**Girls 12-13 High Jump**

Name	Year Team	Seed	Finals	Points
1 MacIsaac, Shelby	03 Athle Sud-es	1.51m	1.40m	13
1 Blanch, Mehkya	03 Unattached N	1.40m	1.40m	13
3 Mattinson, Emma	03 Pugwash Track Club	1.36m	1.30m	10

**Women 14-15 High Jump**

Name	Year Team	Seed	Finals	Points
1 Henneberry, Samantha	01 Halifax Athletics	1.55m	1.56m	14
2 Munroe, Emily	02 Halifax Athletics	1.45m	1.45m	11
3 Davidson, Sydney	02 Truro Lions	1.46m	J1.45m	11
4 Hyde, Saffron	02 Unattached N	1.45m	1.40m	9
5 Johnston, Katrina	02 Halifax Athletics		1.35m	8

**Women 16-17 High Jump**

Name	Year Team	Seed	Finals	Points
1 Willett, Ysabella	00 Chebucto Athletics	1.50m	1.61m	14
2 Campbell, Maddie	00 Yhz Track &	1.60m	1.58m	11
2 Carvery, Zoe	00 Chebucto Athletics	1.60m	1.58m	11
4 Heubach, Lorena	99 Southwest No	1.59m	1.55m	9
5 Doyle, Kiera	99 Unattached	0.01m	1.50m	8

**Women 18-19 High Jump**

Name	Year Team	Seed	Finals	Points
1 Quann, Lauren	98 Pictou Count	1.57m	1.55m	14
2 Tobin, Megan	97 Chebucto Athletics	1.60m	1.45m	12
3 Landry, Jordan	98 Pictou Count	0.45m	1.40m	10

**Women 20-34 High Jump**

Name	Year Team	Seed	Finals	Points
1 Grimshaw, Olivia	95 Halifax Athletics	1.50m	1.45m	14
2 Maclatchie, Kate	96 Halifax Athletics	1.60m	1.30m	12

**Girls 12-13 Long Jump**

Name	Year Team	Seed	Finals	Wind	Points
1 Thomas, Tamia	03 Halifax Athletics		4.01m	0.9	14
2 Hall, Christine	04 Fast Tracks	4.30m	3.97m	1.4	12
3 Moore, Rebecca	04 Valley Athletics	35.00m	3.72m	1.1	10
4 Stroud, Charlotte	03 Pictou Count	3.33m	3.71m	2.0	9

**2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0****Metropolitan Field****Results****....Girls 12-13 Long Jump**

5 Majury, Cate	03 Yhz Track &	4.11m	3.57m	2.7	8
6 Mullins, Curran	03 Valley Athletics	3.14m	3.29m	0.5	7
7 King, Megan	03 Yhz Track &	3.50m	3.02m	0.1	6

**Women 14-15 Long Jump**

Name	Year Team	Seed	Finals	Wind	Points
1 Duynisveld, Maria	01 Pugwash Track Club	5.03m	4.70m	2.9	14
2 Jaylin, Poirer	01 Unattached	4.51m	4.49m	2.3	12
3 Macleod, Lauren	01 Pictou Count	4.76m	4.15m	1.8	10
4 Gratto, Jocelyn	02 Pictou Count	4.12m	4.08m	1.9	9
5 Coffin, Ellen	01 Pictou Count	4.05m	3.78m	1.2	8
6 Hebb, Chloe	02 St. Mary's T	4.10m	3.77m	1.1	7
7 Mullen, Estella Rose	02 Chebucto Athletics	3.19m	3.64m	1.6	6

**Women 16-17 Long Jump**

Name	Year Team	Seed	Finals	Wind	Points
1 Fraser, Denver	00 Central Nova	5.00m	5.43m	3.1	14
2 Holland, Rachel	99 Chebucto Athletics	5.29m	5.26m	3.2	12
3 Heubach, Lorena	99 Southwest No	5.12m	5.10m	0.2	10
4 Fraser, Gabrielle	00 Central Nova	5.00m	4.90m	2.2	9
5 Hamilton, Meghan	99 Chebucto Athletics	4.67m	4.44m	3.7	8
6 Baker, Grace	99 St. Mary's T	4.44m	4.28m	0.8	7
7 Doyle, Kiera	99 Unattached	0.01m	4.22m	1.1	6
8 Miller, Heath	00 Pictou Count	3.31m	3.53m	+0.0	5

**Women 18-19 Long Jump**

Name	Year Team	Seed	Finals	Wind	Points
1 Wallace, Kylee	97 Islanders TR	5.15m	4.83m	1.5	14

**Women 20-34 Long Jump**

Name	Year Team	Seed	Finals	Wind	Points
1 Gaudet, Fallon	96 Islanders Tr	4.89m	4.92m	2.3	14
2 Maclatchie, Kate	96 Halifax Athletics	5.30m	4.87m	1.6	12

**Women 40-44 Long Jump**

Name	Year Team	Seed	Finals	Wind	Points
1 James, Paula	73 Valley Athletics	3.25m	3.71m	2.6	14

**Women 60-64 Long Jump**

Name	Year Team	Seed	Finals	Wind	Points
1 Welch, Jo	56 Unattached N	3.60m	2.81m	2.5	14

**2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0****Metropolitan Field****Results****Women 14-15 Triple Jump**

Name	Year Team	Seed	Finals	Wind	Points
1 Sweeney, Sierra	02 Halifax Athletics	11.01m	10.83m	2.8	14
2 Duynisveld, Maria	01 Pugwash Track Club	10.73m	10.56m	4.2	12
3 Jaylin, Poirer	01 Unattached	10.14m	9.85m	5.6	10
4 Henneberry, Samantha	01 Halifax Athletics	9.52m	9.31m	2.9	9
5 Hebb, Chloe	02 St. Mary's T	9.30m	9.15m	4.4	8
6 O'Leary, Taylor	01 Valley Athletics	9.37m	9.12m	4.5	7

**Women 16-17 Triple Jump**

Name	Year Team	Seed	Finals	Wind	Points
1 Fraser, Gabrielle	00 Central Nova	11.00m	10.84m	7.6	14
2 Heubach, Lorena	99 Southwest No	10.92m	10.81m	5.4	12
3 Fraser, Denver	00 Central Nova	10.98m	10.59m	4.8	10
4 Holland, Rachel	99 Chebucto Athletics	10.90m	10.53m	1.3	9
5 Baker, Grace	99 St. Mary's T	10.19m	9.94m	4.0	8
6 Doyle, Kiera	99 Unattached	0.01m	9.24m	2.9	7

**Women 20-34 Triple Jump**

Name	Year Team	Seed	Finals	Wind	Points
1 Gaudet, Fallon	96 Islanders Tr	10.65m	10.67m	2.7	14

**Women 40-44 Triple Jump**

Name	Year Team	Seed	Finals	Wind	Points
1 James, Paula	73 Valley Athletics	7.75m	8.02m	4.2	14

**Girls 12-13 Shot Put**

Name	Year Team	Seed	Finals	Points
1 Davidson, Jessie	03 Truro Lions	7.41m	8.34m	14

**Women 14-15 Shot Put**

Name	Year Team	Seed	Finals	Points
1 MacIsaac, Chelsea	01 Truro Lions	10.48m	10.96m	14
2 Kincaid-Webster, Mackay	01 Unattached N	10.05m	10.26m	12
3 Crocker, Mackenzie	02 Unattached N	9.93m	9.75m	10
4 Davidson, Sydney	02 Truro Lions	9.00m	9.54m	9
5 Maceachern, Jaden	01 Pictou Count	9.24m	8.57m	8
6 Smith, Gabrielle	02 Pictou Count	6.57m	6.93m	7
7 Harris-Shanks, Marley	02 Valley Athletics	6.00m	5.75m	6

**Women 16-17 Shot Put**

Name	Year Team	Seed	Finals	Points
1 McLean, Tatum	99 Pictou Count	11.28m	11.89m	14

**2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0****Metropolitan Field****Results****...Women 16-17 Shot Put**

2 Campbell, Maddie	00	Yhz Track &	11.50m	11.51m	12
3 Lynds, Hannah	00	Unattached N	11.17m	10.83m	10
4 Miller, Heath	00	Pictou Count	9.54m	9.24m	9
-- McCarthy, Annie	00	Truro Lions	9.03m	ND	

**Women 18-19 Shot Put**

Name	Year	Team	Seed	Finals	Points
1 Simpson, Robyn	98	Pictou Count	8.00m	8.09m	14
2 Trevors, Lexie	98	Pictou Count	4.00m	6.54m	12
3 Munroe, Sarah	97	Pictou Count	5.00m	6.48m	10
-- Purvis, Carlin	98	Pictou Count	8.20m	ND	

**Women 20-34 Shot Put**

Name	Year	Team	Seed	Finals	Points
1 Maclatchie, Kate	96	Halifast Athletics		7.04m	14

**Women 20-34 Shot Put Seated Wheelchair**

Name	Year	Team	Seed	Finals	Points
1 Lejean, Pamela	84	Valley Athletics	4.48m	4.43m	14

**Women 40-44 Shot Put**

Name	Year	Team	Seed	Finals	Points
1 James, Paula	73	Valley Athletics	4.50m	5.25m	14

**Women 60-64 Shot Put**

Name	Year	Team	Seed	Finals	Points
1 Welch, Jo	56	Unattached N	6.52m	6.72m	14
2 Warren, Jane	55	Unattached N	10.00m	6.02m	12

**Girls 12-13 Discus Throw**

Name	Year	Team	Seed	Finals	Points
1 Davidson, Jessie	03	Truro Lions	21.85m	26.39m	14

**Women 14-15 Discus Throw**

Name	Year	Team	Seed	Finals	Points
1 MacIsaac, Chelsea	01	Truro Lions	30.10m	27.80m	14
2 Crocker, Mackenzie	02	Unattached N	30.14m	26.83m	12
3 Davidson, Sydney	02	Truro Lions	31.43m	26.63m	10
4 Kincaid-Webster, Mackay	01	Unattached N	20.45m	20.54m	9
5 Purvis, Garyn	01	Pictou Count	18.82m	19.01m	8

**2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0****Metropolitan Field****Results****Women 16-17 Discus Throw**

Name	Year Team	Seed	Finals	Points
1 Campbell, Maddie	00 Yhz Track &	33.64m	29.71m	14
2 McLean, Tatum	99 Pictou Count	30.94m	28.14m	12
3 McCarthy, Annie	00 Truro Lions	28.08m	25.12m	10
4 Miller, Heath	00 Pictou Count	23.10m	19.30m	9

**Women 18-19 Discus Throw**

Name	Year Team	Seed	Finals	Points
1 Simpson, Robyn	98 Pictou Count	30.57m	25.84m	14
2 Koehoorn, Bailey	97 Pictou Count	0.01m	21.19m	12
3 Trevors, Lexie	98 Pictou Count	16.00m	20.30m	10
4 Munroe, Sarah	97 Pictou Count	6.00m	17.40m	9

**Women 20-34 Discus Throw**

Name	Year Team	Seed	Finals	Points
1 Lejean, Pamela	84 Valley Athletics	10.20m	9.69m	14
2 Perrin, Casey	92 Valley Athletics	5.35m	6.06m	12

**Women 60-64 Discus Throw**

Name	Year Team	Seed	Finals	Points
1 Warren, Jane	55 Unattached N	10.00m	15.50m	14

**Girls 12-13 Hammer Throw**

Name	Year Team	Seed	Finals	Points
1 Davidson, Jessie	03 Truro Lions	6.00m	24.66m	14

**Women 14-15 Hammer Throw**

Name	Year Team	Seed	Finals	Points
1 Reid, Jenna	01 Pictou Count	38.35m	39.01m	14
2 Davidson, Sydney	02 Truro Lions	27.00m	25.64m	12
3 Purvis, Garyn	01 Pictou Count	24.70m	20.58m	10

**Women 16-17 Hammer Throw**

Name	Year Team	Seed	Finals	Points
1 McLean, Tatum	99 Pictou Count	52.30m	54.34m	14
2 McCarthy, Annie	00 Truro Lions	33.01m	30.24m	12
3 Miller, Heath	00 Pictou Count	25.46m	20.70m	10

**2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0****Metropolitan Field****Results****Women 18-19 Hammer Throw**

Name	Year Team	Seed	Finals	Points
1 Simpson, Robyn	98 Pictou Count	20.00m	19.35m	14
2 Munroe, Sarah	97 Pictou Count	7.00m	18.84m	12

**Women 60-64 Hammer Throw**

Name	Year Team	Seed	Finals	Points
1 Warren, Jane	55 Unattached N	10.00m	14.14m	14

**Girls 12-13 Javelin Throw**

Name	Year Team	Seed	Finals	Points
1 Davidson, Jessie	03 Truro Lions	23.47m	20.99m	14

**Women 14-15 Javelin Throw**

Name	Year Team	Seed	Finals	Points
1 Reid, Jenna	01 Pictou Count	35.21m	36.23m	14
2 Smith, Gabrielle	02 Pictou Count	27.09m	23.62m	12
3 Maceachern, Jaden	01 Pictou Count	21.37m	15.84m	10
4 Mullen, Estella Rose	02 Chebucto Athletics	13.51m	14.99m	9

**Women 16-17 Javelin Throw**

Name	Year Team	Seed	Finals	Points
1 Quinn, Madelyn	00 Truro Lions	41.73m	41.47m	14
2 Alexander, Mira	00 Truro Lions	38.40m	40.36m	12
3 Miller, Heath	00 Pictou Count	35.92m	36.94m	10

**Women 18-19 Javelin Throw**

Name	Year Team	Seed	Finals	Points
1 Quann, Lauren	98 Pictou Count	39.64m	37.71m	14
2 Trevors, Lexie	98 Pictou Count	27.00m	31.61m	12
3 Koehoorn, Bailey	97 Pictou Count	0.01m	23.31m	10

**Women 60-64 Javelin Throw**

Name	Year Team	Seed	Finals	Points
1 Warren, Jane	55 Unattached N	10.00m	12.23m	14

**Girls 4-5 60 Meter Dash Tetrathlon**

Name	Year Team	Finals	Wind	Points
1 James, Chelsea	11 Valley Athletics	17.53	-2.0	
2 Albert, Amelia	12 Valley Athletics	17.75	-2.0	
3 Stevens, Jorja	12 Unattached	19.00	-2.0	



**2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0****Metropolitan Field****Results****Girls 6-7 60 Meter Dash Tetrathlon**

Name	Year Team	Finals	Wind	Points
1 Franklin, Leayaha	09 Halifax Athletics	11.82	-2.0	75

**Girls 8-9 60 Meter Dash Tetrathlon**

Name	Year Team	Finals	Wind	H#	Points
1 MacCallum, Amelia	07 Pictou Count	10.58	-2.1	2	151
2 Williams, Sierra	08 Halifax Athletics	11.00	-2.1	2	123
3 MacDonald, Rogan	07 Pictou Count	11.87	-2.1	2	73
4 Arsenault, Alexis	08 Unattached	11.88	-2.1	2	72
5 Morrow, Kate	07 Yhz Track &	11.94	-2.1	2	69

**Girls 10-11 60 Meter Dash Tetrathlon**

Name	Year Team	Finals	Wind	H#	Points
1 MacDonald, Cara	05 Pictou Count	9.63	-3.0	3	223
2 Covert, Claire	05 Yhz Track &	10.38	-3.0	3	165
3 Thomas, Taylena	06 Halifax Athletics	10.69	-2.1	2	143
4 Roper, Catherine	05 Yhz Track &	10.72	-3.0	3	141
5 Arsenault, Lily	05 Halifax Athletics	10.91	-3.0	3	128
6 Seaman, Olivia	06 Valley Athletics	11.28	-2.1	2	105

**Girls 12-13 60 Meter Dash Tetrathlon**

Name	Year Team	Finals	Wind	H#	Points
1 Grant, Sara	03 Port Elgin R	8.85	-3.0	3	292
2 Lowe, Sydney	03 Valley Athletics	10.02	-3.0	3	192
3 O'Leary, Haley	03 Valley Athletics	10.36	-3.0	3	166
4 Arsenault, Julia	04 Halifax Athletics	11.21	-3.0	3	110

**Heptathlon: #4 Women 16-17 200 Meter Dash Heptathlon**

Name	Year Team	Finals	Wind	Points
1 Black, Sophie	00 Athle Sud-es	28.35	1.8	604

**Girls 4-5 600 Meter Run Tetrathlon**

Name	Year Team	Finals	Points
1 James, Chelsea	11 Valley Athletics	3:37.23	
2 Albert, Amelia	12 Valley Athletics	3:42.62	
3 Stevens, Jorja	12 Unattached	4:23.32	

**Girls 6-7 600 Meter Run Tetrathlon**

Name	Year Team	Finals	Points
-- Franklin, Leayaha	09 Halifax Athletics	DNF	

**2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0****Metropolitan Field****Results****Girls 8-9 600 Meter Run Tetrathlon**

Name	Year Team	Finals	Points
1 MacCallum, Amelia	07 Pictou Count	2:20.26	147
2 Morrow, Kate	07 Yhz Track &	2:38.43	74
3 MacDonald, Rogan	07 Pictou Count	2:45.93	51
4 Arsenault, Alexis	08 Unattached	3:06.57	8
5 Williams, Sierra	08 Halifax Athletics	4:54.43	

**Girls 10-11 600 Meter Run Tetrathlon**

Name	Year Team	Finals	H#	Points
1 MacDonald, Cara	05 Pictou Count	2:01.31	2	249
2 Covert, Claire	05 Yhz Track &	2:20.03	2	149
3 Arsenault, Lily	05 Halifax Athletics	2:22.04	2	139
4 Seaman, Olivia	06 Valley Athletics	2:23.23	2	134
5 Thomas, Taylena	06 Halifax Athletics	2:25.33	2	125
6 Roper, Catherine	05 Yhz Track &	2:25.43	2	124

**Girls 12-13 600 Meter Run Tetrathlon**

Name	Year Team	Finals	H#	Points
1 Grant, Sara	03 Port Elgin R	2:08.85	2	205
2 Lowe, Sydney	03 Valley Athletics	2:09.28	2	203
3 O'Leary, Haley	03 Valley Athletics	2:18.72	2	155
4 Arsenault, Julia	04 Halifax Athletics	2:25.40	2	124

**Heptathlon: #7 Women 16-17 800 Meter Run Heptathlon**

Name	Year Team	Finals	Points
1 Black, Sophie	00 Athle Sud-es	2:43.69	531

**Heptathlon: #1 Women 16-17 100 Meter Hurdles Heptathlon**

Name	Year Team	Finals	Wind	Points
1 Black, Sophie	00 Athle Sud-es	16.00	0.4	714

**Heptathlon: #2 Women 16-17 High Jump Heptathlon**

Name	Year Team	Finals	Points
1 Black, Sophie	00 Athle Sud-es	1.57m	701

**Girls 4-5 Long Jump Tetrathlon**

Name	Year Team	Finals	Wind	Points
1 James, Chelsea	11 Valley Athletics	1.56m	NWI	49
2 Stevens, Jorja	12 Unattached	1.18m	NWI	30
3 Albert, Amelia	12 Valley Athletics	1.15m	NWI	29

**2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0****Metropolitan Field****Results****Girls 6-7 Long Jump Tetrathlon**

Name	Year Team	Finals	Wind	Points
2 Franklin, Leayaha	09 Halifax Athletics	2.34m	NWI	96

**Girls 8-9 Long Jump Tetrathlon**

Name	Year Team	Finals	Wind	Points
1 Williams, Sierra	08 Halifax Athletics	2.92m	NWI	136
2 MacCallum, Amelia	07 Pictou Count	2.89m	NWI	134
3 Morrow, Kate	07 Yhz Track &	2.50m	NWI	107
4 MacDonald, Rogan	07 Pictou Count	2.39m	NWI	99
5 Arsenaault, Alexis	08 Unattached	1.85m	NWI	66

**Girls 10-11 Long Jump Tetrathlon**

Name	Year Team	Finals	Wind	Points
1 Roper, Catherine	05 Yhz Track &	3.45m	NWI	176
1 Thomas, Taylena	06 Halifax Athletics	3.30m	NWI	165
2 Covert, Claire	05 Yhz Track &	3.42m	NWI	174
3 MacDonald, Cara	05 Pictou Count	3.40m	NWI	172
4 Arsenaault, Lily	05 Halifax Athletics	2.87m	NWI	133
5 Seaman, Olivia	06 Valley Athletics	2.82m	NWI	129

**Girls 12-13 Long Jump Tetrathlon**

Name	Year Team	Finals	Wind	Points
1 Grant, Sara	03 Port Elgin R	4.44m	NWI	259
2 Lowe, Sydney	03 Valley Athletics	3.65m	NWI	192
3 O'Leary, Haley	03 Valley Athletics	3.05m	NWI	146
4 Arsenaault, Julia	04 Halifax Athletics	2.56m	NWI	111

**Heptathlon: #5 Women 16-17 Long Jump Heptathlon**

Name	Year Team	Finals	Wind	Points
1 Black, Sophie	00 Athle Sud-es	4.23m	-1.8	362

**Girls 4-5 Shot Put 2kg Tetrathlon**

Name	Year Team	Finals	Points
1 James, Chelsea	11 Valley Athletics	4.74m	115
2 Stevens, Jorja	12 Unattached	1.45m	4
3 Albert, Amelia	12 Valley Athletics	1.04m	

**Girls 6-7 Shot Put 2kg Tetrathlon**

Name	Year Team	Finals	Points
1 Franklin, Leayaha	09 Halifax Athletics	3.93m	87

**2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0****Metropolitan Field****Results****Girls 8-9 Shot Put 2kg Tetrathlon**

Name	Year Team	Finals	Points
1 MacCallum, Amelia	07 Pictou Count	4.19m	96
2 Williams, Sierra	08 Halifax Athletics	3.80m	83
3 Arsenault, Alexis	08 Unattached	3.46m	71
4 Morrow, Kate	07 Yhz Track &	2.58m	41
5 MacDonald, Rogan	07 Pictou Count	2.47m	37

**Girls 10-11 Shot Put 2kg Tetrathlon**

Name	Year Team	Finals	Points
1 MacDonald, Cara	05 Pictou Count	5.98m	159
2 Roper, Catherine	05 Yhz Track &	5.28m	135
3 Seaman, Olivia	06 Valley Athletics	4.99m	124
4 Covert, Claire	05 Yhz Track &	4.91m	121
5 Arsenault, Lily	05 Halifax Athletics	4.37m	102
-- Stroud, Kate	06 Pictou Count	ND	

**Girls 12-13 Shot Put 2kg Tetrathlon**

Name	Year Team	Finals	Points
1 Grant, Sara	03 Port Elgin R	9.61m	291
2 O'Leary, Haley	03 Valley Athletics	6.81m	189
3 Lowe, Sydney	03 Valley Athletics	6.22m	168
4 Arsenault, Julia	04 Halifax Athletics	4.36m	102
-- MacKenzie, Hall	01 Unattached	ND	

**Heptathlon: #3 Women 16-17 Shot Put Heptathlon**

Name	Year Team	Finals	Points
1 Black, Sophie	00 Athle Sud-es	10.51m	563
-- Carvery, Zoe	00 Chebucto Athletics	ND	

**Heptathlon: #6 Women 16-17 Javelin Throw Heptathlon**

Name	Year Team	Finals	Points
1 Black, Sophie	00 Athle Sud-es	30.30m	482
-- Carvery, Zoe	00 Chebucto Athletics	ND	

**Women 16-17 Heptathlon**

Name	Year Team	Seed	Finals	Points
1 Black, Sophie	00 Athle Sud-es	4174	3957	10

**Girls 4-5 Tetrathlon**

Name	Year Team	Seed	Finals	Points
1 James, Chelsea	11 Valley Athletics	1	164	10
2 Stevens, Jorja	12 Unattached	1	34	8

**2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0****Metropolitan Field****Results****....Girls 4-5 Tetrathlon**

3 Albert, Amelia	12 Valley Athletics	1	29	6
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**Girls 6-7 Tetrathlon**

Name	Year Team	Seed	Finals	Points
1 Franklin, Leayaha	09 Halifax Athletics	5	258	10

**Girls 8-9 Tetrathlon**

Name	Year Team	Seed	Finals	Points
1 MacCallum, Amelia	07 Pictou Count	200	528	10
2 Williams, Sierra	08 Halifax Athletics	1	342	8
3 Morrow, Kate	07 Yhz Track &	500	291	6
4 MacDonald, Rogan	07 Pictou Count	1	260	5
5 Arsenault, Alexis	08 Unattached	1	217	4

**Girls 10-11 Tetrathlon**

Name	Year Team	Seed	Finals	Points
1 MacDonald, Cara	05 Pictou Count	1	803	10
2 Covert, Claire	05 Yhz Track &		609	8
3 Roper, Catherine	05 Yhz Track &	500	576	6
4 Arsenault, Lily	05 Halifax Athletics	1	502	5
5 Seaman, Olivia	06 Valley Athletics	1	492	4
6 Thomas, Taylena	06 Halifax Athletics		433	3

**Girls 12-13 Tetrathlon**

Name	Year Team	Seed	Finals	Points
1 Grant, Sara	03 Port Elgin R	1	1047	10
2 Lowe, Sydney	03 Valley Athletics	1	755	8
3 O'Leary, Haley	03 Valley Athletics	736	656	6
4 Arsenault, Julia	04 Halifax Athletics	1	447	5

**Men 12-13 80 Meter Dash**

Name	Year Team	Seed	Finals	Wind	Points
1 Franklin-Smith, Kwame'	04 Halifax Athletics	12.57	11.15	2.1	14
2 Williams, Marques	03 Halifax Athletics	12.37	11.29	2.1	12

**Men 14-15 100 Meter Dash**

Name	Year Team	Seed	Prelims	Wind
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**Preliminaries**

1 Decoff, Broden	01 Pictou Count	11.50	11.85q	1.9
2 Murphy, Broderick	02 Cape Breton	12.19	12.17q	1.9
3 Kirwan, Logan	02 Pictou Count	11.93	12.18q	1.9
4 Pineo, Kayleb	02 Chebucto Athletics	11.79	12.33q	1.9
5 Dagley, Skylar	03 Bluenose Ath	13.40	12.84q	1.9

**2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0****Metropolitan Field****Results****...Men 14-15 100 Meter Dash**

6 Garneau, Kameron	01 Pictou Count	12.00	12.87q	1.9
7 Hann, Noah	01 Yhz Track &	13.26	13.22q	1.9

**Men 14-15 100 Meter Dash**

Name	Year Team	Prelims	Finals	Wind	Points
Finals					
1 Decoff, Broden	01 Pictou Count	11.85	11.97	1.4	14
2 Kirwan, Logan	02 Pictou Count	12.18	12.71	1.4	12
3 Dagley, Skylar	03 Bluenose Ath	12.84	13.17	1.4	10
4 Hann, Noah	01 Yhz Track &	13.22	13.47	1.4	9
5 Garneau, Kameron	01 Pictou Count	12.87	13.50	1.4	8

**Men 16-17 100 Meter Dash**

Name	Year Team	Seed	Prelims	Wind	H#
Preliminaries					
1 Elliott, Raheem	00 Halifast Athletics	11.65	11.55q	3.4	2
2 Allbright, Brett	00 Unattached N	11.49	11.71q	3.4	2
3 Davison, Luke	99 Halifast Athletics	11.77	11.83q	3.4	2
4 Sullivan, Jordan	00 Unattached N	11.50	11.85q	1.4	1
5 Hughes, Eric	00 Pictou Count	11.98	11.88q	1.4	1
6 Kammelu, Lotanna	00 Yhz Track &	12.07	11.91q	3.4	2
7 Macfadyen, Owen	00 Islanders TR	12.04	11.97q	3.4	2
8 Cullen, Nick	99 Chebucto Athletics	11.80	12.01q	1.4	1
9 Eddy, Tyler	00 Valley Athletics	11.60	12.12	1.4	1
10 Dillon, Mark	00 Islanders Tr	12.17	12.45	1.4	1

**Men 16-17 100 Meter Dash**

Name	Year Team	Prelims	Finals	Wind	Points
Finals					
1 Sullivan, Jordan	00 Unattached N	11.85	11.59	1.3	14
2 Allbright, Brett	00 Unattached N	11.71	11.69	1.3	12
3 Cullen, Nick	99 Chebucto Athletics	12.01	11.86	1.3	10
4 Davison, Luke	99 Halifast Athletics	11.83	11.93	1.3	9
5 Macfadyen, Owen	00 Islanders TR	11.97	11.95	1.3	8
6 Hughes, Eric	00 Pictou Count	11.88	11.96	1.3	7
7 Kammelu, Lotanna	00 Yhz Track &	11.91	12.06	1.3	6
8 Elliott, Raheem	00 Halifast Athletics	11.55	53.38	1.3	5

**Men 18-19 100 Meter Dash**

Name	Year Team	Seed	Prelims	Wind
Preliminaries				
1 Coulet, Logan	97 Pictou Count	11.70	11.54q	1.0
2 Maclean, Nicholas	98 Athle Sud-es	11.70	11.82q	1.0
3 Majury, Aidan	97 Yhz Track &	11.70	12.35q	1.0

**2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0****Metropolitan Field****Results****Men 18-19 100 Meter Dash**

Name	Year Team	Prelims	Finals	Wind	Points
Finals					
1 Coulet, Logan	97 Pictou Count	11.54	11.67	0.6	14
2 Maclean, Nicholas	98 Athle Sud-es	11.82	11.85	0.6	12
3 Majury, Aidan	97 Yhz Track &	12.35	12.40	0.6	10

**Men 20-34 100 Meter Dash Wheelchair Wheelchair**

Name	Year Team	Seed	Prelims	Wind
Preliminaries				
1 Brown, Ben	87 Valley Athletics	15.65	17.20q	0.3
2 Shay, Ryan	94 Valley Athletics	18.98	21.43q	0.3
3 MacMillan, Dillon	94 Valley Athletics	22.05	23.94q	0.3

**Men 20-34 100 Meter Dash**

Name	Year Team	Seed	Prelims	Wind	H#
1 Lunda, Joshua	95 Halifax Athletics	10.82	10.92q	1.9	2
2 John, Jade	92 Yhz Track &	11.40	11.70q	1.9	2
3 MacDonald, Liam	93 Halifax Athletics	12.01	11.93q	1.9	2

**Men 20-34 100 Meter Dash**

Name	Year Team	Prelims	Finals	Wind	H#	Points
Finals						
1 Lunda, Joshua	95 Halifax Athletics	10.92	10.97	1.6	1	14
2 John, Jade	92 Yhz Track &	11.70	11.62	1.6	1	12
3 MacDonald, Liam	93 Halifax Athletics	11.93	11.84	1.6	1	10

**Men 20-34 100 Meter Dash Wheelchair Wheelchair**

Name	Year Team	Prelims	Finals	Wind	Points
1 Brown, Ben	87 Valley Athletics	17.20	17.41	2.0	14
2 Shay, Ryan	94 Valley Athletics	21.43	22.38	2.0	12
3 MacMillan, Dillon	94 Valley Athletics	23.94	23.89	2.0	10

**Men 35-39 100 Meter Dash**

Name	Year Team	Seed	Prelims	Wind
Preliminaries				
1 Stewart, Jason	80 Halifax Athletics	13.19	12.89q	1.0

**Men 35-39 100 Meter Dash**

Name	Year Team	Prelims	Finals	Wind	H#	Points
Finals						
1 Stewart, Jason	80 Halifax Athletics	12.89	12.98	1.6	1	14

**2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0****Metropolitan Field****Results****Men 45-49 100 Meter Dash**

Name	Year Team	Seed	Prelims	Wind
Preliminaries				
1 James, Edward	68 Valley Athletics	13.99	13.17q	1.0
2 Corbin, Anthony	69 Pictou Count	14:09.00	13.57q	1.0

**Men 45-49 100 Meter Dash**

Name	Year Team	Prelims	Finals	Wind	H#	Points
Finals						
1 James, Edward	68 Valley Athletics	13.17	13.35	1.6	1	14
2 Corbin, Anthony	69 Pictou Count	13.57	13.58	1.6	1	12

**Men 12-13 150 Meter Dash**

Name	Year Team	Seed	Finals	Wind	Points
1 Franklin-Smith, Kwame'	04 Halifax Athletics	12.97	20.97	-2.7	14
2 Enstrom, Owen	03 Athle Sud-es	20.19	21.23	-2.7	12
3 Williams, Marques	03 Halifax Athletics	23.00	22.67	-2.7	10

**Men 14-15 200 Meter Dash**

Name	Year Team	Seed	Prelims	Wind
Preliminaries				
1 Williams, Jaiden	01 Halifax Athletics	23.99	24.34q	-1.8
2 Decoff, Broden	01 Pictou Count	24.00	25.09q	-1.8
3 Kirwan, Logan	02 Pictou Count	25.14	26.52q	-1.8
4 Stover-Evong, Sacha	01 Yhz Track &	25.40	26.52q	-1.8
5 Dagley, Skylar	03 Bluenose Ath	27.34	28.55q	-1.8
6 Ghanai, Ayman	01 Yhz Track &	28.23	28.99q	-1.8

**Men 14-15 200 Meter Dash**

Name	Year Team	Prelims	Finals	Wind	Points
Finals					
1 Williams, Jaiden	01 Halifax Athletics	24.34	24.31	-3.6	14
2 Decoff, Broden	01 Pictou Count	25.09	24.89	-3.6	12
3 Kirwan, Logan	02 Pictou Count	26.52	26.16	-3.6	10
4 Dagley, Skylar	03 Bluenose Ath	28.55	28.05	-3.6	9

**Men 16-17 200 Meter Dash**

Name	Year Team	Seed	Prelims	Wind	H#
Preliminaries					
1 Symonds, Jacob	99 Southwest No	23.30	23.66q	+0.0	2
2 Sullivan, Jordan	00 Unattached N	23.59	23.73q	+0.0	2
3 Beattie, Mackenzie	99 Chebucto Athletics	23.58	23.90q	-4.3	1
4 Cullen, Nick	99 Chebucto Athletics	24.50	24.21q	+0.0	2
5 Moore, Alex	00 Pictou Count	24.30	24.44q	-4.3	1
6 Macfadyen, Owen	00 Islanders TR	24.34	24.44q	+0.0	2



**2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0****Metropolitan Field****Results****...Men 16-17 200 Meter Dash**

7 Eddy, Tyler	00	Valley Athletics	23.80	24.51q	+0.0	2
8 Macqueen, Ben	99	Halifax Athletics	23.33	24.59q	-4.3	1
9 Davison, Luke	99	Halifax Athletics	23.82	24.95	-4.3	1
10 Kammelu, Lotanna	00	Yhz Track &	24.80	25.26	-4.3	1
11 Dillon, Mark	00	Islanders Tr	24.86	25.88	-4.3	1
12 MacDonald, Justin	00	Valley Athletics	26.00	25.88	+0.0	2

**Men 16-17 200 Meter Dash**

Name	Year	Team	Prelims	Finals	Wind	Points
Finals						
1 Symonds, Jacob	99	Southwest No	23.66	24.03	-3.2	14
2 Beattie, Mackenzie	99	Chebucto Athletics	23.90	24.24	-3.2	12
3 Sullivan, Jordan	00	Unattached N	23.73	24.43	-3.2	10
4 Macqueen, Ben	99	Halifax Athletics	24.59	24.67	-3.2	9
5 Moore, Alex	00	Pictou Count	24.44	25.00	-3.2	8
6 Cullen, Nick	99	Chebucto Athletics	24.21	25.12	-3.2	7
7 Eddy, Tyler	00	Valley Athletics	24.51	25.21	-3.2	6
8 Macfadyen, Owen	00	Islanders TR	24.44	25.23	-3.2	5

**Men 18-19 200 Meter Dash**

Name	Year	Team	Seed	Prelims	Wind
Preliminaries					
1 Coulet, Logan	97	Pictou Count	23.60	23.80q	-1.7
2 Grimshaw-Surette, Hudson	98	Southwest No	24.01	23.95q	-1.7
3 Maclean, Nicholas	98	Athle Sud-es	23.50	24.11q	-1.7
4 McPhee, Ewan	98	Halifax Athletics	23.60	24.32q	-1.7

**Men 18-19 200 Meter Dash**

Name	Year	Team	Prelims	Finals	Wind	Points
Finals						
1 Grimshaw-Surette, Hudson	98	Southwest No	23.95	24.06	-4.6	14
2 Coulet, Logan	97	Pictou Count	23.80	24.52	-4.6	12
3 Maclean, Nicholas	98	Athle Sud-es	24.11	24.96	-4.6	10

**Men 20-34 200 Meter Dash**

Name	Year	Team	Seed	Prelims	Wind
Preliminaries					
1 Lunda, Joshua	95	Halifax Athletics	21.88	22.88q	-1.7
2 MacDonald, Liam	93	Halifax Athletics	24.33	24.58q	-1.7

**Men 20-34 200 Meter Dash Wheelchair Wheelchair**

Name	Year	Team	Seed	Prelims	Wind
1 Brown, Ben	87	Valley Athletics	27.60	31.12q	-2.8
2 Shay, Ryan	94	Valley Athletics	35.08	37.59q	-2.8
3 MacMillan, Dillon	94	Valley Athletics	1:28.00	48.08q	-2.8

**2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0****Metropolitan Field****Results****Men 20-34 200 Meter Dash Wheelchair Wheelchair**

Name	Year Team	Prelims	Finals	Wind	Points
Finals					
1 Brown, Ben	87 Valley Athletics	31.12	34.24	-4.8	14
2 Shay, Ryan	94 Valley Athletics	37.59	42.08	-4.8	12
3 MacMillan, Dillon	94 Valley Athletics	48.08	49.27	-4.8	10

**Men 20-34 200 Meter Dash**

Name	Year Team	Prelims	Finals	Wind	Points
1 Lunda, Joshua	95 Halifax Athletics	22.88	23.24	-4.6	14

**Men 35-39 200 Meter Dash**

Name	Year Team	Seed	Prelims	Wind
Preliminaries				
1 Stewart, Jason	80 Halifax Athletics	27.36	28.15q	-1.7

**Men 35-39 200 Meter Dash**

Name	Year Team	Prelims	Finals	Wind	Points
Finals					
1 Stewart, Jason	80 Halifax Athletics	28.15	27.84	-4.6	14

**Men 45-49 200 Meter Dash**

Name	Year Team	Seed	Prelims	Wind
Preliminaries				
1 James, Edward	68 Valley Athletics	28.99	31.68q	-1.7

**Men 45-49 200 Meter Dash**

Name	Year Team	Prelims	Finals	Wind	Points
Finals					
1 James, Edward	68 Valley Athletics	31.68	27.71	-4.6	14

**Men 14-15 300 Meter Dash**

Name	Year Team	Seed	Finals	Points
1 Decoff, Broden	01 Pictou Count	39.59	38.68	14
2 Dagle, Skylar	03 Bluenose Ath	45.44	42.28	12
3 Cameron, Duncan	01 Pictou Count	42.00	42.31	10
4 Lowe, Zachary	01 Valley Athletics	42.50	43.67	9

**Men 16-17 400 Meter Dash**

Name	Year Team	Seed	Finals	Points
1 Symonds, Jacob	99 Southwest No	51.81	51.34	14

**2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0****Metropolitan Field****Results****...Men 16-17 400 Meter Dash**

2 Beattie, Mackenzie	99	Chebucto Athletics	51.56	51.90	12
3 Sullivan, Jordan	00	Unattached N	53.65	52.02	10
4 Morrison, Sean	00	Chebucto Athletics	54.92	53.44	9
5 Macqueen, Ben	99	Halifax Athletics	52.16	53.79	8
6 Moore, Alex	00	Pictou Count	54.70	53.93	7
7 Young, Patrick	00	Islanders TR	54.50	56.57	6

**Men 18-19 400 Meter Dash**

Name	Year	Team	Seed	Finals	Points
1 Grimshaw-Surette, Hudson	98	Southwest No	51.13	51.08	14
2 McPhee, Ewan	98	Halifax Athletics	51.59	53.37	12
3 Coulet, Logan	97	Pictou Count	53.00	54.81	10

**Men 20-34 400 Meter Dash**

Name	Year	Team	Seed	Finals	Points
1 Mason, Allister	94	Halifax Athletics	51.00	52.10	14

**Men 18-34 400 Meter Dash Wheelchair Wheelchair**

Name	Year	Team	Seed	Finals	Points
1 Brown, Ben	87	Valley Athletics	53.14	59.97	14
2 Shay, Ryan	94	Valley Athletics	1:13.84	1:19.33	12
3 MacMillan, Dillon	94	Valley Athletics	2:48.00	1:33.51	10

**Men 35-39 400 Meter Dash**

Name	Year	Team	Seed	Finals	Points
1 Albert, Ueli	80	Valley Athletics	55.00	56.84	14

**Men 12-13 800 Meter Run**

Name	Year	Team	Seed	Finals	Points
1 Enstrom, Owen	03	Athle Sud-es	2:20.96	2:19.39	14
2 James, Zachary	03	Valley Athletics	2:31.00	2:28.89	12
3 Flemming, Owen	04	Yhz Track &	2:55.00	2:58.32	10

**Men 14-15 800 Meter Run**

Name	Year	Team	Seed	Finals	Points
1 Springer, Camden	02	Halifax Athletics	2:04.00	2:06.91	14
2 Boudreau, Brody	01	Halifax Athletics	2:10.00	2:15.29	12
3 Fuller, Jesse	01	Valley Athletics	2:25.00	2:24.47	10
4 Bennett, Ross	01	Pictou Count	2:30.00	2:25.64	9
5 Cameron, Duncan	01	Pictou Count	2:22.00	2:26.24	8
6 Lowe, Zachary	01	Valley Athletics	2:19.87	2:27.17	7
7 Balignasay, Lorenzo	01	Pictou Count	2:32.17	2:50.44	6

**2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0****Metropolitan Field****Results****Men 16-17 800 Meter Run**

Name	Year Team	Seed	Finals	Points
1 Kays, Tristan	00 Halifax Athletics	2:03.00	2:05.61	14
2 Cunningham, Ethan	00 Southwest No	2:20.20	2:10.69	12
3 Alexander, Quinn	99 Truro Lions	2:10.06	2:10.95	10
4 Edwards, Ben	00 Chebucto Athletics	2:20.00	2:18.00	9

**Men 18-19 800 Meter Run**

Name	Year Team	Seed	Finals	Points
1 Shankel, Noah	97 Valley Athletics	2:01.50	2:04.39	14
2 Langille, Scott	97 Pictou Count	2:19.00	2:17.06	12

**Men 20-34 800 Meter Run**

Name	Year Team	Seed	Finals	Points
1 Manuel, Adam	95 Halifax Athletics	1:53.00	2:02.14	14
2 Mason, Allister	94 Halifax Athletics	2:00.00	2:10.85	12

**Men 20-34 800 Meter Run Wheelchair Wheelchair**

Name	Year Team	Seed	Finals	Points
1 Brown, Ben	87 Valley Athletics	1:54.94	2:14.65	14
2 Shay, Ryan	94 Valley Athletics	2:30.00	3:00.70	12
3 MacMillan, Dillon	94 Valley Athletics	3:35.00	3:48.09	10

**Men 40-44 800 Meter Run**

Name	Year Team	Seed	Finals	Points
-- Ebbett, Keith	75 Southwest No	2:45.00	DNF	

**Men 50-54 800 Meter Run**

Name	Year Team	Seed	Finals	Points
1 MacLennan, David	63 Pictou Count	2:19.00	2:14.34	14

**Men 12-13 1200 Meter Run**

Name	Year Team	Seed	Finals	Points
1 Enstrom, Owen	03 Athle Sud-es	4:01.51	3:51.21	14

**Men 14-15 1200 Meter Run**

Name	Year Team	Seed	Finals	H#	Points
1 Somers, Drew	01 Chebucto Athletics	3:27.00	3:28.36	2	14
2 Perry, Jaden	01 Valley Athletics	3:19.85	3:28.75	2	12
3 Springer, Camden	02 Halifax Athletics	3:24.00	3:29.17	2	10
4 Boudreau, Brody	01 Halifax Athletics	3:30.00	3:32.64	2	9

**2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0****Metropolitan Field****Results****...Men 14-15 1200 Meter Run**

5 Watts, William	01	Valley Athletics	3:54.00	3:47.30	1	8
6 Cadrain, Sameul	02	Valley Athletics	3:55.00	3:47.70	1	7
7 Fuller, Jesse	01	Valley Athletics	3:45.00	3:48.38	1	6
8 Baker, Tyler	02	Valley Athletics	3:54.35	3:50.92	1	5
9 Bennett, Ross	01	Pictou Count	3:40.00	3:58.88	2	4
10 MacDonald, Ethan	02	Pictou Count	3:44.00	4:09.36	2	3
11 Fitzpatrick, Riley	02	Islanders Tr	3:58.00	4:11.78	1	2

**Men 16-17 1500 Meter Run**

Name	Year	Team	Seed	Finals	Points
1 Peverill, Andrew	99	Chebucto Athletics	3:56.81	4:07.57	14
2 Kays, Tristan	00	Halifax Athletics	4:24.00	4:32.88	12
3 Cunningham, Ethan	00	Southwest No	4:27.09	4:40.28	10
4 Robertson, Nick	00	Islanders TR	4:53.00	4:46.88	9
5 Francis, Hunter	00	Pictou Count	5:03.20	5:05.70	8

**Men 18-19 1500 Meter Run**

Name	Year	Team	Seed	Finals	Points
1 Langille, Scott	97	Pictou Count	4:42.50	4:47.47	14

**Men 20-34 1500 Meter Run Wheelchair Wheelchair**

Name	Year	Team	Seed	Finals	Points
1 Brown, Ben	87	Valley Athletics	4:00.00	3:58.10	14
2 Shay, Ryan	94	Valley Athletics	4:58.00	5:05.72	12

**Men 20-34 1500 Meter Run**

Name	Year	Team	Seed	Finals	Points
1 Manuel, Adam	95	Halifax Athletics	4:06.00	4:25.18	14
2 Raymond, Joe	95	Yhz Track &	4:35.00	4:53.22	12

**Men 40-44 1500 Meter Run**

Name	Year	Team	Seed	Finals	Points
1 McGrath, Ian	76	Yhz Track &	5:15.00	5:12.47	14
2 Ebbett, Keith	75	Southwest No	5:00.00	5:47.25	12

**Men 50-54 1500 Meter Run**

Name	Year	Team	Seed	Finals	Points
1 MacLennan, David	63	Pictou Count	4:45.00	4:35.90	14

**2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0****Metropolitan Field****Results****Men 14-15 2000 Meter Run**

Name	Year Team	Seed	Finals	Points
1 Somers, Drew	01 Chebucto Athletics	5:59.00	5:57.53	14
2 Boudreau, Brody	01 Halifax Athletics	6:20.00	6:23.02	12
3 Baker, Tyler	02 Valley Athletics	6:35.00	6:26.55	10
4 MacDonald, Ethan	02 Pictou Count	6:47.00	6:31.50	9
5 Watts, William	01 Valley Athletics	6:45.00	6:38.80	8
6 Bennett, Ross	01 Pictou Count	7:00.00	7:09.39	7
7 Fitzpatrick, Riley	02 Islanders Tr	7:25.00	7:17.30	6

**Men 16-17 3000 Meter Run**

Name	Year Team	Seed	Finals	Points
1 Peverill, Andrew	99 Chebucto Athletics	8:44.69	8:44.89	14
2 Cull, Isaac	99 Southwest No	9:11.47	9:06.77	12
3 Simpson, Raymond	00 Pictou Count	9:21.50	9:16.50	10
4 Benoit, Jacob	00 Valley Athletics	9:36.61	9:39.13	9
5 Shankel, Jonah	99 Valley Athletics	9:49.45	9:49.83	8
6 Robertson, Nick	00 Islanders TR	10:30.00	10:32.42	7
7 Francis, Hunter	00 Pictou Count	10:58.80	11:11.55	6

**Men 18-19 3000 Meter Run**

Name	Year Team	Seed	Finals	Points
1 Goodyear, Stephen	98 Unattached	10:08.41	9:59.81	14
2 Langille, Scott	97 Pictou Count	10:29.50	10:31.03	12

**Men 20-34 3000 Meter Run**

Name	Year Team	Seed	Finals	Points
1 Cyr, Alex	95 Islanders TR	8:29.21	8:31.74	14
2 Favero, Nicholas	95 Esc L'Escale	8:53.00	8:58.53	12
3 Russell, William	95 Halifax Athletics	9:00.00	8:59.99	10
4 O'Regan, Ryan	90 Unattached	9:00.00	9:21.29	9
5 Ferguson, Warren	95 Unattached	9:31.00	9:36.81	8

**Men 18-19 5000 Meter Run**

Name	Year Team	Seed	Finals	Points
1 Hanniel Hon-Nip, Chow	97 Unattached		15:46.64	14
2 Colford, Michael	98 Fast Tracks	16:00.00	16:53.02	12
3 Corbin, Peter	98 Pictou Count	17:00.00	18:15.44	10

**Men 20-34 5000 Meter Run**

Name	Year Team	Seed	Finals	Points
1 Fraser, Matthew	90 Pictou Count	19:54.00	20:15.80	14

**2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0****Metropolitan Field****Results****Men 12-13 80 Meter Hurdles 30"**

Name	Year Team	Seed	Finals	Wind	Points
1 James, Zachary	03 Valley Athletics	14.45	14.03	-0.3	14

**Men 14-15 100 Meter Hurdles 33"**

Name	Year Team	Seed	Prelims	Wind
Preliminaries				
1 Stover-Evong, Sacha	01 Yhz Track &	14.52	14.62q	2.2
2 Hann, Noah	01 Yhz Track &	17.31	17.19q	2.2
3 Lowe, Zachary	01 Valley Athletics	17.15	18.20q	2.2

**Men 14-15 100 Meter Hurdles 33"**

Name	Year Team	Prelims	Finals	Wind	Points
Finals					
1 Stover-Evong, Sacha	01 Yhz Track &	14.62	14.68	2.3	14
2 Hann, Noah	01 Yhz Track &	17.19	17.27	2.3	12
3 Lowe, Zachary	01 Valley Athletics	18.20	17.72	2.3	10

**Men 16-17 110 Meter Hurdles 36"**

Name	Year Team	Seed	Prelims	Wind
Preliminaries				
1 Farmer, Adam	99 Chebucto Athletics	15.51	15.41q	0.9
2 Kammelu, Lotanna	00 Yhz Track &	15.99	15.90q	0.9
3 Allbright, Brett	00 Unattached N	14.75	15.97q	0.9
4 Hughes, Eric	00 Pictou Count	15.88	16.45q	0.9
5 Morrison, Sean	00 Chebucto Athletics	15.11	17.77q	0.9
6 Smith, Ben	00 Chebucto Athletics	18:00.00	18.15q	0.9

**Men 16-17 110 Meter Hurdles 36"**

Name	Year Team	Prelims	Finals	Wind	Points
Finals					
1 Farmer, Adam	99 Chebucto Athletics	15.41	15.43	1.9	14
2 Hughes, Eric	00 Pictou Count	16.45	15.69	1.9	12
3 Kammelu, Lotanna	00 Yhz Track &	15.90	15.74	1.9	10
4 Allbright, Brett	00 Unattached N	15.97	16.43	1.9	9
5 Smith, Ben	00 Chebucto Athletics	18.15	18.23	1.9	8
-- Morrison, Sean	00 Chebucto Athletics	17.77	DQ	1.9	Fasle Start

**Men 18-19 110 Meter Hurdles 39"**

Name	Year Team	Seed	Prelims	Wind
Preliminaries				
1 Hebb, Owen	97 Chebucto Athletics	16.00	16.67q	1.3

**2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0****Metropolitan Field****Results****Men 18-19 110 Meter Hurdles 39"**

Name	Year Team	Prelims	Finals	Wind	Points
Finals					
1 Hebb, Owen	97 Chebucto Athletics	16.67	16.38	-0.1	14

**Men 20-34 110 Meter Hurdles 42"**

Name	Year Team	Seed	Prelims	Wind
Preliminaries				
1 Coolen, Matthew	96 Halifax Athletics	15.24	15.18q	1.6
2 Musoke, Matthew	94 Chebucto Athletics	15.73	15.35q	1.6

**Men 20-34 110 Meter Hurdles 42"**

Name	Year Team	Prelims	Finals	Wind	Points
Finals					
1 Coolen, Matthew	96 Halifax Athletics	15.18	15.12	2.4	14
2 Musoke, Matthew	94 Chebucto Athletics	15.35	15.34	2.4	12

**Men 12-13 200 Meter Hurdles 30"**

Name	Year Team	Seed	Finals	Wind	Points
1 James, Zachary	03 Valley Athletics	34.04	34.63	-2.3	14

**Men 14-15 200 Meter Hurdles 30"**

Name	Year Team	Seed	Finals	Wind	Points
1 Stover-Evong, Sacha	01 Yhz Track &	28.50	27.59	-2.3	14
2 Hann, Noah	01 Yhz Track &	30.00	30.27	-2.3	12
3 Lowe, Zachary	01 Valley Athletics	30.69	31.40	-2.3	10

**Men 16-17 400 Meter Hurdles 33"**

Name	Year Team	Seed	Finals	Points
1 James, Noah	00 Valley Athletics	58.89	58.91	14
2 Morrison, Sean	00 Chebucto Athletics	58.18	59.32	12
3 Hughes, Eric	00 Pictou Count	1:00.98	1:00.63	10
4 Moore, Alex	00 Pictou Count	1:00.00	1:06.14	9
5 Young, Patrick	00 Islanders TR	1:00.00	1:13.10	8

**Men 18-34 400 Meter Hurdles 36"**

Name	Year Team	Seed	Finals	Points
1 Leblanc, Brandon	95 Fredericton	56.22	56.89	14
2 Coulet, Logan	97 Pictou Count	1:00.00	1:05.96	12



**2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0****Metropolitan Field****Results****Men 14-15 1500 Meter Steeplechase 30"**

Name	Year Team	Seed	Finals	Points
1 Pirie, Liam	02 Unattached N	5:10.00	4:49.52	14
2 MacDonald, Ethan	02 Pictou Count	4:50.00	5:02.38	12
3 James, Zachary	03 Valley Athletics	5:15.00	5:17.79	10

**Men 16-17 2000 Meter Steeplechase 33"**

Name	Year Team	Seed	Finals	Points
1 Cull, Isaac	99 Southwest No	6:35.58	6:21.88	14
2 Simpson, Raymond	00 Pictou Count	6:34.92	6:29.32	12
3 Cunningham, Ethan	00 Southwest No	6:39.00	6:45.24	10
-- Benoit, Jacob	00 Valley Athletics	7:00.00	DNF	

**Men 75-79 2000 Meter Steeplechase 30"**

Name	Year Team	Seed	Finals	Points
1 Christensen, Vern	40 University O	10:30.00	10:01.67	14

**Men 18-19 3000 Meter Steeplechase 36"**

Name	Year Team	Seed	Finals	Points
1 Corbin, Peter	98 Pictou Count	11:00.00	11:48.50	14

**Men 14-15 4x100 Meter Relay**

Team	Seed	Finals	Points
1 Halifax Athletics 'A'	1:00.00	49.83	20
2 Pictou County Athletics Club 'A'	1:00.00	51.40	16
3 Valley Athletics 'A'	56.00	54.68	12

**Men 16-17 4x100 Meter Relay**

Team	Seed	Finals	H#	Points
1 Pictou County Athletics Club 'A'		47.71	2	20
2 Valley Athletics 'A'		47.98	2	16
3 Halifax Athletics 'A'		51.72	2	12

**Men 18-19 4x100 Meter Relay**

Team	Seed	Finals	Points
1 Pictou County Athletics Club 'A'		51.38	20

**Men 20-34 4x100 Meter Relay**

Team	Seed	Finals	Points
1 Halifax Athletics 'A'		50.78	20

**2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0****Metropolitan Field****Results****Men 35-39 4x100 Meter Relay**

Team	Seed	Finals	H#	Points
1 Valley Athletics 'A'		58.65	2	20
2 Halifax Athletics 'A'		58.87	1	16

**Men 14-15 4x400 Meter Relay**

Team	Seed	Finals	Points
1 Pictou County Athletics Club 'A'	4:30.00	4:07.50	20

**Men 16-17 4x400 Meter Relay**

Team	Seed	Finals	Points
1 Valley Athletics 'A'	4:20.00	4:05.78	20

**Men 35-39 4x400 Meter Relay**

Team	Seed	Finals	Points
1 Valley Athletics 'A'		4:32.55	20

**Men 14-15 High Jump**

Name	Year Team	Seed	Finals	Points
1 Batt, Griffin	01 Southwest No	1.65m	1.70m	14
2 Pineo, Kayleb	02 Chebucto Athletics	1.71m	1.65m	12

**Men 16-17 High Jump**

Name	Year Team	Seed	Finals	Points
1 Corbin, Brett	00 Pictou Count	1.80m	1.75m	14

**Men 18-19 High Jump**

Name	Year Team	Seed	Finals	Points
1 Schmidt, Kaelan	98 Pictou Count	2.00m	1.90m	14
2 Coulet, Logan	97 Pictou Count	1.85m	1.85m	12
3 Maclean, Nicholas	98 Athle Sud-es	1.80m	1.80m	10

**Men 20-34 High Jump**

Name	Year Team	Seed	Finals	Points
1 Errington, Devin	93 Halifax Athletics	1.95m	1.93m	14
2 Kinch, Matthew	95 Halifax Athletics	1.80m	1.85m	12

**2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0****Metropolitan Field****Results****Men 45-49 High Jump**

Name	Year Team	Seed	Finals	Points
1 James, Edward	68 Valley Athletics	1.45m	1.45m	14

**Men 12-13 Long Jump**

Name	Year Team	Seed	Finals	Wind	Points
1 Franklin-Smith, Kwame'	04 Halifax Athletics	4.00m	4.10m	1.3	14
2 Macleod, Matthew	04 Pictou Count	3.00m	3.30m	+0.0	12

**Men 14-15 Long Jump**

Name	Year Team	Seed	Finals	Wind	Points
1 MacNeill, Owen	01 Islanders TR	5.00m	5.15m	1.3	14
2 Kirwan, Logan	02 Pictou Count	4.00m	4.90m	0.4	12
3 Cameron, Duncan	01 Pictou Count	4.48m	4.34m	0.7	10

**Men 16-17 Long Jump**

Name	Year Team	Seed	Finals	Wind	Points
1 Davison, Luke	99 Halifax Athletics	5.90m	5.94m	1.9	14
2 Farmer, Adam	99 Chebucto Athletics	5.96m	5.92m	0.9	12
3 Maclean, Lorne	00 Truro Lions	6.03m	5.83m	2.2	10
4 Corbin, Brett	00 Pictou Count	5.97m	5.75m	1.1	9
5 Eddy, Tyler	00 Valley Athletics	5.54m	5.65m	0.9	8
6 Moore, Alex	00 Pictou Count	5.69m	5.51m	1.2	7

**Men 18-19 Long Jump**

Name	Year Team	Seed	Finals	Wind	Points
1 Schmidt, Kaelan	98 Pictou Count	6.35m	6.37m	2.3	14
2 Hebb, Owen	97 Chebucto Athletics	6.30m	6.18m	1.1	12

**Men 20-34 Long Jump**

Name	Year Team	Seed	Finals	Wind	Points
1 Bruce, Jordan	94 Halifax Athletics	6.85m	6.67m	1.3	14
2 Errington, Devin	93 Halifax Athletics	6.15m	6.18m	2.3	12

**Men 12-13 Triple Jump**

Name	Year Team	Seed	Finals	Wind	Points
1 Franklin-Smith, Kwame'	04 Halifax Athletics	9.00m	9.09m	6.4	14

**Men 14-15 Triple Jump**

Name	Year Team	Seed	Finals	Wind	Points
1 MacNeill, Owen	01 Islanders TR	12.00m	11.99m	1.8	14

**2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0****Metropolitan Field****Results****...Men 14-15 Triple Jump**

2	Freimanis, Keegan	01	Bayview Educ	11.51m	11.64m	2.8	12
3	Batt, Griffin	01	Southwest No	10.50m	10.32m	4.2	10

**Men 16-17 Triple Jump**

Name	Year	Team	Seed	Finals	Wind	Points
1	Maclean, Lorne	00	Truro Lions	13.44m	12.70m	3.8 14
2	Corbin, Brett	00	Pictou Count	12.27m	12.63m	3.3 12
3	Elliott, Raheem	00	Halifax Athletics	13.07m	12.59m	3.5 10
4	Eddy, Tyler	00	Valley Athletics	10.08m	10.76m	4.5 9
5	Hughes, Eric	00	Pictou Count	12.00m	10.67m	1.8 8
6	Salah, Simon	00	Halifax Athletics	10.24m	10.01m	2.5 7
7	Salah, Elias	00	Halifax Athletics	10.42m	9.58m	4.2 6

**Men 18-19 Triple Jump**

Name	Year	Team	Seed	Finals	Wind	Points
1	Schmidt, Kaelan	98	Pictou Count	12.00m	13.01m	3.5 14
2	Hebb, Owen	97	Chebucto Athletics	12.00m	12.15m	3.4 12

**Men 20-34 Triple Jump**

Name	Year	Team	Seed	Finals	Wind	Points
1	Bruce, Jordan	94	Halifax Athletics	15.00m	13.66m	2.1 14

**Men 12-13 Shot Put**

Name	Year	Team	Seed	Finals	Points
1	Macleod, Matthew	04	Pictou Count	7.11m	8.07m 14
2	Macphail, Payton	03	Celtic Athletics	5.08m	6.43m 12

**Men 14-15 Shot Put**

Name	Year	Team	Seed	Finals	Points
1	Grant, C J	01	Truro Lions	12.36m	12.50m 14
2	Swain, Parker	02	Pictou Count	12.94m	12.48m 12
3	Castonguay, Daniel	01	Unattached N	11.62m	10.82m 10
4	Moore, Dennis	02	Pictou Count	9.60m	10.64m 9
5	Trail, Tyler	02	Pictou Count	8.00m	7.77m 8

**Men 16-17 Shot Put**

Name	Year	Team	Seed	Finals	Points
1	Grant, Robert	99	Truro Lions	14.01m	14.12m 14
2	Whynot, Cameron	00	Bluenose Ath	14.88m	13.99m 12
3	Taker, Kyle	00	Unattached N	10.95m	11.54m 10
4	Salah, Elias	00	Halifax Athletics	10.59m	9.94m 9
5	Temple, Jake	00	Pictou Count	10.00m	9.79m 8
6	Salah, Simon	00	Halifax Athletics	9.98m	9.55m 7

**2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0****Metropolitan Field****Results****Men 18-19 Shot Put**

Name	Year Team	Seed	Finals	Points
1 McCarthy, Gregory	98 Truro Lions	15.14m	14.41m	14

**Men 20-34 Shot Put**

Name	Year Team	Seed	Finals	Points
1 Arpin, Daniel	86 St. Mary's T	11.04m	10.97m	14

**Men 35-39 Shot Put**

Name	Year Team	Seed	Finals	Points
1 Myrick, Lee	78 Unattached N	11.75m	12.21m	14

**Men 40-44 Shot Put**

Name	Year Team	Seed	Finals	Points
1 Bourgeois, Kevin	72 Halifax Athletics	10.00m	10.38m	14

**Men 45-49 Shot Put**

Name	Year Team	Seed	Finals	Points
1 James, Edward	68 Valley Athletics	6.00m	7.26m	14

**Men 50-54 Shot Put**

Name	Year Team	Seed	Finals	Points
1 Morine, Randall	64 Unattached N	10.00m	9.90m	14

**Men 12-13 Discus Throw**

Name	Year Team	Seed	Finals	Points
1 Macleod, Matthew	04 Pictou Count	21.12m	25.79m	14
2 Macphail, Payton	03 Celtic Athletics	17.09m	20.44m	12

**Men 14-15 Discus Throw**

Name	Year Team	Seed	Finals	Points
1 Swain, Parker	02 Pictou Count	48.85m	48.32m	14
2 Masters, Riley	01 Truro Lions	38.86m	40.01m	12
3 Grant, C J	01 Truro Lions	36.22m	38.92m	10
4 Trail, Tyler	02 Pictou Count	23.14m	25.70m	9
5 Moore, Dennis	02 Pictou Count	29.49m	24.19m	8

**2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0****Metropolitan Field****Results****Men 16-17 Discus Throw**

Name	Year Team	Seed	Finals	Points
1 Bell, Joshua	99 Bluenose Ath	46.60m	40.57m	14
2 Grant, Robert	99 Truro Lions	35.52m	38.86m	12
3 Salah, Elias	00 Halifax Athletics	37.36m	38.75m	10
4 Smith, Derek	00 Launchers Athletics	38.57m	35.60m	9
5 Whynot, Cameron	00 Bluenose Ath	38.06m	34.15m	8
6 Salah, Simon	00 Halifax Athletics	35.47m	32.11m	7
7 Taker, Kyle	00 Unattached N	25.80m	23.24m	6

**Men 20-34 Discus Throw**

Name	Year Team	Seed	Finals	Points
1 Rawding, Alexander	96 Launchers Athletics	41.98m	43.58m	14
2 Burris, Nathan	93 Truro Lions	38.00m	40.25m	12

**Men 35-39 Discus Throw**

Name	Year Team	Seed	Finals	Points
1 Myrick, Lee	78 Unattached N	35.00m	37.10m	14

**Men 40-44 Discus Throw**

Name	Year Team	Seed	Finals	Points
1 Bourgeois, Kevin	72 Halifax Athletics	30.00m	29.10m	14

**Men 45-49 Discus Throw**

Name	Year Team	Seed	Finals	Points
1 Waters, Dave	68 Bluenose Ath	27.01m	27.55m	14
2 James, Edward	68 Valley Athletics	20.00m	20.92m	12
3 Corbin, Anthony	69 Pictou Count	16.50m	17.80m	10

**Men 14-15 Hammer Throw**

Name	Year Team	Seed	Finals	Points
1 Grant, C J	01 Truro Lions	40.58m	38.80m	14

**Men 16-17 Hammer Throw**

Name	Year Team	Seed	Finals	Points
1 Salah, Simon	00 Halifax Athletics	40.00m	38.90m	14
2 Salah, Elias	00 Halifax Athletics	25.00m	29.49m	12

**Men 18-19 Hammer Throw**

Name	Year Team	Seed	Finals	Points
1 McCarthy, Gregory	98 Truro Lions	46.51m	48.38m	14

**2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0****Metropolitan Field****Results****Men 20-34 Hammer Throw**

Name	Year Team	Seed	Finals	Points
1 Burris, Nathan	93 Truro Lions	49.00m	51.00m	14

**Men 35-39 Hammer Throw**

Name	Year Team	Seed	Finals	Points
1 Myrick, Lee	78 Unattached N	27.00m	28.02m	14

**Men 40-44 Hammer Throw**

Name	Year Team	Seed	Finals	Points
1 Bourgeois, Kevin	72 Halifax Athletics	30.00m	31.14m	14

**Men 12-13 Javelin Throw**

Name	Year Team	Seed	Finals	Points
1 Macleod, Matthew	04 Pictou Count	27.07m	28.19m	14

**Men 14-15 Javelin Throw**

Name	Year Team	Seed	Finals	Points
1 Swain, Parker	02 Pictou Count	36.16m	41.61m	14
2 Sampson, Daniel	01 Truro Lions	42.77m	41.40m	12
3 Moore, Dennis	02 Pictou Count	28.74m	26.77m	10

**Men 16-17 Javelin Throw**

Name	Year Team	Seed	Finals	Points
1 Temple, Jake	00 Pictou Count	48.80m	54.18m	14
2 Bell, Joshua	99 Bluenose Ath	47.86m	51.59m	12
3 Mercier, Kristof	99 Launchers Athletics	48.00m	47.69m	10
4 Bent, Bailey	00 Southwest No	48.00m	47.43m	9
5 Grant, Robert	99 Truro Lions	49.00m	47.06m	8
6 Adams, Michael	00 Truro Lions	49.40m	46.73m	7
7 Smith, Ben	00 Chebucto Athletics	49.00m	43.45m	6
8 Farmer, Adam	99 Chebucto Athletics	45.81m	42.93m	5
9 Salah, Elias	00 Halifax Athletics	29.62m	27.81m	4

**Men 18-19 Javelin Throw**

Name	Year Team	Seed	Finals	Points
1 Coulet, Logan	97 Pictou Count	40.00m	42.96m	14

**Men 35-39 Javelin Throw**

Name	Year Team	Seed	Finals	Points
1 Myrick, Lee	78 Unattached N	45.00m	45.46m	14

**2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0****Metropolitan Field****Results****....Men 35-39 Javelin Throw**

2 Lapointe, Iain	77 Truro Lions	44.00m	43.24m	12
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**Men 40-44 Javelin Throw**

Name	Year Team	Seed	Finals	Points
1 Bourgeois, Kevin	72 Halifax Athletics	35.00m	31.46m	14

**Men 45-49 Javelin Throw**

Name	Year Team	Seed	Finals	Points
1 James, Edward	68 Valley Athletics	20.00m	26.81m	14
2 Waters, Dave	68 Bluenose Ath	23.01m	24.81m	12

**Men 50-54 Javelin Throw**

Name	Year Team	Seed	Finals	Points
1 Morine, Randall	64 Unattached N	33.00m	32.57m	14

**Men 70-74 Javelin Throw**

Name	Year Team	Seed	Finals	Points
1 Evans, Rowland	45 Truro Lions	36.00m	31.99m	14

**Men 6-7 60 Meter Dash Tetrathlon**

Name	Year Team	Finals	Wind	Points
1 Albert, Oliver	09 Valley Athletics	12.32	-3.2	52
2 Seaman, Jacob	09 Valley Athletics	12.61	-3.2	40
3 Isaac, Lapointe	09 Truro Lions	12.67	-3.2	38
4 MacCallum, Gavin	10 Pictou Count	12.71	-3.2	36

**Men 8-9 60 Meter Dash Tetrathlon**

Name	Year Team	Finals	Wind	Points
1 Allt, Michael	08 Yhz Track &	11.04	-3.2	120

**Men 10-11 60 Meter Dash Tetrathlon**

Name	Year Team	Finals	Wind	H#	Points
1 Gushue, Ben	06 Unattached	11.01	-3.5	2	122
2 Sims, Aidan	05 Pictou Count	11.29	-3.5	2	105
3 Minihan, Owen	06 Celtic Athletics	11.90	-3.5	2	71

**Men 12-13 60 Meter Dash Tetrathlon**

Name	Year Team	Finals	Wind	H#	Points
1 Franklin-Smith, Kwame'	04 Halifax Athletics	8.86	-3.5	2	291



**2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0****Metropolitan Field****Results****...Men 12-13 60 Meter Dash Tetrathlon**

2	Berthiaume, Liam	04 Pictou Count	9.82	-3.5	2	208
3	Flemming, Owen	04 Yhz Track &	10.13	-3.5	2	183
4	Ebbett, Seth	03 Southwest No	10.24	-3.5	2	175

**Men 6-7 600 Meter Run Tetrathlon**

Name	Year Team	Finals	Points
1 Albert, Oliver	09 Valley Athletics	2:39.78	70
2 MacCallum, Gavin	10 Pictou Count	2:54.98	28
3 Seaman, Jacob	09 Valley Athletics	3:02.73	14

**Men 8-9 600 Meter Run Tetrathlon**

Name	Year Team	Finals	Points
1 Allt, Michael	08 Yhz Track &	2:26.74	119

**Men 10-11 600 Meter Run Tetrathlon**

Name	Year Team	Finals	H#	Points
1 Sims, Aidan	05 Pictou Count	2:22.61	2	137
2 Gushue, Ben	06 Unattached	2:35.50	2	84
3 Minihan, Owen	06 Celtic Athletics	2:54.61	2	29

**Men 12-13 600 Meter Run Tetrathlon**

Name	Year Team	Finals	H#	Points
1 Berthiaume, Liam	04 Pictou Count	1:58.50	2	266
2 Flemming, Owen	04 Yhz Track &	2:02.57	2	241
3 Ebbett, Seth	03 Southwest No	2:04.25	2	231
4 Franklin-Smith, Kwame'	04 Halifax Athletics	2:17.20	2	162

**Men 4-5 Long Jump Tetrathlon**

Name	Year Team	Finals	Wind	Points
-- Damon, Lapointe	11 Truro Lions	ND	NWI	

**Men 6-7 Long Jump Tetrathlon**

Name	Year Team	Finals	Wind	Points
1 Albert, Oliver	09 Valley Athletics	2.50m	NWI	107
2 Isaac, Lapointe	09 Truro Lions	2.08m	NWI	79
3 MacCallum, Gavin	10 Pictou Count	2.01m	NWI	75
4 Seaman, Jacob	09 Valley Athletics	1.92m	NWI	70
-- Somers-Blonda, Colin	09 Halifax Athletics	ND	NWI	

**2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0****Metropolitan Field****Results****Men 8-9 Long Jump Tetrathlon**

Name	Year Team	Finals	Wind	Points
1 Allt, Michael	08 Yhz Track &	2.90m	NWI	135

**Men 10-11 Long Jump Tetrathlon**

Name	Year Team	Finals	Wind	Points
1 Sims, Aidan	05 Pictou Count	3.31m	NWI	165
2 Gushue, Ben	06 Unattached	2.44m	NWI	103
3 Minihan, Owen	06 Celtic Athletics	2.33m	NWI	95

**Men 12-13 Long Jump Tetrathlon**

Name	Year Team	Finals	Wind	Points
1 Franklin-Smith, Kwame'	04 Halifax Athletics	4.30m	NWI	247
2 Ebbett, Seth	03 Southwest No	3.64m	NWI	191
3 Flemming, Owen	04 Yhz Track &	3.53m	NWI	183
4 Berthiaume, Liam	04 Pictou Count	3.28m	NWI	163

**Men 4-5 Shot Put 2kg Tetrathlon**

Name	Year Team	Finals	Points
-- Damon, Lapointe	11 Truro Lions	ND	

**Men 6-7 Shot Put 2kg Tetrathlon**

Name	Year Team	Finals	Points
1 Seaman, Jacob	09 Valley Athletics	3.06m	57
2 Albert, Oliver	09 Valley Athletics	3.04m	57
3 Isaac, Lapointe	09 Truro Lions	2.90m	52
4 MacCallum, Gavin	10 Pictou Count	2.77m	47
-- Somers-Blonda, Colin	09 Halifax Athletics	ND	

**Men 8-9 Shot Put 2kg Tetrathlon**

Name	Year Team	Finals	Points
1 Allt, Michael	08 Yhz Track &	4.66m	113

**Men 10-11 Shot Put 2kg Tetrathlon**

Name	Year Team	Finals	Points
1 Sims, Aidan	05 Pictou Count	6.47m	177
2 Minihan, Owen	06 Celtic Athletics	5.96m	159
3 Gushue, Ben	06 Unattached	4.83m	119

**2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0****Metropolitan Field****Results****Men 12-13 Shot Put 2kg Tetrathlon**

Name	Year Team	Finals	Points
1 Franklin-Smith, Kwame'	04 Halifax Athletics	8.25m	241
2 Ebbett, Seth	03 Southwest No	8.06m	235
3 Flemming, Owen	04 Yhz Track &	6.91m	193
4 Berthiaume, Liam	04 Pictou Count	6.81m	189

**Men 6-7 Tetrathlon**

Name	Year Team	Seed	Finals	Points
1 Albert, Oliver	09 Valley Athletics	1	286	10
2 MacCallum, Gavin	10 Pictou Count	1	186	8
3 Seaman, Jacob	09 Valley Athletics	1	181	6

**Men 8-9 Tetrathlon**

Name	Year Team	Seed	Finals	Points
1 Allt, Michael	08 Yhz Track &	500	487	10

**Men 10-11 Tetrathlon**

Name	Year Team	Seed	Finals	Points
1 Sims, Aidan	05 Pictou Count	1	584	10
2 Gushue, Ben	06 Unattached	1	428	8
3 Minihan, Owen	06 Celtic Athletics	1	354	6

**Men 12-13 Tetrathlon**

Name	Year Team	Seed	Finals	Points
1 Franklin-Smith, Kwame'	04 Halifax Athletics	8	941	10
2 Ebbett, Seth	03 Southwest No	1	832	8
3 Berthiaume, Liam	04 Pictou Count	500	826	6
4 Flemming, Owen	04 Yhz Track &	500	800	5