

**2021 Athletics NS Indoor Club Championships - 3/28/2021**  
**Canada Games Center**  
**Results**

**Girls 12-13 Shot Put**

Name	Year Team	Finals
Finals		
1 Gouthro, Olivia	08 Truro Lions	5.56m 3kg
4.63m 4.65m 4.68m 4.73m 4.67m 5.56m		

**Women 20-34 Shot Put**

Name	Year Team	Finals
1 MacIsaac, Chelsea	01 Truro Lions	10.61m 4kg
9.85m 9.69m FOUL 9.70m 10.61m 10.56m		
2 Alexander, Mira	00 Truro Lions	7.94m 4kg
7.85m 7.94m 7.64m FOUL 7.90m FOUL		

**Women 50-54 Shot Put**

Name	Year Team	Finals
1 Jeffrey Mcewing, Pamela	71 Truro Lions	7.86m 3kg
7.76m 7.25m FOUL FOUL 7.86m FOUL		

**Women 55-59 Shot Put**

Name	Year Team	Finals
1 Armstrong, Tammy	65 Truro Lions	7.98m 3kg
7.83m 7.98m 7.86m 7.41m PASS PASS		

**Women 60-64 Shot Put**

Name	Year Team	Finals
1 Carty, Anita	58 Pictou Count	6.06m 3kg
5.21m 5.96m 5.49m 5.71m 5.99m 6.06m		
1 Welch, Jo	57 Unattached N	5.95m 3kg
5.95m 5.44m FOUL 5.71m 5.58m 5.44m		

**Women 16-17 Weight Throw**

Name	Year Team	Finals
1 Ferguson, Jordyn	04 Pictou Count	11.03m 16lb
11.03m 10.46m 10.96m FOUL 10.29m FOUL		

**Women 20-34 Weight Throw**

Name	Year Team	Finals
1 MacIsaac, Chelsea	01 Truro Lions	13.75m 20lb
13.14m 13.35m FOUL 13.75m FOUL FOUL		

**2021 Athletics NS Indoor Club Championships - 3/28/2021****Canada Games Center****Results****Women 50-54 Weight Throw**

Name	Year	Team	Finals
1 Jeffrey Mcewing, Pamela	71	Truro Lions	7.24m 161b
			FOUL 6.83m 6.17m 5.96m 6.42m 7.24m

**Women 60-64 Weight Throw**

Name	Year	Team	Finals
1 Welch, Jo	57	Unattached N	9.49m 121b
			9.49m FOUL 8.80m 8.67m 8.07m 8.72m
1 Carty, Anita	58	Pictou Count	7.78m 121b
			FOUL 7.78m 7.36m 7.50m 6.80m 7.43m

**Men 14-15 Shot Put**

Name	Year	Team	Finals
1 Lovell, Kyah	07	Truro Lions	9.80m 4kg
			9.17m 8.99m FOUL 8.45m 9.48m 9.80m
2 McEwing, Will	07	Truro Lions	9.51m 4kg
			8.94m 9.24m 8.98m 9.12m 9.44m 9.51m
3 Crowe, Seth	07	Truro Lions	9.03m 4kg
			8.08m 7.87m 8.48m FOUL 8.82m 9.03m
4 Galloway, Ryland	07	Truro Lions	6.72m 4kg
			6.22m 6.06m 6.27m 6.72m 6.58m 5.37m

**Men 16-17 Shot Put**

Name	Year	Team	Finals
1 Porter, Fergus	04	Pictou Count	12.35m 5kg
			12.35m 11.55m 11.08m 11.38m 12.00m 11.89m

**Men 18-19 Shot Put**

Name	Year	Team	Finals
1 Arnfast, Oliver	03	Truro Lions	8.54m 6kg
			FOUL 7.94m FOUL 8.54m 8.20m 8.54m

**Men 20-34 Shot Put**

Name	Year	Team	Finals
1 Burris, Nathan	93	Truro Lions	13.22m 7.26kg
			13.22m FOUL FOUL FOUL FOUL 12.32m
2 Amero, Alex	00	Truro Lions	11.01m 7.26kg
			9.56m 11.01m 10.78m 9.63m 10.66m 10.50m

**Men 35-39 Shot Put**

Name	Year	Team	Finals
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**2021 Athletics NS Indoor Club Championships - 3/28/2021****Canada Games Center****Results****....Men 35-39 Shot Put**

1 Bambrick, David F37	84 Unattached N	10.93m	5kg
10.93m	10.92m	10.62m	10.64m
10.80m	10.73m		

**Men 65-69 Shot Put**

Name	Year Team	Finals
1 Elliott, Alan	53 Pictou Count	7.78m 5kg
7.48m	6.86m	7.58m
7.78m	7.56m	7.72m

**Men 14-15 Weight Throw**

Name	Year Team	Finals
1 McEwing, Will	07 Truro Lions	9.36m 201b
9.36m	FOUL	7.64m
7.44m	8.82m	FOUL
2 Lovell, Kyah	07 Truro Lions	8.49m 201b
7.38m	7.81m	7.14m
7.49m	8.49m	6.36m
3 Crowe, Seth	07 Truro Lions	6.26m 201b
5.51m	6.26m	FOUL
FOUL	FOUL	FOUL
4 Galloway, Ryland	07 Truro Lions	5.49m 201b
5.49m	5.13m	FOUL
4.62m	5.22m	5.07m

**Men 20-34 Weight Throw**

Name	Year Team	Finals
1 Burris, Nathan	93 Truro Lions	14.33m 351b
13.48m	FOUL	13.61m
13.90m	FOUL	14.33m

**Men 65-69 Weight Throw**

Name	Year Team	Finals
1 Elliott, Alan	53 Pictou Count	6.62m 201b
5.94m	6.62m	6.07m
FOUL	6.34m	6.03m