

Safe Sport Resources

Canadian Sport Help Line

1-888-83SPORT(77678) or [abuse-free-sport.ca/](http://abuse-free-sport.ca/)

The Canadian Sport Help Line is available to provide you with advice, guidance and resources on how to proceed/intervene appropriately in the circumstances.

## Canadian Centre for Child Protection

[protectchildren.ca/](http://protectchildren.ca/)

If you have concerns about a child, or if you are a victim (survivor) or a family member of a victim, you may contact the Canadian Centre for Child Protection for information or support.

# Kids Help Phone

1-800-688-6868

Kids Help Phone is Canada's only 24/7 national service offering professional counselling, information, referrals and volunteer-led text-based support for young people. Kids Help Phone's free, anonymous services are available in both English and French.

## First Nations and Inuit Hope for Wellness

# Canada

1-855-242-3310 or [hopeforwellness.ca/](http://hopeforwellness.ca/)

A helpline dedicated to supporting First Nations and Inuit Peoples. Service is available in Cree, Ojibway, Inuktitut, English and French.

## Trans Lifeline

1-877-330-6366 or [translifeline.org/](https://translifeline.org/)

A helpline dedicated to the well-being of transgender people. The phone line is staffed by transgender people for transgender people.



Canadian Centre  
on **Substance Use**  
and **Addiction**

**Evidence. Engagement. Impact.**

[ccsa.ca/addictions-treatment-helplines-canada](https://ccsa.ca/addictions-treatment-helplines-canada)

The Centre was created by the Canadian government to address and provide leadership on substance use in Canada.

## Victim Services Government of Canada

Canada 

[crevc.ca/for-victims/services/](https://crevc.ca/for-victims/services/)

The Canadian government provides a number of services to victims of crime, including emotional support, counselling, advocacy and safety planning.

# **Canadian Association for Suicide Prevention (CASP)**

[suicideprevention.ca/](http://suicideprevention.ca/)

CASP's goal is to reduce the suicide rate in Canada and to minimize the consequences of suicidal behaviour.