

2024 Truro Lions Indoor Open Throws - 1/21/2024
Cougar Dome
Results

Girls 12-13 Shot Put

Name	Team	Seed	Finals
Finals			
1 Oniah, Zoe	Truro Lions Track & Field Clul		8.79m

Women 16-17 Shot Put

Name	Team	Seed	Finals
Finals			
1 White, Abigail	Pictou County Athletics Club	10.88m	10.13m
2 Fortune, Alyssa	Pictou County Athletics Club	8.09m	7.94m

Women 18-19 Shot Put

Name	Team	Seed	Finals
Finals			
1 Davis, Charlotte	Acadia Axemen/Axewomen		9.09m
2 Dooley, Alexandra	Truro Lions Track & Field Clul		6.93m

Women 20-34 Shot Put

Name	Team	Seed	Finals
Finals			
1 Pegg, Kathleen	St. Mary's Huskies	10.93m	10.25m
2 Jardine, Amelia	St. Mary's Huskies	9.98m	9.81m

Women 35-99 Shot Put

Name	Team	Seed	Finals
Finals			
1 Jeffrey Mcewing, Pamela	Truro Lions Track & Field Clul	8.35m	8.87m
2 Duncan, Mahogany	Unattached Nova Scotia	6.00m	7.57m

Women 16-17 Weight Throw

Name	Team	Seed	Finals
Finals			
1 White, Abigail	Pictou County Athletics Club	10.63m	10.88m

Women 18-19 Weight Throw

Name	Team	Seed	Finals
Finals			
1 Ross, Claire	Pictou County Athletics Club		11.06m
2 Davis, Charlotte	Acadia Axemen/Axewomen		9.97m
3 Dooley, Alexandra	Truro Lions Track & Field Clul		6.46m

Women 35-99 Weight Throw

Name	Team	Seed	Finals
Finals			
1 Jeffrey Mcewing, Pamela	Truro Lions Track & Field Clul	9.59m	9.22m
2 Duncan, Mahogany	Unattached Nova Scotia		8.90m
3 Bryant, Jo	Unattached Nova Scotia	9.00m	8.89m

Men 12-13 Shot Put

Name	Team	Seed	Finals
Finals			
1 Hinton, Cohen	Truro Lions Track & Field Clul		8.58m
2 Hominick, Jacob	Truro Lions Track & Field Clul		7.35m

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Men 14-15 Shot Put			
Name	Team	Seed	Finals
Finals			
1 Durning, Ryker	Truro Lions Track & Field Clul	13.26m	12.90m
2 Blois, Nic	Pictou County Athletics Club		7.51m
Men 16-17 Shot Put			
Name	Team	Seed	Finals
Finals			
1 McEwing, Will	Truro Lions Track & Field Clul	11.23m	12.30m
2 Crowe, Seth	Truro Lions Track & Field Clul	11.59m	11.48m
3 Wilson, Nathaniel	Truro Lions Track & Field Clul	10.10m	10.10m
Men 18-19 Shot Put			
Name	Team	Seed	Finals
Finals			
1 Warren, Austin	Truro Lions Track & Field Clul	14.00m	13.87m
2 Murphy, Rylan	Dalhousie Tigers	14.00m	13.60m
3 Hominick, Caleb	Truro Lions Track & Field Clul	11.90m	10.94m
Men 35-99 Shot Put			
Name	Team	Seed	Finals
Finals			
1 Fownes, Brock	Unattached Nova Scotia	8.00m	8.56m
2 Elliott, Alan	Pictou County Athletics Club	7.00m	8.38m
Men 12-13 Weight Throw			
Name	Team	Seed	Finals
Finals			
1 Hominick, Jacob	Truro Lions Track & Field Clul		7.86m
Men 14-15 Weight Throw			
Name	Team	Seed	Finals
Finals			
1 Blois, Nic	Pictou County Athletics Club		8.14m
Men 16-17 Weight Throw			
Name	Team	Seed	Finals
Finals			
1 McEwing, Will	Truro Lions Track & Field Clul	13.00m	11.68m
2 Crowe, Seth	Truro Lions Track & Field Clul	9.60m	10.44m
Men 18-19 Weight Throw			
Name	Team	Seed	Finals
Finals			
1 Hominick, Caleb	Truro Lions Track & Field Clul		17.33m
2 Warren, Austin	Truro Lions Track & Field Clul		13.88m
3 Murphy, Rylan	Dalhousie Tigers		11.80m
Men 20-34 Weight Throw			
Name	Team	Seed	Finals
Finals			
1 Salah, Simon	Dalhousie Tigers	12.50m	12.97m

2024 Truro Lions Indoor Open Throws - 1/21/2024**Cougar Dome****Results****Finals ... (Men 20-34 Weight Throw)**

Name	Team	Seed	Finals
2 Salah, Elias	Dalhousie Tigers	13.00m	12.81m

Men 35-99 Weight Throw

Name	Team	Seed	Finals
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Finals

1	LeBlanc, Joseph	Unattached Nova Scotia	10.00m	10.76m
2	Fownes, Brock	Unattached Nova Scotia	6.00m	8.45m
3	Elliott, Alan	Pictou County Athletics Club	7.00m	7.90m