2024 Truro Lions Indoor Open Throws - 1/21/2024 Cougar Dome Results

Girls 12-13 Shot Put	m	G .	F1 1	
Name	Team	Seed	Finals	
Finals	T 1' T 1 0 F' 11 C1 1		0.70	
1 Oniah, Zoe	Truro Lions Track & Field Clul		8.79m	
Women 16-17 Shot Put				
Name	Team	Seed	Finals	
Finals				
1 White, Abigail	Pictou County Athletics Club	10.88m	10.13m	
2 Fortune, Alyssa	Pictou County Athletics Club	8.09m	7.94m	
Women 18-19 Shot Put				
Name	Team	Seed	Finals	
Finals				
1 Davis, Charlotte	Acadia Axemen/Axewomen		9.09m	
2 Dooley, Alexandra	Truro Lions Track & Field Clul		6.93m	
Women 20-34 Shot Put				
Name	Team	Seed	Finals	
Finals				
1 Pegg, Kathleen	St. Mary's Huskies	10.93m	10.25m	
2 Jardine, Amelia	St. Mary's Huskies	9.98m	9.81m	
Women 35-99 Shot Put	,			
Name	Team	Seed	Finals	
Finals	Team	Secu	Finais	
1 Jeffrey Mcewing, Pamela	Truro Lions Track & Field Clul	8.35m	8.87m	
2 Duncan, Mahogany	Unattached Nova Scotia	6.00m	7.57m	
	Chattached Nova Scotia	0.00111	7.37111	
Women 16-17 Weight Throw	T	C 1	E' a la	
Name	Team	Seed	Finals	
Finals	P' - C	10.62	10.00	
1 White, Abigail	Pictou County Athletics Club	10.63m	10.88m	
Women 18-19 Weight Throw				
Name	Team	Seed	Finals	
Finals				
1 Ross, Claire	Pictou County Athletics Club		11.06m	
2 Davis, Charlotte	Acadia Axemen/Axewomen		9.97m	
3 Dooley, Alexandra	Truro Lions Track & Field Clul		6.46m	
Women 35-99 Weight Throw				
Name	Team	Seed	Finals	
Finals				
1 Jeffrey Mcewing, Pamela	Truro Lions Track & Field Clul	9.59m	9.22m	
2 Duncan, Mahogany	Unattached Nova Scotia		8.90m	
3 Bryant, Jo	Unattached Nova Scotia	9.00m	8.89m	
Men 12-13 Shot Put				
Name	Team	Seed	Finals	
Finals				
1 Hinton, Cohen	Truro Lions Track & Field Clul		8.58m	
2 Hominick, Jacob	Truro Lions Track & Field Clul		7.35m	
_ 110111111111, 0 00000	Time Line Time of Time Office		,	

2024 Truro Lions Indoor Open Throws - 1/21/2024 Cougar Dome Results

Men 14-15 Shot Put				
Name	Team	Seed	Finals	
Finals				
1 Durning, Ryker	Truro Lions Track & Field Clul	13.26m	12.90m	
2 Blois, Nic	Pictou County Athletics Club		7.51m	
Men 16-17 Shot Put	TT.	G 1	E: 1	
Name	Team	Seed	Finals	
Finals	Towns Lieus Tours & First Chal	11 22	12 20	
1 McEwing, Will 2 Crowe, Seth	Truro Lions Track & Field Clul Truro Lions Track & Field Clul	11.23m 11.59m	12.30m 11.48m	
3 Wilson, Nathaniel	Truro Lions Track & Field Clul	10.10m	10.10m	
•	Truto Lions Truck & Freid Cidi	10.10111	10.10111	
Men 18-19 Shot Put Name	Toom	Seed	Finals	
Finals	Team	Seeu	riliais	
1 Warren, Austin	Truro Lions Track & Field Clul	14.00m	13.87m	
2 Murphy, Rylan	Dalhousie Tigers	14.00m	13.60m	
3 Hominick, Caleb	Truro Lions Track & Field Clul	14.00m	10.94m	
•	Truto Lions Track & Freid Cidi	11.70111	10.74111	
Men 35-99 Shot Put Name	Team	Seed	Finals	
Finals	Team	Seeu	riliais	
	Unattached Nova Scotia	9 00m	8.56m	
1 Fownes, Brock2 Elliott, Alan	Pictou County Athletics Club	8.00m 7.00m	8.38m	
·	Fictor County Atmetics Club	7.00111	0.30111	
Men 12-13 Weight Throw	TT.	a .	F: 1	
Name	Team	Seed	Finals	
Finals		Seed		
Finals 1 Hominick, Jacob	Truro Lions Track & Field Clul	Seed	7.86m	
Finals 1 Hominick, Jacob Men 14-15 Weight Throw	Truro Lions Track & Field Clul		7.86m	
Finals 1 Hominick, Jacob Men 14-15 Weight Throw Name		Seed		
Finals 1 Hominick, Jacob Men 14-15 Weight Throw Name Finals	Truro Lions Track & Field Clul Team		7.86m Finals	
Finals 1 Hominick, Jacob Men 14-15 Weight Throw Name Finals 1 Blois, Nic	Truro Lions Track & Field Clul		7.86m	
Finals 1 Hominick, Jacob Men 14-15 Weight Throw Name Finals 1 Blois, Nic Men 16-17 Weight Throw	Truro Lions Track & Field Clul Team Pictou County Athletics Club	Seed	7.86m Finals 8.14m	
Finals 1 Hominick, Jacob Men 14-15 Weight Throw Name Finals 1 Blois, Nic Men 16-17 Weight Throw Name	Truro Lions Track & Field Clul Team		7.86m Finals	
Finals 1 Hominick, Jacob Men 14-15 Weight Throw Name Finals 1 Blois, Nic Men 16-17 Weight Throw Name Finals	Truro Lions Track & Field Clul Team Pictou County Athletics Club Team	Seed	7.86m Finals 8.14m Finals	
Finals 1 Hominick, Jacob Men 14-15 Weight Throw Name Finals 1 Blois, Nic Men 16-17 Weight Throw Name Finals 1 McEwing, Will	Truro Lions Track & Field Clul Team Pictou County Athletics Club Team Truro Lions Track & Field Clul	Seed Seed 13.00m	7.86m Finals 8.14m Finals 11.68m	
Finals 1 Hominick, Jacob Men 14-15 Weight Throw Name Finals 1 Blois, Nic Men 16-17 Weight Throw Name Finals 1 McEwing, Will 2 Crowe, Seth	Truro Lions Track & Field Clul Team Pictou County Athletics Club Team	Seed	7.86m Finals 8.14m Finals	
Finals 1 Hominick, Jacob Men 14-15 Weight Throw Name Finals 1 Blois, Nic Men 16-17 Weight Throw Name Finals 1 McEwing, Will 2 Crowe, Seth Men 18-19 Weight Throw	Truro Lions Track & Field Clul Team Pictou County Athletics Club Team Truro Lions Track & Field Clul Truro Lions Track & Field Clul	Seed Seed 13.00m 9.60m	7.86m Finals 8.14m Finals 11.68m 10.44m	
Finals 1 Hominick, Jacob Men 14-15 Weight Throw Name Finals 1 Blois, Nic Men 16-17 Weight Throw Name Finals 1 McEwing, Will 2 Crowe, Seth Men 18-19 Weight Throw Name	Truro Lions Track & Field Clul Team Pictou County Athletics Club Team Truro Lions Track & Field Clul	Seed Seed 13.00m	7.86m Finals 8.14m Finals 11.68m	
Finals 1 Hominick, Jacob Men 14-15 Weight Throw Name Finals 1 Blois, Nic Men 16-17 Weight Throw Name Finals 1 McEwing, Will 2 Crowe, Seth Men 18-19 Weight Throw Name Finals	Truro Lions Track & Field Clul Team Pictou County Athletics Club Team Truro Lions Track & Field Clul Truro Lions Track & Field Clul Truro Lions Track & Field Clul	Seed Seed 13.00m 9.60m	7.86m Finals 8.14m Finals 11.68m 10.44m Finals	
Finals 1 Hominick, Jacob Men 14-15 Weight Throw Name Finals 1 Blois, Nic Men 16-17 Weight Throw Name Finals 1 McEwing, Will 2 Crowe, Seth Men 18-19 Weight Throw Name Finals 1 Hominick, Caleb	Truro Lions Track & Field Clul Team Pictou County Athletics Club Team Truro Lions Track & Field Clul Truro Lions Track & Field Clul Truro Lions Track & Field Clul	Seed Seed 13.00m 9.60m	7.86m Finals 8.14m Finals 11.68m 10.44m Finals 17.33m	
Finals 1 Hominick, Jacob Men 14-15 Weight Throw Name Finals 1 Blois, Nic Men 16-17 Weight Throw Name Finals 1 McEwing, Will 2 Crowe, Seth Men 18-19 Weight Throw Name Finals 1 Hominick, Caleb 2 Warren, Austin	Truro Lions Track & Field Clul Team Pictou County Athletics Club Team Truro Lions Track & Field Clul Truro Lions Track & Field Clul Team Truro Lions Track & Field Clul Truro Lions Track & Field Clul Truro Lions Track & Field Clul	Seed Seed 13.00m 9.60m	7.86m Finals 8.14m Finals 11.68m 10.44m Finals 17.33m 13.88m	
Finals 1 Hominick, Jacob Men 14-15 Weight Throw Name Finals 1 Blois, Nic Men 16-17 Weight Throw Name Finals 1 McEwing, Will 2 Crowe, Seth Men 18-19 Weight Throw Name Finals 1 Hominick, Caleb 2 Warren, Austin 3 Murphy, Rylan	Truro Lions Track & Field Clul Team Pictou County Athletics Club Team Truro Lions Track & Field Clul Truro Lions Track & Field Clul Truro Lions Track & Field Clul	Seed Seed 13.00m 9.60m	7.86m Finals 8.14m Finals 11.68m 10.44m Finals 17.33m	
Finals 1 Hominick, Jacob Men 14-15 Weight Throw Name Finals 1 Blois, Nic Men 16-17 Weight Throw Name Finals 1 McEwing, Will 2 Crowe, Seth Men 18-19 Weight Throw Name Finals 1 Hominick, Caleb 2 Warren, Austin 3 Murphy, Rylan Men 20-34 Weight Throw	Truro Lions Track & Field Clul Team Pictou County Athletics Club Team Truro Lions Track & Field Clul Truro Lions Track & Field Clul Team Truro Lions Track & Field Clul Dalhousie Tigers	Seed Seed 13.00m 9.60m Seed	7.86m Finals 8.14m Finals 11.68m 10.44m Finals 17.33m 13.88m 11.80m	
Finals 1 Hominick, Jacob Men 14-15 Weight Throw Name Finals 1 Blois, Nic Men 16-17 Weight Throw Name Finals 1 McEwing, Will 2 Crowe, Seth Men 18-19 Weight Throw Name Finals 1 Hominick, Caleb 2 Warren, Austin 3 Murphy, Rylan Men 20-34 Weight Throw Name	Truro Lions Track & Field Clul Team Pictou County Athletics Club Team Truro Lions Track & Field Clul Truro Lions Track & Field Clul Team Truro Lions Track & Field Clul Truro Lions Track & Field Clul Truro Lions Track & Field Clul	Seed Seed 13.00m 9.60m	7.86m Finals 8.14m Finals 11.68m 10.44m Finals 17.33m 13.88m	
Finals 1 Hominick, Jacob Men 14-15 Weight Throw Name Finals 1 Blois, Nic Men 16-17 Weight Throw Name Finals 1 McEwing, Will 2 Crowe, Seth Men 18-19 Weight Throw Name Finals 1 Hominick, Caleb 2 Warren, Austin 3 Murphy, Rylan Men 20-34 Weight Throw	Truro Lions Track & Field Clul Team Pictou County Athletics Club Team Truro Lions Track & Field Clul Truro Lions Track & Field Clul Team Truro Lions Track & Field Clul Dalhousie Tigers	Seed Seed 13.00m 9.60m Seed	7.86m Finals 8.14m Finals 11.68m 10.44m Finals 17.33m 13.88m 11.80m	

2024 Truro Lions Indoor Open Throws - 1/21/2024 Cougar Dome Results

Finals ... (Men 20-34 Weight Throw)

Name	Team	Seed	Finals	
2 Salah, Elias	Dalhousie Tigers	13.00m	12.81m	
Men 35-99 Weight Throw				
Name	Team	Seed	Finals	
Finals				
1 LeBlanc, Joseph	Unattached Nova Scotia	10.00m	10.76m	
2 Fownes, Brock	Unattached Nova Scotia	$6.00 \mathrm{m}$	8.45m	
3 Elliott, Alan	Pictou County Athletics Club	7.00m	7.90m	