

2023 ANS XC Open - 10/28/2023
Point Pleasant Park
Results

Girls 12-13 5000 Meter Run

Name	Age	Team	Seed	Finals	Points
Results - Women 12-13					
1 Morgans, Leanna	13	Unattached Nova Scotia		22:34.00	
2 Quinton, Emma	12	Athletics East Nova Scotia		29:34.30	

Women 16-17 5000 Meter Run

Name	Age	Team	Seed	Finals	Points
Results - Women 16-17					
1 Joseph, Ava	17	Athletics East Nova Scotia		24:45.10	

Men 14-15 5000 Meter Run

Name	Age	Team	Seed	Finals	Points
Results - Men 14-15					
1 McIntyre, Jonah	15	Athletics East Nova Scotia		23:01.70	
2 Sunderland, Adrian	15	Annapolis County Athletics Cl		23:12.70	
3 Quinton, Jack	14	Athletics East Nova Scotia		25:41.70	

Men 16-17 5000 Meter Run

Name	Age	Team	Seed	Finals	Points
Results - Men 16-17					
1 Sauer, Graham	16	Athletics East Nova Scotia		18:29.10	

Men 16-17 8000 Meter Run

Name	Age	Team	Seed	Finals	Points
Results - Men 16-17					
1 Rodgers, Zack	16	Athletics East Nova Scotia		29:55.00	

Men 18-19 8000 Meter Run

Name	Age	Team	Seed	Finals	Points
Results - Men 18-19					
1 Lawton, Mathew	18	St. Francis Xavier X-Men/X-W		29:39.90	
2 Walker, Liam	19	Stfx Track And Field Club		31:26.60	
3 Dalton, Jacob	18	Upei Panthers		31:29.10	
4 Cunningham, Callum	18	St. Mary's University		33:05.60	
--- McCullagh, Liam	19	St. Francis Xavier X-Men/X-W		DNF	

Men 20-34 8000 Meter Run

Name	Age	Team	Seed	Finals	Points
Results - Men 20-34					
1 Grimshaw-Surette, Hudson	25	Southwest Nova Athletics		27:12.60	
2 Halloran, Jacob	26	Unattached Nova Scotia		28:11.00	
3 Drever, Callum	26	Una		28:29.60	
4 Colford, Michael	25	Una		29:08.40	
5 Freeman, Alec	26	Una		29:19.60	
6 Proulx, Noah	20	St. Francis Xavier X-Men/X-W		29:40.10	
7 Maxwell, Mason	27	Una		31:19.20	
8 Kozma, Matthew	22	Upei Panthers		33:41.50	
9 Wigmore, Josiah	23	Upei Panthers		33:49.10	
10 Rogers, Cody	24	Upei Panthers		34:40.40	
11 Gillis, Travis	21	St. Mary's University		35:39.70	