Cape Breton Throws Series 23 Meet 4 (Cape Breton Health Rec Complex - 9 Results	30 Sept 2023 9/30/2023		
Event 219 Men Shot Put U16			
Name Year Team	Seed	Finals	
Finals 1 # 103 Max Minihan Celtic Athletics 12.82m FOUL 13.05m FOUL 13.63m FOUL	======		44-08.75
Event 221 Men Shot Put U18	========	=======	
Name Year Team	Seed	Finals	=======
1 # 104 Owen Minihan Celtic Athletics FOUL 12.44m 13.05m 12.45m 11.48m FOUL		13.05m	42-09.75
Event 224 Women Shot Put Senior	========	=======	=======
Name Year Team	Seed	Finals	
1 # 106 Grace Nneji CBU1 4.96m 5.10m 5.12m 4.48m 5.49m 5.48m			18-00.25
Event 238 Women Shot Put U70	========	=======	
Name Year Team	Seed	Finals	
1 # 105 Cathy Myatt Celtic Athletics 5.90m 5.14m 4.79m 4.64m 4.57m 4.55m		5.90m	19-04.25
Event 239 Men Shot Put U70	========		
Name Year Team	Seed	Finals	
1 # 102 Ken Fraser Celtic Athletics 6.12m 6.14m 6.30m 6.25m 6.13m FOUL		6.30m	20-08.00
Event 257 Men Discus Throw U16			
Name Year Team	Seed	Finals	
1 # 103 Max Minihan Celtic Athletics 50.11m 46.89m 44.00m 51.58m 50.87m 48.75m		51.58m	169-03
Event 259 Men Discus Throw U18	========	=======	=======
Name Year Team	Seed	Finals	
1 # 104 Owen Minihan Celtic Athletics 31.66m 32.13m 34.87m 33.11m 32.63m 34.22m			114-05
Event 276 Women Discus Throw U70	========	=======	
Name Year Team	Seed		
1 # 105 Cathy Myatt Celtic Athletics 10.12m 10.39m 10.05m 10.72m 10.22m 10.51m		10.72m	
Event 277 Men Discus Throw U70			
Name Year Team			
1 # 102 Ken Fraser Celtic Athletics 13.31m 14.53m 14.61m 17.18m 16.84m FOUL	=	17.18m	56-04
Event 331 Men Hammer Throw U18	======	=====	
Name Year Team	Seed	Finals	
1 # 104 Owen Minihan Celtic Athletics 30.37m 32.72m 31.99m 31.17m 35.23m 33.00m		35.23m	
Event 334 Women Hammer Throw Senior	=====	====	

Name Year Team Seed Finals