2023 Truro Lions Indoor Open Throws Meet - 1/22/2023 Cougar Dome **Results - Sunday Throws**

Event 1 Women 16-17 Shot Put		
Name	Team	
Finals		
1 Forguborgon File	Truro I	

	Name	Team	Seed	Finals			
Finals							
1	Farquharson, Ella	Truro Lions Track & Field Clul	10.86m	10.68m			
2	Leggett, Rachel	Truro Lions Track & Field Clul	9.00m	9.26m			
Even	Event 1 Women 18-19 Shot Put						
	Name	Team	Seed	Finals			
Finals							
1	Dunn, Josie	Unattached Nova Scotia		9.65m			
2	Hadskis, Maggie	Dalhousie Tigers	9.00m	8.91m			
Even	t 1 Women 20-34 Shot Put						
Lven	Name	Team	Seed	Finals			
Finals			10000				
1	Heubach, Lorena	Dalhousie Tigers	11.00m	11.89m			
2	Gaudry, Abbi	Dalhousie Tigers	9.00m	8.74m			
3	Mkandawire, Chimango	Cape Breton University	7.70m	7.64m			
Evon	t 1 Women 35-99 Shot Put	,					
Even	Name	Team	Seed	Finals			
Finals	*** *	Itam	Secu	Finais			
rmais 1	Acker-Canning, Tracy	Unattached Nova Scotia		8.36m			
2	Dunn, Tracy	Truro Lions Track & Field Clul		6.65m			
		Truto Lions Track & Field Clut		0.05111			
Even	t 2 Men 16-17 Shot Put						
	Maria	T	Caad	Einala			
	Name	Team	Seed	Finals			
Finals							
Finals	Hominick, Caleb	Truro Lions Track & Field Clul	Seed 12.00m	11.36m			
Finals	Hominick, Caleb McEwing, Will						
Finals	Hominick, Caleb McEwing, Will t 2 Men 18-19 Shot Put	Truro Lions Track & Field Clul Truro Lions Track & Field Clul	12.00m	11.36m 10.08m			
Finals 1 2 Even	Hominick, Caleb McEwing, Will t 2 Men 18-19 Shot Put Name	Truro Lions Track & Field Clul		11.36m			
Finals	Hominick, Caleb McEwing, Will t 2 Men 18-19 Shot Put Name	Truro Lions Track & Field Clul Truro Lions Track & Field Clul Team	12.00m Seed	11.36m 10.08m Finals			
Finals Finals 1 2 Event	Hominick, Caleb McEwing, Will t 2 Men 18-19 Shot Put Name Dunlop, Mason	Truro Lions Track & Field Clul Truro Lions Track & Field Clul Team St. Mary's University	12.00m Seed 11.70m	11.36m 10.08m Finals			
Finals 1 2 Event	Hominick, Caleb McEwing, Will t 2 Men 18-19 Shot Put Name Dunlop, Mason Porter, Fergus	Truro Lions Track & Field Clul Truro Lions Track & Field Clul Team St. Mary's University St. Mary's University	12.00m Seed 11.70m 11.70m	11.36m 10.08m Finals 11.36m 10.81m			
Finals Finals 1 2 Event	Hominick, Caleb McEwing, Will t 2 Men 18-19 Shot Put Name Dunlop, Mason	Truro Lions Track & Field Clul Truro Lions Track & Field Clul Team St. Mary's University	12.00m Seed 11.70m	11.36m 10.08m Finals			
Finals Even Finals 2 Even 3	Hominick, Caleb McEwing, Will t 2 Men 18-19 Shot Put Name Dunlop, Mason Porter, Fergus	Truro Lions Track & Field Clul Truro Lions Track & Field Clul Team St. Mary's University St. Mary's University	12.00m Seed 11.70m 11.70m	11.36m 10.08m Finals 11.36m 10.81m			
Finals Even Finals 2 Even 3	Hominick, Caleb McEwing, Will t 2 Men 18-19 Shot Put Name Dunlop, Mason Porter, Fergus Vanwart, Jonathan	Truro Lions Track & Field Clul Truro Lions Track & Field Clul Team St. Mary's University St. Mary's University	12.00m Seed 11.70m 11.70m	11.36m 10.08m Finals 11.36m 10.81m			
Finals Even Finals 2 Even 3	Hominick, Caleb McEwing, Will t 2 Men 18-19 Shot Put Name Dunlop, Mason Porter, Fergus Vanwart, Jonathan t 2 Men 20-34 Shot Put Name	Truro Lions Track & Field Clul Truro Lions Track & Field Clul Team St. Mary's University St. Mary's University St. Mary's University Team	12.00m Seed 11.70m 11.70m 10.50m	11.36m 10.08m Finals 11.36m 10.81m 9.70m			
Finals Even Finals 1 2 Even Even	Hominick, Caleb McEwing, Will t 2 Men 18-19 Shot Put Name Dunlop, Mason Porter, Fergus Vanwart, Jonathan t 2 Men 20-34 Shot Put Name	Truro Lions Track & Field Clul Truro Lions Track & Field Clul Team St. Mary's University St. Mary's University St. Mary's University	12.00m Seed 11.70m 11.70m 10.50m	11.36m 10.08m Finals 11.36m 10.81m 9.70m			
Finals 1 2 Event Finals 1 2 3 Event	Hominick, Caleb McEwing, Will t 2 Men 18-19 Shot Put Name Dunlop, Mason Porter, Fergus Vanwart, Jonathan t 2 Men 20-34 Shot Put Name	Truro Lions Track & Field Clul Truro Lions Track & Field Clul Team St. Mary's University St. Mary's University St. Mary's University Team	12.00m Seed 11.70m 11.70m 10.50m Seed	11.36m 10.08m Finals 11.36m 10.81m 9.70m Finals			
Finals 1 2 Event Finals 1 2 3 Event Finals 1 1	Hominick, Caleb McEwing, Will t 2 Men 18-19 Shot Put Name Dunlop, Mason Porter, Fergus Vanwart, Jonathan t 2 Men 20-34 Shot Put Name Grant, Robert Collier, Peter Singh, Gurpreet	Truro Lions Track & Field Clul Truro Lions Track & Field Clul Team St. Mary's University St. Mary's University St. Mary's University Team Truro Lions Track & Field Clul Dalhousie Tigers Cape Breton University	12.00m Seed 11.70m 11.70m 10.50m Seed 12.00m 10.00m 8.13m	11.36m 10.08m Finals 11.36m 10.81m 9.70m Finals 11.53m 8.48m 7.57m			
Finals 1 2 Even: Finals 1 2 3 Even: Finals 1 2 3	Hominick, Caleb McEwing, Will t 2 Men 18-19 Shot Put Name Dunlop, Mason Porter, Fergus Vanwart, Jonathan t 2 Men 20-34 Shot Put Name Grant, Robert Collier, Peter	Truro Lions Track & Field Clul Truro Lions Track & Field Clul Team St. Mary's University St. Mary's University St. Mary's University Team Truro Lions Track & Field Clul Dalhousie Tigers	12.00m Seed 11.70m 11.70m 10.50m Seed 12.00m 10.00m	11.36m 10.08m Finals 11.36m 10.81m 9.70m Finals 11.53m 8.48m			
Finals 1 2 Even Finals 1 2 3 Even Finals 4	Hominick, Caleb McEwing, Will t 2 Men 18-19 Shot Put Name Dunlop, Mason Porter, Fergus Vanwart, Jonathan t 2 Men 20-34 Shot Put Name Grant, Robert Collier, Peter Singh, Gurpreet Sutherland, Tristan	Truro Lions Track & Field Clul Truro Lions Track & Field Clul Team St. Mary's University St. Mary's University St. Mary's University Team Truro Lions Track & Field Clul Dalhousie Tigers Cape Breton University	12.00m Seed 11.70m 11.70m 10.50m Seed 12.00m 10.00m 8.13m	11.36m 10.08m Finals 11.36m 10.81m 9.70m Finals 11.53m 8.48m 7.57m			
Finals 1 2 Even Finals 1 2 3 Even Finals 4	Hominick, Caleb McEwing, Will t 2 Men 18-19 Shot Put Name Dunlop, Mason Porter, Fergus Vanwart, Jonathan t 2 Men 20-34 Shot Put Name Grant, Robert Collier, Peter Singh, Gurpreet	Truro Lions Track & Field Clul Truro Lions Track & Field Clul Team St. Mary's University St. Mary's University St. Mary's University Team Truro Lions Track & Field Clul Dalhousie Tigers Cape Breton University	12.00m Seed 11.70m 11.70m 10.50m Seed 12.00m 10.00m 8.13m	11.36m 10.08m Finals 11.36m 10.81m 9.70m Finals 11.53m 8.48m 7.57m			
Finals 1 2 Even Finals 1 2 3 Even Finals 4	Hominick, Caleb McEwing, Will t 2 Men 18-19 Shot Put Name Dunlop, Mason Porter, Fergus Vanwart, Jonathan t 2 Men 20-34 Shot Put Name Grant, Robert Collier, Peter Singh, Gurpreet Sutherland, Tristan t 3 Women 16-17 Weight Throw Name	Truro Lions Track & Field Clul Truro Lions Track & Field Clul Team St. Mary's University St. Mary's University St. Mary's University Team Truro Lions Track & Field Clul Dalhousie Tigers Cape Breton University St. Mary's University	12.00m Seed 11.70m 11.70m 10.50m Seed 12.00m 10.00m 8.13m 8.50m	11.36m 10.08m Finals 11.36m 10.81m 9.70m Finals 11.53m 8.48m 7.57m 6.94m			
Finals 1 2 Event Finals 1 2 3 Event Finals Finals Finals Finals	Hominick, Caleb McEwing, Will t 2 Men 18-19 Shot Put Name Dunlop, Mason Porter, Fergus Vanwart, Jonathan t 2 Men 20-34 Shot Put Name Grant, Robert Collier, Peter Singh, Gurpreet Sutherland, Tristan t 3 Women 16-17 Weight Throw Name	Truro Lions Track & Field Clul Truro Lions Track & Field Clul Team St. Mary's University St. Mary's University St. Mary's University Team Truro Lions Track & Field Clul Dalhousie Tigers Cape Breton University St. Mary's University	12.00m Seed 11.70m 11.70m 10.50m Seed 12.00m 10.00m 8.13m 8.50m	11.36m 10.08m Finals 11.36m 10.81m 9.70m Finals 11.53m 8.48m 7.57m 6.94m			

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Event 3	Women	18-19 Weight Throw
LYCHUS	VVUIICII	10-17 ((CEHT 11110))

Name	Team	Seed	Finals			
Finals						
1 Dunn, Josie	Unattached Nova Scotia		10.28m			
Event 3 Women 20-34 Weight Throw Name	Team	Seed	Finals			
Finals 1 Mkandawire, Chimango	Cape Breton University	95.00m	9.10m			
Event 3 Women 35-99 Weight Throw Name	Team	Seed	Finals			
Finals						
1 Bryant, Jo2 Dunn, Tracy3 Acker-Canning, Tracy	Unattached Nova Scotia Truro Lions Track & Field Clul Unattached Nova Scotia	9.31m	7.67m 7.55m 6.13m			
Event 4 Men 16-17 Weight Throw						
Name	Team	Seed	Finals			
Finals 1 Hominick, Caleb McEwing, Will	Truro Lions Track & Field Clul Truro Lions Track & Field Clul	18.60m	18.62m FOUL			
Event 4 Men 18-19 Weight Throw Name	Team	Seed	Finals			
Finals		~~~~~				
1 Dunlop, Mason2 Porter, Fergus	St. Mary's University St. Mary's University	12.25m 12.50m	11.82m 10.16m			
Event 4 Men 20-34 Weight Throw						
Name	Team	Seed	Finals			
Finals						
1 Salah, Elias2 Singh, Gurpreet	Dalhousie Tigers Cape Breton University	12.00m	10.64m 8.16m			
Event 4 Men 35-99 Weight Throw Name	Team	Seed	Finals			
Finals						
1 LeBlanc, Joseph	Unattached Nova Scotia	10.94m	11.13m			