

2022 SSNS Provincial T&F Championship

Pioneer Coal Athletic Field

Results

Girls 100 Meter Dash Junior

SSNS: 12.64 2006

Nikkia Jones

Ties: 12.50 1995

Christine Fleury (hand)

Name	School	Prelims
Preliminaries		
1 Nyah Kaupp	Halifax Grammar	13.46QNWI
2 Zaila Benjamin	Leslie Thomas	13.87QNWI
3 Ella Barry	Centre Scol.	13.65QNWI
4 Annabelle Raymond	St. Agnes Jr.	14.02QNWI
5 Gabby Morash	Armbrac	13.93QNWI
6 Maura Scranton	Annapolis We	14.06QNWI
7 Jasmine Aarts	École Acadien	13.96q NWI
8 Kaitlynn Mead	Pine Ridge Mid.	14.02q NWI
9 Leila McManus	Tamarac Educ	14.21 NWI
10 Ava MacDonald	Malcolm Munr	14.52 NWI
11 Avery Tupper	Digby Region	14.60 NWI
12 Molly Amirault	West Hants Mid.	14.61 NWI
13 Marley Eisner	École Acadien	14.64 NWI
14 Myka Wilson	École Acadien	14.70 NWI
15 Rylee Loomis	St. Mary's	15.01 NWI
16 Maddison Maceachern	Bayview Educ	15.15 NWI

Girls 100 Meter Dash Junior

SSNS: 12.64 2006

Nikkia Jones

Ties: 12.50 1995

Christine Fleury (hand)

Name	School	Finals
Finals		
1 Ella Barry	Centre Scol.	13.35 -1.5
2 Nyah Kaupp	Halifax Grammar	13.39 -1.5
3 Zaila Benjamin	Leslie Thomas	13.49 -1.5
4 Annabelle Raymond	St. Agnes Jr.	13.70 -1.5
5 Gabby Morash	Armbrac	13.73 -1.5
6 Jasmine Aarts	École Acadien	13.91 -1.5
7 Maura Scranton	Annapolis We	14.01 -1.5
8 Kaitlynn Mead	Pine Ridge Mid.	14.06 -1.5

Girls 200 Meter Dash Junior

SSNS: 26.49 2014

Taylor Mattinson

Ties: 26.50 1976

Kris Crowell (hand)

Name	School	Prelims
Preliminaries		
1 Zaila Benjamin	Leslie Thomas	27.74Q-0.5
2 Ella Barry	Centre Scol.	28.18Q+0.0
3 Annabelle Raymond	St. Agnes Jr.	28.42Q+0.0
4 Olivia Landry	Bridgewater Jr	28.87Q-0.5
5 Kaitlynn Mead	Pine Ridge Mid.	29.10Q-0.5
6 Leila McManus	Tamarac Educ	29.13Q+0.0
7 Julia Akao	Evangeline MS	29.20q+0.0
8 Jasmine Aarts	École Acadien	29.23q+0.0
9 Amarachie Ezurike	Clayton Park Jr.	29.27 +0.0
10 Abbey Dixon	Hebville	29.31 -0.5
11 Melissa Mert	Fairview Jr.	29.35 -0.5
12 Rylee Loomis	St. Mary's	30.24 -0.5
13 Maddison Maceachern	Bayview Educ	30.82 -0.5
14 Penny MacKenzie	New Glasgow	31.02 -0.5

15 Isabella MacLeod	Baddeck Acad	31.61 +0.0
16 Sophie O'Blenis	EB Chandler	31.75 +0.0

Girls 200 Meter Dash Junior

SSNS: 26.49 2014

Taylor Mattinson

Ties: 26.50 1976

Kris Crowell (hand)

Name	School	Finals
Finals		
1 Zaila Benjamin	Leslie Thomas	27.39 -2.7
2 Annabelle Raymond	St. Agnes Jr.	28.04 -2.7
3 Ella Barry	Centre Scol.	28.14 -2.7
4 Kaitlynn Mead	Pine Ridge Mid.	28.73 -2.7
5 Leila McManus	Tamarac Educ	29.03 -2.7
6 Julia Akao	Evangeline MS	29.17 -2.7
7 Jasmine Aarts	École Acadien	29.61 -2.7

Girls 400 Meter Dash Junior

SSNS: 58.99 5/31/2019 Cara MacDonald

Name	School	Prelims
Preliminaries		
1 Nyah Kaupp	Halifax Grammar	1:02.66Q
2 Olivia Landry	Bridgewater Jr	1:03.09Q
3 Anna Jeong	Halifax Central	1:04.82Q
4 Aliyah Demone	Hebville	1:05.25Q
5 Annika Creighton	Oxford School	1:06.50Q
6 Maddison Maceachern	Bayview Educ	1:08.04Q
7 Nora Stewart	St. Andrew	1:06.78q
8 Penny MacKenzie	New Glasgow	1:07.91q
9 Ayla Williams	Halifax Grammar	1:08.13
10 Brooke Hale	Riverside Ed.	1:08.72
11 Sadie MacGillivray	École Pomquet	1:09.39
12 Lillian Blois	Kings-Edgehill	1:10.77
13 Madeleine Wiese	Baddeck Acad	1:11.02
14 Mattea Mackinnon	Malcolm Munr	1:11.12
15 Sophie Fougere	Tamarac Educ	1:12.07
16 Natalia Shaw	Kings-Edgehill	1:12.36

Girls 400 Meter Dash Junior

SSNS: 58.99 5/31/2019 Cara MacDonald

Name	School	Finals
Finals		
1 Nyah Kaupp	Halifax Grammar	1:01.49
2 Olivia Landry	Bridgewater Jr	1:02.16
3 Anna Jeong	Halifax Central	1:03.43
4 Aliyah Demone	Hebville	1:03.79
5 Penny MacKenzie	New Glasgow	1:07.52
6 Maddison Maceachern	Bayview Educ	1:07.61
7 Annika Creighton	Oxford School	1:07.85
8 Nora Stewart	St. Andrew	1:08.27

Girls 800 Meter Run Junior

SSNS: 2:19.90 1977

Mary Jean Barrett (hand)

Name	School	Finals
Finals		
1 Anna Carruthers	Harold T Barrett	2:22.99
2 Sarah Wallace	St. Andrew	2:26.72

2022 SSNS Provincial T&F Championship

Pioneer Coal Athletic Field

Results

Finals ... (Girls 800 Meter Run Junior)

Name	School	Finals
3 Faye Chiasson	Halifax Grammar	2:28.05
4 Molly Evers	Five Bridges Jun	2:29.20
5 Elisa Arteaga	Oxford School	2:29.77
6 Ava MacDonald	Malcolm Munr	2:32.00
7 Rebecca McDow	Hebbsville	2:33.91
8 Ellie Tulley	Truro Middle	2:39.62
9 Kylie Buchanan	Bridgewater Jr	2:40.47
10 Penny MacKenzie	New Glasgow	2:41.93
11 Abby Oakley	Redcliffe Middle	2:43.64
12 Maddie Quirk	Bridgetown R	2:44.04
13 Mallory Ducarme	Hantsport	2:45.05
14 Mary Morin	Tamarac Educ	2:53.65
15 Violet MacDonald	Bayview Educ	3:04.33
16 Natiya Debont	Whycocomagh	3:04.39

Girls 1500 Meter Run Junior

SSNS: 4:46.13 2019

Abby Lewis

Name	School	Finals
1 Anna Carruthers	Harold T Barrett	5:05.66
2 Sarah Wallace	St. Andrew	5:08.58
3 Faye Chiasson	Halifax Grammar	5:10.03
4 Heidi Nuyens	Halifax Grammar	5:15.62
5 Ava MacDonald	Malcolm Munr	5:16.82
6 Molly Evers	Five Bridges Jun	5:18.83
7 Kylie Buchanan	Bridgewater Jr	5:24.60
8 Rebecca McDow	Hebbsville	5:28.17
9 Finn Riley	Truro Middle	5:34.71
10 Mallory Ducarme	Hantsport	5:36.31
11 Abby Oakley	Redcliffe Middle	5:37.44
12 Ellie Tulley	Truro Middle	5:41.76
13 Maddie Quirk	Bridgetown R	5:46.20
14 Mattea Mackinnon	Malcolm Munr	6:06.58
15 Mary Morin	Tamarac Educ	6:10.76
16 Violet MacDonald	Bayview Educ	6:12.43

Girls 3000 Meter Run Junior

SSNS: 10:18.76 2011

Rachel Crawley

Name	School	Finals
1 Anna Carruthers	Harold T Barrett	10:43.69
2 Faye Chiasson	Halifax Grammar	10:58.66
3 Heidi Nuyens	Halifax Grammar	10:59.31
4 Sarah Wallace	St. Andrew	11:07.91
5 Deborah Beach	Dartmouth So	11:18.08
6 Finn Riley	Truro Middle	11:50.24
7 Ellie Tulley	Truro Middle	12:25.61
8 Chloe Maceachern	École Pomquet	12:27.24
9 Lauren Weare	North Queens	12:27.40
10 Maddie Quirk	Bridgetown R	12:28.35
11 Katelyn McDow	Hebbsville	12:56.86
12 Scotia Van Den Heuvel	Whycocomagh	12:56.95
13 Payton Ferdinand	Pine Ridge Mid.	13:14.18
14 Kate Morgan	Whitney Pier	13:34.07

15 Lucy Gillis	Bayview Educ	13:59.24
16 Violet MacDonald	Bayview Educ	13:59.25

Girls 80 Meter Hurdles 30" Junior

SSNS: 12.12 6/3/2016 Sierra Sweeney

Name	School	Prelims
Preliminaries		
1 Jada Buchanan	Bridgewater Jr	14.23Q-2.1
2 Aliyah Demone	Hebbsville	14.55Q-0.7
3 Rebecca McDow	Hebbsville	14.42Q-2.1
4 Eve Mossman	Chester Area Mid	15.41Q-0.7
5 Sophie Mazur	Oxford Regio	15.08Q-2.1
6 Julia Berry	Oxford School	15.70Q-0.7
7 Jenna Cantwell	Astral Drive	15.20q-2.1
8 Millie Madden	Five Bridges Jun	15.88q-2.1
9 Kaydence Burke	Redcliffe Middle	16.00 -0.7
10 Penny MacKenzie	New Glasgow	16.02 -2.1
11 Nora Fownes	Baddeck Acad	16.22 -2.1
12 Brianna Hoskin	Dartmouth So	16.37 -0.7
13 Molly Thompson	Truro Middle	16.57 -0.7
14 Jenna Proctor	Tamarac Educ	17.62 -0.7
15 Brea Miller	Inverness Ed	17.74 -2.1
16 Raya Matheson	Tamarac Educ	19.14 -0.7

Girls 80 Meter Hurdles 30" Junior

SSNS: 12.12 6/3/2016 Sierra Sweeney

Name	School	Finals
Finals		
1 Aliyah Demone	Hebbsville	13.91 -0.8
2 Rebecca McDow	Hebbsville	14.07 -0.8
3 Jenna Cantwell	Astral Drive	14.44 -0.8
4 Jada Buchanan	Bridgewater Jr	14.92 -0.8
5 Sophie Mazur	Oxford Regio	14.96 -0.8
6 Eve Mossman	Chester Area Mid	15.65 -0.8
7 Millie Madden	Five Bridges Jun	15.72 -0.8
8 Julia Berry	Oxford School	16.11 -0.8

Girls 4x100 Meter Relay Junior

SSNS: 52.50 2014

Riverside Education Center

Team	Relay	Finals
Finals		
1 École Acadien		55.35
2 Chester Area Mid		55.92
3 St. Agnes Junior High		55.99
4 Halifax Grammar		56.26
5 Hebbsville Academy		56.48
6 Bridgewater Jr. High		56.80
7 South Colchester		57.65
8 EB Chandler		58.64
9 Riverside Ed.		58.93
10 Bayview Educ		59.13
11 Hantsport		59.20
12 Tamarac Educ		59.39
13 Whycocomagh		59.40
14 Baddeck Academy		1:01.94
--- Fairview Junior High		DQ

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Pioneer Coal Athletic Field

Results

Finals ... (Girls 4x100 Meter Relay Junior)

Team	Relay	Finals
---	Georges P. V	DQ

Girls 4x400 Meter Relay Junior

SSNS: 4:17.83 6/3/2017 St. Andrew Junior School

Team	Relay	Finals
Finals		
1	Halifax Grammar	4:29.92
2	Sacred Heart School	4:35.78
3	St. Agnes Junior High	4:37.30
4	Hebville Academy	4:41.01
5	Bridgewater Jr. High	4:43.80
6	École Acadien	4:44.52
7	Rocky Lake Jr	4:46.06
8	St. Andrew	4:48.84
9	Bridgetown Regional	4:51.12
10	Kings-Edgehill	4:58.37
11	Tamarac Educ	5:00.44
12	New Glasgow Academy	5:00.81
13	Truro Middle School	5:05.72
14	Bayview Educ	5:08.10
15	Baddeck Academy	5:12.41

Girls High Jump Junior

SSNS: 1.63m 2004 Laura Maessen

Name	School	Finals
Finals		
1	Kennedy May	Madeline Symond 1.41m
2	Leah Jessome	Inverness Ed J1.38m
3	Ella Barry	Centre Scol. J1.38m
4	Brooke Wadden	Tamarac Educ J1.30m
4	Avery Tupper	Digby Region J1.30m
6	Olivia Smith	Halifax Central J1.30m
7	Marley Eisner	École Acadien J1.30m
8	Ella Suchon	Truro Middle J1.30m
9	Sarah Sheppard	Astral Drive J1.30m
10	Kelsi-Rose Tanner	Bluenose Academy 1.25m
10	Aliyah Demone	Hebville 1.25m
12	Libby Zhang	St. Agnes Jr. J1.25m
13	Regan Wilson	EB Chandler 1.20m
13	Lily Handley	EB Chandler 1.20m
13	Sophie Mazur	Oxford Regio 1.20m
16	Abbey Dixon	Hebville J1.20m

Girls Long Jump Junior

SSNS: 4.99m 6/1/2019 Mya Archibald

Name	School	Finals
Finals		
1	Myka Wilson	École Acadien 4.66m -2.4
2	Zaila Benjamin	Leslie Thomas 4.61m -4.6
3	Ella Barry	Centre Scol. 4.53m -1.7
4	Julia Akao	Evangeline MS 4.33m -2.8
5	Jasmine Aarts	École Acadien 4.29m -1.0
6	Jada Buchanan	Bridgewater Jr 4.19m -2.3
7	Zoey Sheridan	Bridgetown R 4.09m -2.0

8	Kylie Buchanan	Bridgewater Jr 4.05m -0.2
9	Madison Brown	Riverside Ed. 3.97m -1.5
10	Chanelle Rodriguez-Coop	Fairview Jr. 3.92m -2.9
11	Melissa Mert	Fairview Jr. 3.91m -2.1
12	Allyson Cleveland	EB Chandler 3.87m -2.4
13	Lily Williams	Bicentennial 3.80m -1.2
14	Isabella MacLeod	Baddeck Acad 3.79m -1.4
15	Ella Macintyre	Tamarac Educ 3.74m -1.5
16	Rachel Moore	Malcolm Munr 3.67m -1.8

Girls Triple Jump Junior

SSNS: 11.00m 6/3/2016 Sierra Sweeney

Name	School	Finals
Finals		
1	Myka Wilson	École Acadien 10.47m -2.1
2	Zaila Benjamin	Leslie Thomas 9.94m -2.0
3	Julia Akao	Evangeline MS 9.77m -2.5
4	Isobel Schrader	Sacred Heart 9.28m -1.7
5	Jada Buchanan	Bridgewater Jr 9.20m -0.9
6	Chanelle Rodriguez-Coop	Fairview Jr. 9.04m -1.1
7	Maura Scranton	Annapolis We 9.01m -0.6
8	Ella Macintyre	Tamarac Educ 8.88m -1.5
9	Sarah Sheppard	Astral Drive 8.84m -3.3
10	Aliyah Demone	Hebville 8.78m -2.3
11	Allyson Cleveland	EB Chandler 8.46m -2.4
12	Danielle MacDonald	EB Chandler 8.45m -1.9
13	Skylar Shaw	Cape Breton 8.13m -1.5
14	Wastew Googoo	Whycocomagh 7.93m NWI
15	Sophie Mazur	Oxford Regio 7.80m -1.2
16	Brooke Wadden	Tamarac Educ 7.42m -2.6

Girls Shot Put 3kg Junior

SSNS: 11.58m 2010 Taylor Stutley

Name	School	Finals
Finals		
1	Kamryn Walsh	Hantsport 9.34m
2	Malia MacDonald	Cunard Jr. 9.17m
3	Ashley Reynolds	Oyster Pond 8.74m
4	Rachel Power	St. Agnes Jr. 8.52m
5	Lacey Faye Edwards	Five Bridges Jun 8.38m
6	Abigail Veinot	Pine Ridge Mid. J8.38m
7	Annie Morine	Truro Middle 8.34m
8	Ana MacLeod	New Glasgow 8.12m
9	Jane VanKesel	Hebville 7.66m
10	Olivia Brown	Pugwash Dist 7.65m
11	Briana Hicks	Springhill J 7.18m
12	Brynn King	Hantsport 7.15m
13	Kendall Cameron	Bayview Educ 7.06m
14	Annika Van Zutphen	Whycocomagh 6.87m
15	Brooke Wadden	Tamarac Educ 6.75m

Girls Discus Throw 0.75kg Junior

SSNS: 30.10m 5/31/2019 Sara Scott

Name	School	Finals
Finals		
1	Millie Madden	Five Bridges Jun 25.87m

2022 SSNS Provincial T&F Championship

Pioneer Coal Athletic Field

Results

Finals ... (Girls Discus Throw 0.75kg Junior)

Name	School	Finals
2 Abigail Veinot	Pine Ridge Mid.	22.84m
3 Kamryn Walsh	Hantsport	21.52m
4 Riley Dixon	Hebville	21.25m
5 Brooke Wadden	Tamarac Educ	20.42m
6 Brynn Mittelstadt	Riverside Ed.	19.70m
7 Amelia Deveau	Hebville	19.60m
8 Ana MacLeod	New Glasgow	19.39m
9 Meaghan Ferguson	Shambhala School	18.49m
10 Brooklyn Kersten	Tamarac Educ	18.29m
11 Denver Hawkins	SackvilleHeights	17.69m
12 Beth Tubman	Whycocomagh	17.67m
13 Paige Rehberg	Eastern Passage	17.41m
14 Marlee McMillan	Bible Hill	16.72m
15 Sara MacKenzie	Bible Hill	15.71m

Girls Javelin Throw 400g Junior

SSNS: 37.38m 1999

Katherine Markusson

Name	School	Finals
1 Annika Van Zutphen	Whycocomagh	27.34m
2 Harley Foubert	Five Bridges Jun	26.04m
3 Victoria Gallant	Elizabeth Suther	24.44m
4 Millie Madden	Five Bridges Jun	24.13m
5 Abigail Veinot	Pine Ridge Mid.	23.90m
6 Ana MacLeod	New Glasgow	23.45m
7 Layla Schooten	Bridgewater Jr	21.73m
8 Mya Larade	École Nda	21.28m
9 Presley Penny	Hantsport	20.45m
10 Brooke Wadden	Tamarac Educ	20.01m
11 Tatum Lohnes	Bluenose Academ	20.00m
12 Abigayle Gale-Macmullin	Baddeck Acad	19.87m
13 Stephanie Foran	St. Agnes Jr.	19.17m
14 Alexis Kinnear	EB Chandler	17.07m
15 Kenleigh Lawless	Oxford Regio	16.60m
16 Grace Fisher	EB Chandler	15.56m

Girls 100 Meter Dash Intermediate

SSNS: 12.33 2007

Marissa Wolter

Ties: 12.20 1997

Christine Fluery (hand)

Name	School	Prelims
1 Hannah Rathman	Cobequid	13.48QNWI
2 Isabella Gouthro	Cobequid	13.55QNWI
3 Fiona Day	Lockview High	13.57QNWI
4 Queen Clayton	Citadel High	13.60QNWI
5 Zoe Landry	Dr. J.H. Gillis	13.80QNWI
6 Grace Ecker	Central Kings	13.82QNWI
7 Ruby Harris	Bayview	13.80q NWI
8 Tess Bezanson	Middleton Re	13.88q NWI
9 Isla David	Caledonia	13.91 NWI
10 Saint Mian Angui	Halifax West	13.93 NWI
11 Paige Gladwin	Bridgewater Jr	14.26 NWI
12 Amelia MacCallum	North Nova E	14.29 NWI
13 Emma Morrison	Margaree Chr	14.48 NWI

14 Alexis Chisholm-Beaton	Strait Area	14.96 NWI
15 Melia Roberts	Malcolm Munr	14.98 NWI
16 Greta Grundmann	Baddeck Acad	15.19 NWI

Girls 100 Meter Dash Intermediate

SSNS: 12.33 2007

Marissa Wolter

Ties: 12.20 1997

Christine Fluery (hand)

Name	School	Finals
1 Fiona Day	Lockview High	13.43 -1.9
2 Isabella Gouthro	Cobequid	13.54 -1.9
3 Hannah Rathman	Cobequid	13.58 -1.9
4 Queen Clayton	Citadel High	13.60 -1.9
5 Grace Ecker	Central Kings	13.80 -1.9
6 Zoe Landry	Dr. J.H. Gillis	13.81 -1.9
7 Ruby Harris	Bayview	13.82 -1.9
8 Tess Bezanson	Middleton Re	13.89 -1.9

Girls 200 Meter Dash Intermediate

SSNS: 25.66 2001

Leanne Huck

Ties: 25.50 1973

Celia Branch (hand)

Name	School	Prelims
1 Queen Clayton	Citadel High	27.62Q-1.2
2 Fiona Day	Lockview High	27.75Q-2.3
3 Ruby Harris	Bayview	27.82Q-1.2
4 Isabella Gouthro	Cobequid	28.21Q-2.3
5 Hannah Rathman	Cobequid	28.02Q-1.2
6 Courtney Taylor	Avon View	28.57Q-2.3
7 Ava Macnutt	Fairview Jr.	28.58q-1.2
8 Benja Witthoff	Cobequid	28.66q-1.2
9 Tess Bezanson	Middleton Re	28.89 -2.3
10 Emma Morrison	Margaree Chr	29.25 -2.3
11 Regan Murphy	Memorial Hig	29.31 -1.2
12 Claire Wile	Avon View	29.41 -1.2
13 Amelia MacCallum	North Nova E	29.57 -2.3
14 Tess Morin	Strait Area	30.20 -1.2
15 Greta Grundmann	Baddeck Acad	31.86 -2.3

Girls 200 Meter Dash Intermediate

SSNS: 25.66 2001

Leanne Huck

Ties: 25.50 1973

Celia Branch (hand)

Name	School	Finals
1 Fiona Day	Lockview High	27.52 -1.4
2 Ruby Harris	Bayview	27.81 -1.4
3 Queen Clayton	Citadel High	27.87 -1.4
4 Isabella Gouthro	Cobequid	28.22 -1.4
5 Hannah Rathman	Cobequid	28.45 -1.4
6 Courtney Taylor	Avon View	28.57 -1.4
7 Ava Macnutt	Fairview Jr.	28.75 -1.4
8 Benja Witthoff	Cobequid	29.02 -1.4

2022 SSNS Provincial T&F Championship
Pioneer Coal Athletic Field
Results

Girls 400 Meter Dash Intermediate

SSNS: 57.24 2003 Jenna Martin

Name	School	Prelims
Preliminaries		
1 Ruby Harris	Bayview	1:00.37Q
2 Maryn Smith	Oxford Regio	1:02.68Q
3 Claire Wile	Avon View	1:03.27Q
4 Hannah Richardson-Macki	Ridgecliff	1:03.61Q
5 Kaitlyn Langille	Lockview High	1:03.99Q
6 Sophia Das	Gorsebrook Jr.	1:05.14Q
7 Emily Clarke	St. Agnes Jr.	1:04.20q
8 Natalee Graven	Hebbsville	1:05.28q
9 Regan Murphy	Memorial Hig	1:05.54
10 Courtney Taylor	Avon View	1:05.63
11 Ella Oakley	Bible Hill	1:06.45
12 Amelia MacCallum	North Nova E	1:06.56
13 Tess Morin	Strait Area	1:07.72
14 Alexandra Benavides	Dr. J.H. Gillis	1:08.19
15 Alexis Chisholm-Beaton	Strait Area	1:08.56
16 Melia Roberts	Malcolm Munr	1:11.56

Girls 400 Meter Dash Intermediate

SSNS: 57.24 2003 Jenna Martin

Name	School	Finals
Finals		
1 Ruby Harris	Bayview	1:00.81
2 Maryn Smith	Oxford Regio	1:03.09
3 Kaitlyn Langille	Lockview High	1:03.49
4 Hannah Richardson-Macki	Ridgecliff	1:03.84
5 Claire Wile	Avon View	1:04.88
6 Emily Clarke	St. Agnes Jr.	1:05.13
7 Sophia Das	Gorsebrook Jr.	1:05.41
8 Natalee Graven	Hebbsville	1:05.95

Girls 800 Meter Run Intermediate

SSNS: 2:12.60 1977 Louise Palmer (hand)

Name	School	Finals
Finals		
1 Abby Lewis	Lockview High	2:14.29
2 Zoe Mosher	Bridgewater Jr	2:23.24
3 Ruby Harris	Bayview	2:25.03
4 Isabella Jennex	Halifax Grammar	2:27.98
5 Poppy Moon	Charles P. Allen	2:28.91
6 Sophia Das	Gorsebrook Jr.	2:32.64
7 Jessica Young	Bible Hill	2:32.93
8 Maya Steele	Park View	2:36.50
9 Makayla Burke	Amherst Regi	2:37.56
10 Ella Oakley	Bible Hill	2:37.88
11 Georgia Williams	Horton High	2:42.77
12 Ava Rogers	Dr. J.H. Gillis	2:45.23
13 Alexis Chisholm-Beaton	Strait Area	2:56.01
14 Olivia Langley	Strait Area	2:57.15

Girls 1500 Meter Run Intermediate

SSNS: 4:31.02 6/3/2022 Abby Lewis

Name	School	Finals
Finals		
1 Abby Lewis	Lockview High	4:31.02
2 Zoe Mosher	Bridgewater Jr	4:46.72
3 Isabella Jennex	Halifax Grammar	5:03.22
4 Sophia Das	Gorsebrook Jr.	5:16.22
5 Jessica Young	Bible Hill	5:17.78
6 Makayla Burke	Amherst Regi	5:29.10
7 Lydia Hebb	Park View	5:30.40
8 Alexandra Benavides	Dr. J.H. Gillis	5:36.21
9 Maya Steele	Park View	5:41.79
10 Georgia Williams	Horton High	5:48.22
11 Julia Murray	Dr. J.H. Gillis	5:50.74
12 Olivia Langley	Strait Area	6:02.95

Girls 3000 Meter Run Intermediate

SSNS: 9:44.38 6/4/2022 Abby Lewis

Name	School	Finals
Finals		
1 Abby Lewis	Lockview High	9:44.38
2 Zoe Mosher	Bridgewater Jr	10:07.99
3 Isabella Jennex	Halifax Grammar	10:56.06
4 Julia Wilkie	Fairview Jr.	11:00.26
5 Alessia Dyer	Gorsebrook Jr.	11:40.17
6 Jessica Young	Bible Hill	11:56.66
7 Lydia Hebb	Park View	12:19.53
8 Emily Connell	Middleton Re	12:42.77
9 Danica Nakpil	Yarmouth Con.	12:45.64
10 Ava Rogers	Dr. J.H. Gillis	12:48.10
11 Olivia Langley	Strait Area	14:02.24
12 Leah McCarron	Dr. J.H. Gillis	14:49.15
13 Felicia Matthews	South Colchester	14:59.91

Girls 80 Meter Hurdles 30" Intermediate

SSNS: 12.45 6/3/2016 Zoe Carvery

Name	School	Prelims
Preliminaries		
1 Benja Witthoff	Cobequid	13.55Q-1.7
2 Maryn Smith	Oxford Regio	13.72Q-2.6
3 Aine O'Neil	Charles P. Allen	13.82Q-2.6
4 Cate Gaudry	Lockview High	14.11Q-1.7
5 Sarah Fischer	South Colchester	14.41Q-1.7
6 Mia Murphy	Cobequid	14.49Q-2.6
7 Emma Pickrem	Oxford School	14.68q-1.7
8 Gabrielle LeBlanc	Middleton Re	14.96q-1.7
9 Emma Sanford	Middleton Re	15.10 -1.7
10 Jeryn Isenor	Forest Heights	15.33 -2.6
11 Abbie Chisholm	Park View	15.68 -2.6
12 Abbey Keeping	Strait Area	16.29 -2.6
13 Greta Grundmann	Baddeck Acad	17.17 -1.7
14 Wren Matheson	Baddeck Acad	17.26 -1.7
15 Tara Cox	Baddeck Acad	17.48 -2.6
--- Kelsey Matheson	Oxford School	DQ -2.6

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Girls 80 Meter Hurdles 30" Intermediate

SSNS: 12.45 6/3/2016 Zoe Carvery

Name	School	Finals
Finals		
1 Mia Murphy	Cobequid	13.30 -3.0
2 Maryn Smith	Oxford Regio	13.39 -3.0
3 Benja Witthoff	Cobequid	13.59 -3.0
4 Aine O'Neil	Charles P. Allen	13.68 -3.0
5 Cate Gaudry	Lockview High	14.15 -3.0
6 Sarah Fischer	South Colchester	14.29 -3.0
7 Emma Pickrem	Oxford School	14.37 -3.0
8 Gabrielle LeBlanc	Middleton Re	14.96 -3.0

Girls 4x100 Meter Relay Intermediate

SSNS: 51.34 6/1/2019 Lockview High School

Team	Relay	Finals
Finals		
1 Cobequid		51.94
2 Halifax Grammar		53.95
3 Lockview High		54.09
4 Bible Hill		54.81
5 Astral Drive		55.18
6 Middleton Regional		55.90
7 Oxford School		56.38
8 Park View		56.52
9 Bluenose Academy		57.39
10 Northeast Kings		57.53
11 Amherst Regional High		58.25
12 Dr. John Hugh Gillis		59.12
13 Baddeck Academy		1:00.37
14 Strait Area		1:01.57

Girls 4x400 Meter Relay Intermediate

SSNS: 4:07.64 2007 Halifax Grammar

Team	Relay	Finals
Finals		
1 Lockview High		4:20.90
2 Charles P. Allen		4:24.63
3 Halifax Grammar		4:30.91
4 Fairview Junior High		4:32.74
5 Avon View High School		4:36.70
6 Cobequid		4:37.13
7 Park View		4:39.55
8 Dr. John Hugh Gillis		4:43.28
9 Amherst Regional High		4:50.11
10 Northeast Kings		4:53.03
11 Bridgewater Jr. High		4:53.07
--- Strait Area		DQ

Girls High Jump Intermediate

SSNS: 1.72m 1986 Tracey Loke

Ties: 1.72m 1986 Natalie Munroe

Name	School	Finals
Finals		
1 Emily Clarke	St. Agnes Jr.	1.55m

2 Vivian Johnson	Halifax Grammar	1.52m
3 Josey Comeau	Digby Region	1.49m
4 Mia Murphy	Cobequid	J1.40m
5 Natalee Graven	Hebbville	J1.40m
6 Cate Gaudry	Lockview High	1.35m
7 Deja Hooper-Dixon	Oxford School	J1.35m
7 Marissa LeBlanc	Amherst Regi	J1.35m
9 Serena Greek	Bluenose Academy	J1.30m
10 Hayden White	Bible Hill	J1.30m
11 Paige Gladwin	Bridgewater Jr	J1.30m
11 Chloe Seewald	Bible Hill	J1.30m
13 Riley Auby	Astral Drive	J1.30m
14 Grace Ecker	Central Kings	J1.25m
14 Regan Murphy	Memorial Hig	J1.25m

Girls Long Jump Intermediate

SSNS: 5.32m 1973

Cecilia Branch

Name	School	Finals
Finals		
1 Mia Murphy	Cobequid	4.87m -1.0
2 Cate Gaudry	Lockview High	4.63m -2.0
3 Nadia Barrington	Cobequid	4.55m -0.8
4 Vivian Johnson	Halifax Grammar	4.44m -2.6
5 Regan Murphy	Memorial Hig	4.41m -1.5
6 Rachel Veale	Horton High	4.40m +0.0
7 Paige Gladwin	Bridgewater Jr	4.39m -2.1
8 Emma Morrison	Margaree Chr	4.30m -3.0
9 Ava Macnutt	Fairview Jr.	4.26m -0.3
10 Sykora Hussey	Amherst Regi	4.11m -0.2
11 Serena Greek	Bluenose Academy	4.04m -0.7
12 Luisa Baltheson	West Kings	4.01m -0.6
13 Deja Hooper-Dixon	Oxford School	3.91m -1.1
13 Abbey Keeping	Strait Area	3.91m -0.8
15 Sarah Fischer	South Colchester	3.80m -1.5
16 Tara Cox	Baddeck Acad	3.62m +0.0

Girls Triple Jump Intermediate

SSNS: 11.19m 6/3/2016

Gabrielle Fraser

Name	School	Finals
Finals		
1 Nadia Barrington	Cobequid	10.35m 2.0
2 Jane Maillet	Northeast Kings	J9.94m 0.5
3 Mia Murphy	Cobequid	J9.94m -0.2
4 Cate Gaudry	Lockview High	9.82m 1.6
5 Paige Gladwin	Bridgewater Jr	9.69m +0.0
6 Ava Macnutt	Fairview Jr.	9.67m -1.6
7 Sykora Hussey	Amherst Regi	9.57m -0.5
8 Rachel Veale	Horton High	9.40m -0.7
9 Feyi Rotimi	Fairview Jr.	9.09m -1.2
10 Kaliegh Oulton	Charles P. Allen	8.97m -0.3
11 Tanuja Khedkar	Bridgewater Jr	8.76m -0.8
12 Regan Murphy	Memorial Hig	8.75m -1.4
13 Tara Cox	Baddeck Acad	8.35m -0.9
14 Ashlin Wolfe	Central Col	8.32m -2.5
--- Abbey Keeping	Strait Area	FOUL

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Girls Shot Put 4kg Intermediate

SSNS: 12.98m 2009

Chelsea Whalen

Name	School	Finals
Finals		
1 Lauren Thistle	Liverpool Region	10.70m
2 Ella Farquharson	Cobequid	9.93m
3 Adalee Speers	Rocky Lake Jr	9.31m
4 Rachel Leggett	Cobequid	8.65m
5 Claire Ross	Northumberla	8.49m
6 Jordin Parsons	Hebbsville	8.35m
7 Nora Porter	Dr. J.H. Gillis	8.31m
8 Ruth O'Regan	Halifax Grammar	7.98m
9 Anna Bezanson	St. Agnes Jr.	7.39m
10 Paige Gladwin	Bridgewater Jr	6.71m
11 Ashlee Crocker	Islands Cons	6.34m
12 Marrissa Rouse	Dalbrae Acad	6.00m

Girls Discus Throw 1kg Intermediate

SSNS: 39.15m 2012

Sarah Colborne

Name	School	Finals
Finals		
1 Jordin Parsons	Hebbsville	28.95m
2 Jorja Barkhouse	Hants East	27.28m
3 Rachel Leggett	Cobequid	26.88m
4 Ruth O'Regan	Halifax Grammar	25.22m
5 Claire Ross	Northumberla	24.42m
6 Heidi Kelmm	Charles P. Allen	23.46m
7 Ally Longmire	Annapolis We	22.06m
8 Feyi Rotimi	Fairview Jr.	21.26m
9 Abigail White	Pictou Acade	18.30m
10 Morgan Dobson	Oyster Pond	17.62m
11 Alyssa Walker	Digby Region	17.25m
12 Anica Lane	West Kings	16.50m
13 Tara Cox	Baddeck Acad	16.34m
14 Emma Morrison	Margaree Chr	16.15m
15 Emma Mackinnon	Baddeck Acad	16.10m

Girls Javelin Throw 500g Intermediate

SSNS: 41.73m 6/4/2016 Madelyn Quinn

Name	School	Finals
Finals		
1 Maria Worden	Cobequid	33.77m
2 Jordin Parsons	Hebbsville	32.52m
3 Dannan Forbes	Cobequid	30.65m
4 Gabrielle LeBlanc	Middleton Re	30.00m
5 Kaitlyn Langille	Lockview High	29.37m
6 Julia McInnis	Fairview Jr.	26.07m
7 Marrissa Rouse	Dalbrae Acad	25.77m
8 Alex Dooley	Northumberla	25.49m
9 Jorja Barkhouse	Hants East	23.00m
10 Danica Nakpil	Yarmouth Con.	22.86m
11 Gabby Vilardi	Rocky Lake Jr	20.12m
12 Ally Longmire	Annapolis We	19.87m
13 Emma Mackinnon	Baddeck Acad	18.86m

Girls 100 Meter Dash Senior

SSNS: 11.91 2006

Jenna Martin

Ties: 11.70 1975

Celia Branch (hand)

Name	School	Prelims
Preliminaries		
1 Madeline Cook	Charles P. Allen	12.88Q0.9
2 Lynn Sheppard	Auburn Drive	13.03Q-1.4
3 Lillian Lawrence	Bridgetown R	13.33Q-1.4
4 Salena MacDonald	Horton High	13.36Q0.9
5 Mairo Ikede	Dartmouth High	13.61Q0.9
6 Marjanah Kalau-Tavormin	Park View	13.64Q-1.4
7 Sophie Thomas	Kings-Edgehill	13.63q 0.9
8 Sarah Brown	North Nova E	13.66q 0.9
9 Clare Glover	Strait Area	13.71 0.9
10 Katelyn Wilton	Charles P. Allen	13.74 -1.4
11 Mya Artibello	Dr. J.H. Gillis	13.91 -1.4
12 Lola Oshikoya	Cobequid	13.92 0.9
13 Kierra MacCallum	Cobequid	13.93 -1.4
14 Julia Mombourquette	Riverview Hi	14.26 0.9
15 Mariah Hervé	Riverview Hi	14.55 -1.4

Girls 100 Meter Dash Senior

SSNS: 11.91 2006

Jenna Martin

Ties: 11.70 1975

Celia Branch (hand)

Name	School	Finals
Finals		
1 Madeline Cook	Charles P. Allen	12.79 -2.4
2 Lynn Sheppard	Auburn Drive	12.80 -2.4
3 Lillian Lawrence	Bridgetown R	13.25 -2.4
4 Salena MacDonald	Horton High	13.40 -2.4
5 Marjanah Kalau-Tavormin	Park View	13.48 -2.4
6 Mairo Ikede	Dartmouth High	13.80 -2.4
7 Sophie Thomas	Kings-Edgehill	13.82 -2.4
8 Sarah Brown	North Nova E	13.98 -2.4

Girls 200 Meter Dash Senior

SSNS: 24.84 2012

Jenn Meech

Name	School	Prelims
Preliminaries		
1 Lynn Sheppard	Auburn Drive	26.76Q-2.8
2 Madeline Cook	Charles P. Allen	27.09Q-1.4
3 Mya Archibald	Lockview High	27.82Q-2.8
4 Rylin Matheson	Auburn Drive	27.84Q-1.4
5 Lillian Lawrence	Bridgetown R	27.88Q-1.4
6 Danielle Cumby	Horton High	28.25Q-2.8
7 Marjanah Kalau-Tavormin	Park View	27.98q-1.4
8 Fayth Payson	Cobequid	28.43q-1.4
9 Maureen O'Connor	Cobequid	28.55 -2.8
10 Margo MacLeod	Northeast Kings	28.83 -2.8
11 Clare Glover	Strait Area	29.05 -2.8
12 Claire LeBlanc	École Nda	29.60 -2.8
13 Brooklyn Darragh	Amherst Regi	29.91 -2.8
14 Olivia Pugsley	Cobequid	30.37 -1.4
15 Mariah Hervé	Riverview Hi	30.85 -1.4

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Girls 200 Meter Dash Senior

SSNS: 24.84 2012

Jenn Meech

Name	School	Finals
Finals		
1 Lynn Sheppard	Auburn Drive	26.73 0.3
2 Mya Archibald	Lockview High	27.16 0.3
3 Madeline Cook	Charles P. Allen	27.24 0.3
4 Rylin Matheson	Auburn Drive	27.55 0.3
5 Lillian Lawrence	Bridgetown R	27.77 0.3
6 Danielle Cumby	Horton High	28.03 0.3
7 Marjanah Kalau-Tavormin	Park View	28.29 0.3
8 Fayth Payson	Cobequid	28.51 0.3

Girls 400 Meter Dash Senior

SSNS: 54.13 2006

Jenna Martin

Name	School	Prelims
Preliminaries		
1 Mya Archibald	Lockview High	1:01.96Q
2 Cara MacDonald	North Nova E	1:03.35Q
3 Bianca Tasinato	Park View	1:03.05Q
4 Chloe Fera	West Kings	1:04.13Q
5 Katherine Sneddon-Simon	Citadel High	1:03.43Q
6 Fayth Payson	Cobequid	1:04.94Q
7 Kierra MacCallum	Cobequid	1:03.98q
8 Claire LeBlanc	École Nda	1:04.94q
9 Emma Hamlyn	Sacred Heart	1:05.45
10 Marjanah Kalau-Tavormin	Park View	1:05.73
11 Margo MacLeod	Northeast Kings	1:05.93
12 Mhyah Allen	Prince Andrew	1:06.00
13 Lienna Storry-Trefry	Cobequid	1:06.82
14 Julia Mombourquette	Riverview Hi	1:09.58

Girls 400 Meter Dash Senior

SSNS: 54.13 2006

Jenna Martin

Name	School	Finals
Finals		
1 Mya Archibald	Lockview High	59.48
2 Cara MacDonald	North Nova E	59.75
3 Katherine Sneddon-Simon	Citadel High	1:03.30
4 Bianca Tasinato	Park View	1:04.16
5 Kierra MacCallum	Cobequid	1:04.50
6 Chloe Fera	West Kings	1:05.70
7 Fayth Payson	Cobequid	1:05.82
8 Claire LeBlanc	École Nda	1:06.75

Girls 800 Meter Run Senior

SSNS: 2:11.58 2019

Maggie Smith

Name	School	Finals
Finals		
1 Ella Bottomley	Riverview Hi	2:20.11
2 Cara MacDonald	North Nova E	2:24.01
3 Bianca Tasinato	Park View	2:25.06
4 Eve Carreau	Cobequid	2:28.17
5 Katherine Sneddon-Simon	Citadel High	2:31.18
6 Tallulah Macneil	Sacred Heart	2:32.31

7 Cayley Lindgreen	Charles P. Allen	2:33.03
8 Ila Gurney	West Kings	2:35.01
9 Claire LeBlanc	École Nda	2:36.85
10 Anne-Sophie Lerudulier	Sommet	2:37.93
11 Maggie Graves	Horton High	2:39.55
12 Sophie Ottens	Park View	2:42.60
13 Reagan Colborne	Amherst Regi	2:59.91

Girls 1500 Meter Run Senior

SSNS: 4:21.94 5/31/2019 Maggie Smith

Name	School	Finals
Finals		
1 Ella Bottomley	Riverview Hi	4:44.15
2 Eve Carreau	Cobequid	4:57.20
3 Bianca Tasinato	Park View	5:02.93
4 Monica Johnston	Lockview High	5:12.18
5 Tallulah Macneil	Sacred Heart	5:12.93
6 Maggie Graves	Horton High	5:16.79
7 Eilidh Cameron	Northumberla	5:19.04
8 Mariah Austen	Dr. J.H. Gillis	5:19.79
9 Claire LeBlanc	École Nda	5:24.22
10 Paris Buchanan	Yarmouth Con.	5:24.73
11 Sophie Duncan	Horton High	5:28.66
12 Anne-Sophie Lerudulier	Sommet	5:30.51
13 Iris Gamble	Halifax West	5:36.34
14 Olivia Bacon	Amherst Regi	6:18.07
15 Pamela Lindsay	Strait Area	6:29.83

Girls 3000 Meter Run Senior

SSNS: 9:26.12 6/1/2019 Maggie Smith

Name	School	Finals
Finals		
1 Ella Bottomley	Riverview Hi	10:30.16
2 Eve Carreau	Cobequid	10:52.55
3 Bianca Tasinato	Park View	11:05.63
4 Eilidh Cameron	Northumberla	11:13.60
5 Tallulah Macneil	Sacred Heart	11:18.07
6 Sophie Duncan	Horton High	11:53.94
7 Paris Buchanan	Yarmouth Con.	12:02.91
8 Dana Avery	West Kings	12:05.65
9 Anne-Sophie Lerudulier	Sommet	12:09.23
10 Jacqueline Moore	École Mosaïque	12:50.86
11 Pamela Lindsay	Strait Area	14:06.91

Girls 100 Meter Hurdles 30" Senior

SSNS: 16.07 6/3/2022 Claire Covert

Name	School	Prelims
Preliminaries		
1 Ella Sobey	Cobequid	16.51Q-0.7
2 Kierra MacCallum	Cobequid	16.63Q-2.8
3 Claire Covert	Halifax West	16.98Q-0.7
4 Marjanah Kalau-Tavormin	Park View	17.42Q-2.8
5 Danielle Cumby	Horton High	17.12Q-0.7
6 Ava Ross	Cape Breton	18.27Q-2.8
7 Jenna Matheson	Citadel High	18.89q-2.8
8 Jaymie Trace	West Kings	18.90q-2.8

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Preliminaries ... (Girls 100 Meter Hurdles 30" Senior)

Name	School	Prelims
9 Karine D'Entremont	Park View	18.97 -0.7
10 Clare Glover	Strait Area	19.12 -0.7
11 Paige Macphee	Cobequid	19.13 -0.7
12 Julie O'Sullivan	Lockview High	19.17 -2.8
13 Abbey Ashton	Charles P. Allen	20.15 -0.7
14 Sophia Maciver	Strait Area	20.44 -0.7

Girls 100 Meter Hurdles 30" Senior

SSNS: 16.07 6/3/2022 Claire Covert

Name	School	Finals
Finals		
1 Claire Covert	Halifax West	16.07 0.2
2 Ella Sobey	Cobequid	16.21 0.2
3 Danielle Cumby	Horton High	16.24 0.2
4 Kierra MacCallum	Cobequid	16.25 0.2
5 Marjanah Kalau-Tavormin	Park View	17.14 0.2
6 Ava Ross	Cape Breton	17.76 0.2
7 Jenna Matheson	Citadel High	17.90 0.2
8 Jaymie Trace	West Kings	18.27 0.2

Girls 4x100 Meter Relay Senior

SSNS: 50.32 2004 CEC

Team	Relay	Finals
Finals		
1 Charles P. Allen		52.05
2 Horton High School		52.25
3 Cobequid		53.04
4 North Nova E		53.29
5 Northeast Kings		53.50
6 Park View		55.18
7 Citadel High		55.19
8 Dartmouth High		55.21
9 West Kings District		55.31
10 Amherst Regional High		56.97
11 Strait Area		57.52
12 Pugwash Dist		1:00.32

Girls 4x400 Meter Relay Senior

SSNS: 4:01.53 2009 Park View

Team	Relay	Finals
Finals		
1 North Nova E		4:17.59
2 Park View		4:22.46
3 Charles P. Allen		4:25.19
4 Cobequid		4:25.97
5 Horton High School		4:30.22
6 Dartmouth High		4:33.57
7 West Kings District		4:39.82
8 Northeast Kings		4:40.61
9 Sacred Heart School		4:46.40
10 Amherst Regional High		4:52.59
11 Pugwash Dist		5:07.12
12 Strait Area		5:34.34

Girls High Jump Senior

SSNS: 1.72m 1983 Linda Ayer

Name	School	Finals
Finals		
1 Jennessa Wolfe	Cobequid	1.66m
2 Mattea Miller	North Nova E	1.60m
3 Mariah Hervé	Riverview Hi	J1.48m
4 Taven Stevenson	Lockview High	J1.48m
5 Hannah Kendall	Middleton Re	J1.40m
5 Danielle Cumby	Horton High	J1.40m
7 Jessica MacDonald	Lockview High	J1.35m
8 Jaiden Ryan	Riverview Hi	J1.30m
9 Amber Salter	Millwood High	J1.25m
--- Anika Huber	Amherst Regi	NH

Girls Long Jump Senior

SSNS: 5.49m 6/3/2017 Denver Fraser

Name	School	Finals
Finals		
1 Mya Archibald	Lockview High	4.95m -2.6
2 Danielle Cumby	Horton High	4.88m -0.9
3 Jennessa Wolfe	Cobequid	4.85m -2.3
4 Lauren Sollows	Islands Cons	4.56m -2.1
5 Haley Angus	Amherst Regi	4.54m -2.4
6 Olivia Keays	Park View	4.42m -0.7
7 Haley MacLellan	Dartmouth High	4.41m -2.8
8 Clare Glover	Strait Area	4.40m -2.4
9 Mariah Hervé	Riverview Hi	4.21m -2.0
10 Maggie Hadskis	Liverpool Region	4.17m -2.5
11 Lila Gechtman	Halifax West	4.10m -2.1
12 Brooklyn Darragh	Amherst Regi	4.06m -2.9
13 Ava Ross	Cape Breton	4.00m -3.0
14 Annabelle Iyoha	Charles P. Allen	3.88m -2.1
15 Hannah Mackinnon	Sydney Acade	3.84m -4.0
16 Paige Macphee	Cobequid	3.75m -4.7

Girls Triple Jump Senior

SSNS: 11.71m 6/1/2018 Gabrielle Fraser

Name	School	Finals
Finals		
1 Jennessa Wolfe	Cobequid	10.23m -2.3
2 Lauren Sollows	Islands Cons	10.08m -2.5
3 Clare Glover	Strait Area	J10.07m +0.0
4 Ava Ross	Cape Breton	J10.07m -1.0
5 Haley Angus	Amherst Regi	10.03m -3.1
6 Jenna Adams	Cobequid	9.99m +0.0
7 Evelyn Ferguson	Park View	9.80m -1.3
8 Sophie Edgar	Horton High	9.70m -3.0
9 Haley MacLellan	Dartmouth High	9.55m -0.5
10 Maggie Hadskis	Liverpool Region	9.33m +0.0
11 Abbey Ashton	Charles P. Allen	8.94m -1.1
12 Jessica MacDonald	Lockview High	8.79m -2.5
13 Serah Quinn	Amherst Regi	8.77m -1.1
14 Mariah Hervé	Riverview Hi	8.40m -3.6
15 Hannah Mackinnon	Sydney Acade	8.16m -1.5

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Girls Shot Put 4kg Senior

SSNS: 13.26m 2010

Chelsea Whalen

Name	School	Finals
Finals		
1 Abisola Oshikoya	Cobequid	9.17m
2 Abby Lundy	Middleton Re	9.12m
3 Madison Denton	South Colchester	8.90m
4 Autumn Atkinson	Bridgetown R	8.60m
5 Annie Maltby	Strait Area	8.50m
6 Sophia Hatt	Park View	8.14m
7 Isabel McEwing	Cobequid	8.13m
8 Sophie Maunder	Halifax West	7.87m
9 Kaye Hart	Cape Breton	7.28m
10 Brooklyn Darragh	Amherst Regi	7.19m
11 Maggie Hadskis	Liverpool Region	7.02m

Girls Discus Throw 1kg Senior

SSNS: 41.92m 2012

Kayla Gallagher

Name	School	Finals
Finals		
1 Sara Scott	Dalbrae Acad	26.95m
2 Jordyn Ferguson	Northumberla	26.88m
3 Abbey Ashton	Charles P. Allen	26.24m
4 Zoe Schwan	Yarmouth Con.	23.62m
5 Maggie Hadskis	Liverpool Region	23.18m
6 Madison Denton	South Colchester	22.50m
7 Annie Maltby	Strait Area	21.64m
8 Léarose Aucoin	École Nda	21.01m
9 Abbey Aucoin	Dartmouth High	19.93m
10 Kaye Hart	Cape Breton	19.91m
11 Isabel McEwing	Cobequid	19.55m
12 Abisola Oshikoya	Cobequid	19.22m
13 Sophie Maunder	Halifax West	17.85m
14 Liv Woloshyn	West Kings	17.83m
15 Sophia Hatt	Park View	16.62m

Girls Javelin Throw 600g Senior

SSNS: 44.20m 2010

Chelsea Whalen

Name	School	Finals
Finals		
1 Julia Konigshofer	Lockview High	38.23m
2 Hailey Tanner	Charles P. Allen	31.23m
3 Taylor Johnson	Park View	30.94m
4 Eve Smith	Annapolis We	28.01m
5 Jordyn Ferguson	Northumberla	27.88m
6 Annie Maltby	Strait Area	27.29m
7 Dani Donkin	Cobequid	27.24m
8 Julia Cameron	Cobequid	23.23m
9 Sophie Maunder	Halifax West	22.34m
10 Keira Dimmell	West Kings	22.15m
11 Lacey Langford	Northumberla	22.03m
12 Ava Ross	Cape Breton	20.86m
13 Georgie Coates	Annapolis We	20.76m
14 Léarose Aucoin	École Nda	19.22m

Girls 100 Meter Dash Supported Junior

Name	School	Finals
Finals		
1 Bella MacKenzie	St. Agnes Jr.	16.93 -1.7
2 Maliah Lucas	Harold T Barrett	19.59 -1.7
3 Lily Gannett	Bicentennial	20.04 -1.7
4 Brooklyn Willis	Astral Drive	20.23 -1.7
5 Nevada Gaval	Bridgetown R	21.29 -1.7
6 Tayla Serino	Berwick	21.67 -1.7
7 Alyssa Brown	Middleton Re	23.22 -1.7
8 Kaylee Acker	Barrington M	23.79 -1.7

Girls Long Jump 3 jumps Supported Junior

Name	School	Finals
Finals		
1 Bella MacKenzie	St. Agnes Jr.	2.19m NWI
2 Nevada Gaval	Bridgetown R	2.16m NWI
3 Ami Barney	Middleton Re	1.67m NWI
4 Tayla Serino	Berwick	1.52m NWI
5 Destiny Kemmis	Middleton Re	1.40m NWI
6 Claire Simms	Madeline Symond	1.34m NWI
7 Jorja Maccullum	Astral Drive	1.14m NWI

Girls Shot Put 3kg-3 throws Supported Junior

Name	School	Finals
Finals		
1 Nevada Gaval	Bridgetown R	4.95m
2 Bella MacKenzie	St. Agnes Jr.	4.86m
3 Ami Barney	Middleton Re	4.64m
4 Rhya Fredericks	Five Bridges Jun	4.42m
5 Sophie Fougere	Gaetzbrook	4.38m
6 Alyssa Brown	Middleton Re	4.05m
7 Gracie Lewis	South Colchester	2.20m

Girls 100 Meter Dash Supported Senior

Name	School	Finals
Finals		
1 Drew Warkentin	J.L. Ilsley	16.86 -1.2
2 Mika Conrad	Liverpool Region	17.58 -1.2
3 Emma Wentzell	Liverpool Region	17.94 -0.2
4 Tatyanna Turner-Gerrior	Cobequid	18.41 -1.2
5 Hailey Smith	Millwood High	18.52 -1.2
6 Emily Mazur	Oxford Regio	18.89 -1.2
7 Montana Wright	South Colchester	19.53 -0.2
8 Braelyn Robichaud	South Colchester	19.68 -0.2

Girls Long Jump 3 jumps Supported Senior

Name	School	Finals
Finals		
1 Chloe Stoddart	Bridgetown R	2.83m NWI
2 Mika Conrad	Liverpool Region	2.81m NWI
3 Emma Wentzell	Liverpool Region	2.74m NWI
4 Hailey Smith	Millwood High	2.66m NWI
5 Tatyanna Turner-Gerrior	Cobequid	2.62m NWI
6 Braelyn Robichaud	South Colchester	2.36m NWI
7 Emily Mazur	Oxford Regio	2.09m NWI

2022 SSNS Provincial T&F Championship

Pioneer Coal Athletic Field

Results

Finals ... (Girls Long Jump 3 jumps Supported Senior)

Name	School	Finals
8 Aiya Peters	Park View	1.88m NWI
9 Molly Conrad	North Nova E	1.59m NWI

Girls Shot Put 3kg-3 throws Supported Senior

Name	School	Finals
Finals		
1 Chloe Stoddart	Bridgetown R	7.31m
2 Montana Wright	South Colchester	6.44m
3 Emma Wentzell	Liverpool Region	6.41m
4 Mika Conrad	Liverpool Region	6.18m
5 Hailey Smith	Millwood High	5.84m
6 Aiya Peters	Park View	5.80m
7 Emily Mazur	Oxford Regio	5.16m
8 Aleshia Knockwood	East Antigonish	4.86m
9 Tatyanna Turner-Gerrior	Cobequid	4.70m
10 Ashley Spicer	Halifax West	4.00m

Girls Shot Put 3kg-3 throws Ambulatory Para Athletes

Name	School	Finals
Finals		
1 Clare Boudreau	Amherst Regi	4.41m

Boys 100 Meter Dash Junior

SSNS: 11.59 2016

Braden Gray

Ties: 11.50 1995

Nick Smith (hand)

Name	School	Prelims
Preliminaries		
1 Ethan Wolfe	Central Col	12.72QNWI
2 Deaglan Nichol	Halifax Central	13.00QNWI
3 Henry Raymond	St. Agnes Jr.	12.92QNWI
4 Colin Legge	South Colchester	13.22QNWI
5 Taylor Demone	Hebville	13.06QNWI
6 Nathan Mulholland	Rocky Lake Jr	13.23QNWI
7 Jack Whitewick	Coldbrook & Dist	13.19q NWI
8 Elliot Todd	Malcolm Munr	13.36q NWI
9 Jackson Sparks	Astral Drive	13.42 NWI
10 Mattieu Deviller	Par-en-Bas	13.68 NWI
11 Aidan Swansburg	Lockeport	13.77 NWI
12 Olan Van Zutphen	Whycocomagh	13.77 NWI
13 Gil Colborne	Redcliffe Middle	13.81 NWI
14 Jimi Day	Pugwash Dist	13.84 NWI
15 Kyle Moore	Malcolm Munr	14.05 NWI

Boys 100 Meter Dash Junior

SSNS: 11.59 2016

Braden Gray

Ties: 11.50 1995

Nick Smith (hand)

Name	School	Finals
Finals		
1 Ethan Wolfe	Central Col	12.45 -1.5
2 Deaglan Nichol	Halifax Central	12.63 -1.5
3 Henry Raymond	St. Agnes Jr.	12.76 -1.5
4 Taylor Demone	Hebville	12.77 -1.5
5 Nathan Mulholland	Rocky Lake Jr	12.85 -1.5
6 Colin Legge	South Colchester	12.94 -1.5

7 Elliot Todd	Malcolm Munr	13.27 -1.5
--- Jack Whitewick	Coldbrook & Dist	DNF -1.5

Boys 200 Meter Dash Junior

SSNS: 24.26 2005

Cameron Veinot

Ties: 24.10 1984

Derek Dempster (hand)

Name	School	Prelims
Preliminaries		
1 Ethan Wolfe	Central Col	25.80Q-2.2
2 Henry Raymond	St. Agnes Jr.	26.72Q-2.1
3 Nathan Larue	Clayton Park Jr.	26.78Q-2.2
4 Wyatt Thurston	A.J. Smeltze	27.31Q-2.1
5 Elliot Todd	Malcolm Munr	27.10Q-2.2
6 David Paul	Tamarac Educ	27.52Q-2.1
7 Taylor Demone	Hebville	27.26q-2.2
8 Aidan Swansburg	Lockeport	27.42q-2.2
9 Sam Stoddart	Bridgetown R	27.58 -2.1
10 Mattieu Deviller	Par-en-Bas	27.75 -2.1
11 Isaac Boudreau	New Glasgow	28.02 -2.1
12 Gil Colborne	Redcliffe Middle	28.18 -2.2
13 Kyle Moore	Malcolm Munr	28.24 -2.1
14 Olan Van Zutphen	Whycocomagh	28.37 -2.2
15 Malky Murphy	Central Col	28.65 -2.2

Boys 200 Meter Dash Junior

SSNS: 24.26 2005

Cameron Veinot

Ties: 24.10 1984

Derek Dempster (hand)

Name	School	Finals
Finals		
1 Ethan Wolfe	Central Col	25.47 -0.7
2 Henry Raymond	St. Agnes Jr.	26.03 -0.7
3 Nathan Larue	Clayton Park Jr.	26.29 -0.7
4 Wyatt Thurston	A.J. Smeltze	26.50 -0.7
5 Elliot Todd	Malcolm Munr	26.63 -0.7
6 David Paul	Tamarac Educ	27.18 -0.7
7 Taylor Demone	Hebville	27.26 -0.7
8 Aidan Swansburg	Lockeport	27.52 -0.7

Boys 400 Meter Dash Junior

SSNS: 53.72 2013

Barrett Dachyshyn

Name	School	Prelims
Preliminaries		
1 Owen MacGillivray	Rocky Lake Jr	58.65Q
2 Connor Amero	Evangeline MS	59.54Q
3 Christopher Sneddon-Simr	Gorsebrook Jr.	1:01.17Q
4 Sam Stoddart	Bridgetown R	1:01.53Q
5 Gavin Beseau	Rive-Sud	1:01.56Q
6 Alfred Lai	Rocky Lake Jr	1:01.68Q
7 Jimi Day	Pugwash Dist	1:01.65q
8 Declan O'Blenis	EB Chandler	1:02.25q
9 Cooper Macneil	Tamarac Educ	1:02.45
10 Edwin Siller	Sacred Heart	1:02.57
11 Noah Ogden	Truro Middle	1:03.43
12 Isaac Boudreau	New Glasgow	1:03.56
13 Navarre Gallant	Bayview	1:04.14
14 Craig Duchesne	Malcolm Munr	1:05.71

2022 SSNS Provincial T&F Championship

Pioneer Coal Athletic Field

Results

Preliminaries ... (Boys 400 Meter Dash Junior)

Name	School	Prelims
15 Sam Trenholm	Bayview Educ	1:05.94
16 Grant Rankin	Bayview Educ	1:06.87

Boys 400 Meter Dash Junior

SSNS: 53.72 2013

Barrett Dachyshyn

Name	School	Finals
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Finals

1 Owen MacGillivray	Rocky Lake Jr	58.10
2 Connor Amero	Evangeline MS	59.24
3 Gavin Beseau	Rive-Sud	1:00.13
4 Jimi Day	Pugwash Dist	1:00.89
5 Alfred Lai	Rocky Lake Jr	1:01.25
6 Christopher Sneddon-Sim	Gorsebrook Jr.	1:01.55
7 Sam Stoddart	Bridgetown R	1:01.94
8 Declan O'Brien	EB Chandler	1:07.34

Boys 800 Meter Run Junior

SSNS: 2:04.93 6/4/2016 Camden Springer

Name	School	Finals
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Finals

1 Connor Amero	Evangeline MS	2:16.80
2 Cohen Hawes	Madeline Symond	2:18.91
3 Christopher Sneddon-Sim	Gorsebrook Jr.	2:19.26
4 David Ackerman	Oxford School	2:20.52
5 Alex Arsenaault	Malcolm Munr	2:22.90
6 Calder MacKenzie	St. Andrew	2:23.86
7 Lucas Stanton	Islands Cons	2:26.87
8 Gavin Beseau	Rive-Sud	2:28.15
9 Thomas Maceachern	École Pomquet	2:30.61
10 Harvey Hadley	Evangeline MS	2:31.73
11 Grant Rankin	Bayview Educ	2:39.28
12 Luke Macdonnell	Tamarac Educ	2:47.97
13 Josh Wood	New Glasgow	3:06.96

Boys 1500 Meter Run Junior

SSNS: 4:19.71 2009

Mike Tate

Name	School	Finals
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Finals

1 Connor Amero	Evangeline MS	4:38.09
2 Cohen Hawes	Madeline Symond	4:41.70
3 Drew Sanderson	Halifax Grammar	4:45.98
4 David Ackerman	Oxford School	4:50.02
5 Calder MacKenzie	St. Andrew	4:52.05
6 Luke MacLean	West Pictou	4:52.22
7 Alex Arsenaault	Malcolm Munr	4:52.38
8 Ewan MacDonald	Ridgecliff	4:52.70
9 Andrew Jones	St. Andrew	5:11.47
10 Josh Wood	New Glasgow	5:13.06
11 Chris Coggins	Maple Grove Ed.	5:13.08
12 Max Barry	Bayview	5:14.07
13 Luke Macdonnell	Tamarac Educ	5:14.54
14 Grant Rankin	Bayview Educ	5:23.28
15 Cash Ryan	Malcolm Munr	5:32.66

Boys 3000 Meter Run Junior

SSNS: 9:15.14 2011

Tobias Wolter

Name	School	Finals
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Finals

1 Connor Amero	Evangeline MS	9:55.43
2 Cohen Hawes	Madeline Symond	10:04.24
3 David Ackerman	Oxford School	10:18.49
4 Evan Ren	Ellenvale Jr.	10:23.12
5 Ewan MacDonald	Ridgecliff	10:24.18
6 Calder MacKenzie	St. Andrew	10:29.14
7 Josh Wood	New Glasgow	10:52.36
8 Alex Arsenaault	Malcolm Munr	10:53.06
9 Sam Stoddart	Bridgetown R	10:54.91
10 Will Tipton	Shelburne Region	11:11.51
11 William Nowe	Bluenose Academ	11:31.74
12 Grant Rankin	Bayview Educ	11:38.57
13 Adrien Rioux	EB Chandler	12:00.36
14 Alex Cook	Redcliffe Middle	12:04.03
15 Gabriel Ritcey	Riverside El	12:50.91

Boys 80 Meter Hurdles 30" Junior

SSNS: 13.18 6/3/2022 Lavell Gray

Name	School	Prelims
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Preliminaries

1 Leo Mont	Rocky Lake Jr	13.43Q-2.5
2 Lavell Gray	Rockingstone	13.43Q-2.0
3 Isaac Boudreau	New Glasgow	13.48Q-2.0
4 Nathan Mulholland	Rocky Lake Jr	14.40Q-2.5
5 Jacoby MacDonald	Rocky Lake Jr	14.31Q-2.0
6 Harvey Hadley	Evangeline MS	14.56Q-2.5
7 Kurtis Harper	Chester Area Mid	14.74q-2.0
8 Aidan Swansburg	Lockeport	14.95q-2.0
9 David Paul	Tamarac Educ	15.47 -2.5
10 Emmett Joudrey	Redcliffe Middle	15.63 -2.5
11 William Langdon	Tamarac Educ	16.12 -2.0
12 Theo McConkey	Bible Hill	16.44 -2.5
13 Coltrane Hughes	Wolfville School	16.86 -2.5
14 Gabe Lorette	Musquodoboit Ru	17.00 -2.5
15 Kyle Levesconte	Bayview Educ	17.59 -2.0

Boys 80 Meter Hurdles 30" Junior

SSNS: 13.18 6/3/2022 Lavell Gray

Name	School	Finals
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Finals

1 Lavell Gray	Rockingstone	13.18 -1.8
2 Leo Mont	Rocky Lake Jr	13.22 -1.8
3 Nathan Mulholland	Rocky Lake Jr	13.63 -1.8
4 Jacoby MacDonald	Rocky Lake Jr	14.23 -1.8
5 Aidan Swansburg	Lockeport	14.53 -1.8
6 Kurtis Harper	Chester Area Mid	14.96 -1.8
7 Harvey Hadley	Evangeline MS	15.64 -1.8
--- Isaac Boudreau	New Glasgow	DQ -1.8

2022 SSNS Provincial T&F Championship

Pioneer Coal Athletic Field

Results

Boys 4x100 Meter Relay Junior

SSNS: 48.40 1990 Astral Drive (hand)

Team	Relay	Finals
Finals		
1 Rocky Lake Jr		50.92
2 Madeline Symonds		52.04
3 Chester Area Mid		52.15
4 Georges P. V		53.34
5 St. Agnes Junior High		53.64
6 Bayview		54.09
7 F.H. MacDona		54.17
8 Central Col		54.44
9 Truro Middle School		54.47
10 EB Chandler		54.48
11 Hebbville Academy		54.98
12 West Hants Mid.		55.70
13 Tamarac Educ		56.01
14 Whycomomagh		1:01.96
15 Baddeck Academy		1:02.13

Boys 4x400 Meter Relay Junior

SSNS: 3:48.10 2013 Halifax Central Junior

Team	Relay	Finals
Finals		
1 Rocky Lake Jr		4:06.47
2 Chester Area Mid		4:18.46
3 Bayview		4:18.71
4 Madeline Symonds		4:19.71
5 St. Agnes Junior High		4:19.93
6 Five Bridges Jun		4:25.59
7 Truro Middle School		4:26.95
8 Tamarac Educ		J4:30.40
9 St. Andrew		J4:30.40
10 West Hants Mid.		4:33.59
11 New Glasgow Academy		4:38.11
12 EB Chandler		4:39.36
13 Whycomomagh		5:23.69
--- Evangeline MS		DQ

Boys High Jump Junior

SSNS: 1.77m 2004 Brandon Mallally

Name	School	Finals
Finals		
1 Donovan Jay	Five Bridges Jun	J1.72m
2 Seth Evans	Chester Area Mid	J1.60m
3 Logan Ferrar Foote	Elizabeth Suther	J1.55m
4 Grady Cogan	Leslie Thomas	J1.55m
5 Keegan Shearer	Bible Hill	J1.50m
5 Noah Bowden	F.H. MacDona	J1.50m
7 Evan Davis	Astral Drive	J1.50m
8 Rhys MacKenzie	Drumlin Heights	J1.45m
9 Kurtis Harper	Chester Area Mid	J1.45m
10 Keigan Lemieux	Pine Ridge Mid.	J1.40m
11 Simon Macphee	Truro Middle	J1.40m
12 Clark Reid	Malcolm Munr	J1.35m

13 Blake White	South Colchester	J1.30m
14 William Langdon	Tamarac Educ	J1.30m
--- Gerard Mattie	Tamarac Educ	NH

Boys Long Jump Junior

SSNS: 5.79m 2012 David MacDonald

Name	School	Finals
Finals		
1 Ethan Wolfe	Central Col	5.26m 4.1
2 Nathan Mulholland	Rocky Lake Jr	5.20m -1.4
3 Seth Evans	Chester Area Mid	5.15m -1.8
4 Olan Van Zutphen	Whycomomagh	4.95m 0.2
5 Parker Poole	Shelburne Region	4.89m -1.6
6 Aaron Metzger	Fairview Jr.	J4.68m -1.0
7 Carter Devine	Barrington M	J4.68m -2.7
8 Taylor Demone	Hebbville	4.47m -1.3
9 Kadin Areny	Elizabeth Suther	4.39m -2.4
10 Jimi Day	Pugwash Dist	4.15m -2.8
11 Cooper Croft	Truro Middle	4.07m -0.5
12 David Paul	Tamarac Educ	4.03m -3.1
13 Kyle Levesconte	Bayview Educ	3.76m -2.4

Boys Triple Jump Junior

SSNS: 12.03m 2012 Kaelan Schmidt

Name	School	Finals
Finals		
1 Seth Evans	Chester Area Mid	11.41m -0.8
2 Ethan Wolfe	Central Col	11.00m -1.5
3 Leo Mont	Rocky Lake Jr	10.23m -1.4
4 Shakib Abdull Wahid	Fairview Jr.	10.19m -1.1
5 Brody Deveau	Annapolis We	9.87m -1.5
6 Carter Devine	Barrington M	9.86m -1.9
7 Sebastien Muise	Madeline Symond	9.78m -1.4
8 Olan Van Zutphen	Whycomomagh	9.74m -0.4
9 Ben Kowalczyk	Halifax Central	9.44m -1.1
10 Jimi Day	Pugwash Dist	9.30m -1.2
11 Cooper Croft	Truro Middle	9.26m -2.1
12 Andrew Heyler	Wolfville School	9.17m -1.6
13 Keegan Keddy	Hebbville	8.89m -1.5
14 Nevin Ingraham-Phillips	Cape Breton	8.85m -0.4
15 Clark Reid	Malcolm Munr	8.52m -0.9
16 Daesean Brown	Truro Middle	8.39m -1.3

Boys Shot Put 4kg Junior

SSNS: 14.37m 6/3/2016 Logan Taylor

Name	School	Finals
Finals		
1 Max Minihan	Malcolm Munr	11.92m
2 Donovan Jay	Five Bridges Jun	11.91m
3 Lowen Hebb	Annapolis We	10.76m
4 Ben Hunley	Sherwood Par	10.55m
5 Tyler Feindel-Sherry	Riverside Ed.	10.44m
6 Kurtis Harper	Chester Area Mid	10.43m
7 Nicklaus Macsween	École Pomquet	10.40m
8 Shakib Abdull Wahid	Fairview Jr.	10.11m
9 Rainan Hawkes	Bridgetown R	9.90m

2022 SSNS Provincial T&F Championship
Pioneer Coal Athletic Field
Results

Finals ... (Boys Shot Put 4kg Junior)

Name	School	Finals
10	Bashir Alobeiydi	Fairview Jr. 9.82m
11	Eric Swinamer	West Hants Mid. 9.59m
12	Austin Brown	Central Col 9.50m
13	John Michael Forrestall	Caledonia 9.38m
14	Kyle Moore	Malcolm Munr 9.30m
15	Oliver Hart	Cape Breton 8.66m
16	Mitchell MacLean	EB Chandler 7.84m

Boys Discus Throw 1kg Junior

SSNS: 46.76m 6/4/2022 Max Minihan

Name	School	Finals
Finals		
1	Max Minihan	Malcolm Munr 46.76m
2	Danny Walters	St. Agnes Jr. 31.84m
3	Lowen Hebb	Annapolis We 29.83m
4	Rainan Hawkes	Bridgetown R 28.15m
5	Corey Sparling	Riverside El 27.52m
6	Nick Toope	Shelburne Region 27.31m
7	Jake Macdonnell	South Colchester 26.24m
8	Tyler Feindel-Sherry	Riverside Ed. 23.26m
9	Shakib Abdull Wahid	Fairview Jr. 20.53m
10	Mitchell MacLean	EB Chandler 18.41m
11	Noah Channing	SackvilleHeights 17.88m

Boys Javelin Throw 600g Junior

SSNS: 45.48m 2015 Michael Adams

Name	School	Finals
Finals		
1	Austin Brown	Central Col 37.87m
2	Ethan Wolfe	Central Col 36.34m
3	Jackson Redden	Hantsport 34.19m
4	Lowen Hebb	Annapolis We 33.65m
5	Nick Toope	Shelburne Region 33.03m
6	Bashir Alobeiydi	Fairview Jr. 31.59m
7	Andrew Rice	St. Agnes Jr. 30.45m
8	Olan Van Zutphen	Whycocomagh 29.95m
9	Brady Mackinnon	Central Col 29.65m
10	Jacob Maquire	Riverside Ed. 29.51m
11	Grayson Cochrane	West Hants Mid. 29.14m
12	Colin Foote	Five Bridges Jun 26.71m
13	Shakib Abdull Wahid	Fairview Jr. 23.17m
14	Keiran Madden	Tamarac Educ 20.16m
15	Logan Evans	Inverness Ed 20.12m

Boys 100 Meter Dash Intermediate

SSNS: 10.50 1998 Patrick Benjamin (hand)

Name	School	Prelims
Preliminaries		
1	Elias Macphee	Park View 11.92Q-1.8
2	Jacob Rhyno	Island View 11.96QNWI
3	Caden Campbell	North Nova E 11.93Q-1.8
4	Anthony Phillips	Sydney Acade 11.97QNWI
5	Garrin Goreham	Barrington M 11.99QNWI
6	Markus Hayden	Cobequid 12.10Q-1.8

7	Liam Legge	Cobequid 12.07q NWI
8	Thomas Barnhill	Cobequid 12.24q NWI
9	Ethan MacLean	Dalbrae Acad 12.28 NWI
10	Folu Adebisi	Halifax Grammar 12.29 NWI
11	Hudson Sollows	Islands Cons 12.42 -1.8
12	Alyre Richardson	Par-en-Bas 12.42 -1.8
13	Tapi Chipudhla	Rocky Lake Jr 12.51 -1.8
14	Josh Hatcher	Strait Area 14.32 NWI

Boys 100 Meter Dash Intermediate

SSNS: 10.50 1998 Patrick Benjamin (hand)

Name	School	Finals
Finals		
1	Jacob Rhyno	Island View 11.70 -1.6
2	Anthony Phillips	Sydney Acade 11.79 -1.6
3	Garrin Goreham	Barrington M 11.90 -1.6
4	Liam Legge	Cobequid 11.95 -1.6
5	Elias Macphee	Park View 11.99 -1.6
6	Caden Campbell	North Nova E 12.05 -1.6
7	Markus Hayden	Cobequid 12.15 -1.6
8	Thomas Barnhill	Cobequid 12.29 -1.6

Boys 200 Meter Dash Intermediate

SSNS: 22.30 1998 Patrick Benjamin (hand)

Name	School	Prelims
Preliminaries		
1	Jacob Rhyno	Island View 24.15Q-1.6
2	Caden Campbell	North Nova E 24.50Q-1.5
3	Anthony Phillips	Sydney Acade 24.72Q-1.6
4	Hudson Sollows	Islands Cons 25.14Q-1.5
5	Thomas Barnhill	Cobequid 24.77Q-1.6
6	Folu Adebisi	Halifax Grammar 25.18Q-1.5
7	Garrin Goreham	Barrington M 24.81q-1.6
8	Ryan Vanderwal	Bridgewater Jr 25.17q-1.6
9	Ethan MacLean	Dalbrae Acad 25.19 -1.5
10	Drew Williams	Cobequid 25.24 -1.6
11	Carter Myatt	Central Col 25.32 -1.5
12	Ryshaun Diggs	Auburn Drive 25.68 -1.6
13	Jacob White	Horton High 25.74 -1.5
14	Josh Hatcher	Strait Area 26.94 -1.6

Boys 200 Meter Dash Intermediate

SSNS: 22.30 1998 Patrick Benjamin (hand)

Name	School	Finals
Finals		
1	Jacob Rhyno	Island View 23.98 0.6
2	Anthony Phillips	Sydney Acade 24.02 0.6
3	Caden Campbell	North Nova E 24.51 0.6
4	Garrin Goreham	Barrington M 24.76 0.6
5	Thomas Barnhill	Cobequid 24.97 0.6
6	Ryan Vanderwal	Bridgewater Jr 25.18 0.6
7	Hudson Sollows	Islands Cons 25.18 0.6
8	Folu Adebisi	Halifax Grammar 26.25 0.6

2022 SSNS Provincial T&F Championship
Pioneer Coal Athletic Field
Results

Boys 400 Meter Dash Intermediate

SSNS: 50.87 2005 Jonathan Campbell

Name	School	Prelims
Preliminaries		
1	Silas Conlin-Morse	Horton High 53.60Q
2	Ryan Vanderwal	Bridgewater Jr 54.56Q
3	Zach White	Halifax Grammar 54.61Q
4	Drew Williams	Cobequid 55.37Q
5	Vincent Armstrong	Kings-Edgehill 55.40Q
6	Brendan Good	Hants East 55.66Q
7	Jace LeBlanc	Bay View Hig 55.88q
8	Alex Quinton	Charles P. Allen 56.03q
9	Daniel Hilt-Rojas	Amherst Regi 56.79
10	Yunshu Zhao	Clayton Park Jr. 57.37
11	Max Parsons	Cobequid 57.81
12	Ethan Hooper	Hebville 59.70
13	Ronan Austin	Dalbrae Acad 1:01.47

Boys 400 Meter Dash Intermediate

SSNS: 50.87 2005 Jonathan Campbell

Name	School	Finals
Finals		
1	Silas Conlin-Morse	Horton High 54.11
2	Zach White	Halifax Grammar 54.47
3	Drew Williams	Cobequid 54.60
4	Ryan Vanderwal	Bridgewater Jr 54.76
5	Vincent Armstrong	Kings-Edgehill 55.96
6	Jace LeBlanc	Bay View Hig 56.78
7	Brendan Good	Hants East 56.83
8	Alex Quinton	Charles P. Allen 58.80

Boys 800 Meter Run Intermediate

SSNS: 1:58.21 2015 Hudson Grimshaw-Surette

Name	School	Finals
Finals		
1	Conlan MacKenzie	Dr. J.H. Gillis 2:03.11
2	Alex Bouchard	Gorsebrook Jr. 2:04.15
3	Michael Vanderwal	Bridgewater Jr 2:08.27
4	Alex Quinton	Charles P. Allen 2:08.49
5	Alex Field	Cobequid 2:10.68
6	Brendan Good	Hants East 2:12.26
7	Timothee Lethuillier	Riverview Hi 2:14.01
8	Vincent Armstrong	Kings-Edgehill 2:14.19
9	Nolan Neville	Sydney Acade 2:15.69
10	Tyler MacLean	Northumberla 2:17.28
11	Luca Jonitz	Annapolis We 2:19.00
12	Alan Fawcett	Citadel High 2:19.89
13	Mason Legere	Par-en-Bas 2:20.53
14	Ciaran MacDonald	Cape Breton 2:25.76
15	Sullivan Nakatsu	Charles P. Allen 2:27.94

Boys 1500 Meter Run Intermediate

SSNS: 3:59.92 2015 Hudson Grimshaw-Surette

Name	School	Finals
Finals		
1	Alex Bouchard	Gorsebrook Jr. 4:11.75
2	Silas Conlin-Morse	Horton High 4:14.99
3	Conlan MacKenzie	Dr. J.H. Gillis 4:15.83
4	Alex Quinton	Charles P. Allen 4:29.47
5	Michael Vanderwal	Bridgewater Jr 4:29.78
6	Jack Sullivan	South Colchester 4:33.15
7	Cohen Norman	Citadel High 4:36.25
8	Luca Jonitz	Annapolis We 4:37.04
9	Tyler MacLean	Northumberla 4:37.90
10	Alex Field	Cobequid 4:39.09
11	Nolan Neville	Sydney Acade 4:39.83
12	Hudson Sollows	Islands Cons 4:48.82
13	Jake Wilcox	J.L. Ilsley 4:49.55
14	Jayden Cameron	Bayview Educ 5:08.51

Boys 3000 Meter Run Intermediate

SSNS: 8:50.61 2015 Andrew Peverill

Name	School	Finals
Finals		
1	Alex Bouchard	Gorsebrook Jr. 9:15.40
2	Conlan MacKenzie	Dr. J.H. Gillis 9:23.52
3	Alex Quinton	Charles P. Allen 9:47.90
4	Cohen Norman	Citadel High 9:48.31
5	Luca Jonitz	Annapolis We 10:00.82
6	Tyler MacLean	Northumberla 10:06.32
7	Brett Murphy	Cobequid 10:10.05
8	Miles Carreau	Cobequid 10:11.58
9	Nolan Neville	Sydney Acade 10:11.66
10	Riley Cuthbert	Eastern Shore 10:19.15
11	Timothee Lethuillier	Riverview Hi 10:34.99
12	Tavish Gerrits	Horton High 10:35.17
13	Achilles Bower	Horton High 10:49.88
14	Anthony Gallant	Park View 11:06.07

Boys 100 Meter Hurdles 33" Intermediate

SSNS: 13.89 6/1/2018 Nick Landry

Name	School	Prelims
Preliminaries		
1	Nelio Ronner	Park View 15.67Q0.5
2	Drew Williams	Cobequid 15.97Q-2.5
3	Brayden Doran	École Acadien 15.75Q0.5
4	Van-Rae Anderson	Charles P. Allen 16.02Q-2.5
5	Elias Macphee	Park View 15.80Q0.5
6	James Martin	École Acadien 16.76Q-2.5
7	Robert Martin	Clayton Park Jr. 15.88q 0.5
8	David Babalola	Dartmouth High 17.17q -2.5
9	Jordan Lefort	Cape Breton 17.18 0.5
10	Jabari Benjamin	Sackville High 17.65 0.5
11	Andrew Lemire	Park View 18.31 -2.5
12	Daniel Small	Oxford Regio 18.40 -2.5
13	Juneau Gealogo	Strait Area 20.52 0.5

2022 SSNS Provincial T&F Championship

Pioneer Coal Athletic Field

Results

Preliminaries ... (Boys 100 Meter Hurdles 33" Intermediate)

Name	School	Prelims
14 Josh Hatcher	Strait Area	21.14 -2.5
--- Dallas Goreham	Barrington M	DQ 0.5

Boys 100 Meter Hurdles 33" Intermediate

SSNS: 13.89 6/1/2018 Nick Landry

Name	School	Finals
Finals		
1 Drew Williams	Cobequid	14.87 -0.7
2 Nelio Ronner	Park View	15.28 -0.7
3 Elias Macphee	Park View	15.41 -0.7
4 Brayden Doran	École Acadien	15.63 -0.7
5 Robert Martin	Clayton Park Jr.	15.70 -0.7
6 Van-Rae Anderson	Charles P. Allen	16.44 -0.7
7 James Martin	École Acadien	16.79 -0.7
8 David Babalola	Dartmouth High	16.82 -0.7

Boys 4x100 Meter Relay Intermediate

SSNS: 45.50 1976 Sackville High (hand)

Team	Relay	Finals
Finals		
1 Cobequid		46.32
2 Amherst Regional High		48.45
3 Rocky Lake Jr		48.55
4 Northeast Kings		49.36
5 Bay View High School		49.55
6 Central Col		49.95
7 Barrington Municipal		50.26
8 Middleton Regional		50.46
9 Horton High School		52.27
10 North Nova E		53.06

Boys 4x400 Meter Relay Intermediate

SSNS: 3:35.40 1984 Prince Andrew (hand)

Team	Relay	Finals
Finals		
1 Cobequid		3:46.01
2 Charles P. Allen		3:48.41
3 Amherst Regional High		3:53.25
4 Park View		3:59.58
5 St. Agnes Junior High		4:02.02
6 Rocky Lake Jr		4:02.64
7 Dr. John Hugh Gillis		4:04.66
8 Northeast Kings		4:04.99
9 Middleton Regional		4:06.78
10 North Nova E		4:09.96
11 Annapolis We		4:11.05

Boys High Jump Intermediate

SSNS: 1.95m 1988 Charles MacKay

Name	School	Finals
Finals		
1 Anthony Phillips	Sydney Acade	1.79m
2 Jordan Lefort	Cape Breton	1.76m
3 Carter Myatt	Central Col	J1.73m

4 Van-Rae Anderson	Charles P. Allen	J1.73m
5 Markus Hayden	Cobequid	J1.65m
5 Ayden Rondeau	Five Bridges Jun	J1.65m
7 Garrett Lane	Musquodoboit Ru	J1.60m
8 Hunter Charleton	Drumlin Heights	J1.60m
9 Wyatt French	Middleton Re	J1.60m
9 Victor Dao	Armbrae	J1.60m
11 Thomas McDonald	Island View	J1.60m
12 Brayden Doran	École Acadien	J1.55m
13 Kingston Choi	Northeast Kings	J1.45m
14 Remi Davidson	Forest Heights	J1.40m

Boys Long Jump Intermediate

SSNS: 6.44m 1997 David Paxton

Name	School	Finals
Finals		
1 Carter Myatt	Central Col	6.33m -1.7
2 Anthony Phillips	Sydney Acade	5.98m -1.4
3 Hudson Sollows	Islands Cons	5.71m -0.2
4 Andrew Mittelstadt	Hants East	5.58m -1.3
5 Luke Colwell	Park View	5.56m -2.1
6 Alex Field	Cobequid	5.32m -2.6
7 Thomas McDonald	Island View	5.20m -1.2
8 Folu Adebisi	Halifax Grammar	5.16m -1.3
9 Kingston Choi	Northeast Kings	5.13m -1.8
10 Josh Hatcher	Strait Area	4.98m -1.5
11 Max Greatorex	Cobequid	4.94m -2.5
12 Van-Rae Anderson	Charles P. Allen	4.81m -4.0
13 Nathan Morrison	Margaree Chr	4.74m -2.7
14 Callum Cogswell	Halifax Central	4.71m -1.0
15 Liam Murphy	Middleton Re	4.69m -4.6
16 Jordan Lefort	Cape Breton	4.37m -1.0

Boys Triple Jump Intermediate

SSNS: 13.82m 1986 Mike Arodugba

Name	School	Finals
Finals		
1 Folu Adebisi	Halifax Grammar	12.21m -0.7
2 Luke Colwell	Park View	11.81m -2.1
3 Max Greatorex	Cobequid	J11.60m +0.0
4 Corey Ross	Oxford School	J11.60m -1.7
5 Oliver Bonnington	Annapolis We	11.27m -1.8
6 Ethan MacLean	Dalbrae Acad	11.00m -2.6
7 Kyros Lloy	Liverpool Region	10.93m -0.7
8 Josh Hatcher	Strait Area	10.64m -1.3
9 Liam Murphy	Middleton Re	10.62m -0.9
10 Alex Field	Cobequid	10.61m -1.5
11 Jabari Benjamin	Sackville High	10.53m -1.9
12 Jace LeBlanc	Bay View Hig	10.41m -1.0
13 Brett Murphy	Cobequid	10.39m -1.6
14 Nathan Morrison	Margaree Chr	10.21m -0.7
15 Tyler MacDonald	Strait Area	9.17m -2.4
--- Markus Hayden	Cobequid	FOUL

2022 SSNS Provincial T&F Championship
Pioneer Coal Athletic Field
Results

Boys Shot Put 5kg Intermediate

SSNS: 14.88m 6/3/2016 Cameron Whynot

Name	School	Finals
Finals		
1 Owen Minihan	Sydney Acade	13.10m
2 Andrew Stanton	Islands Cons	11.53m
3 Caleb Hominik	Cobequid	11.39m
4 Chase Crouse	Park View	11.12m
5 Hudson Sollows	Islands Cons	10.82m
6 Jevon Farmer	Clayton Park Jr.	10.32m
7 Jordan Young	Hants North	9.97m
8 Seth Crowe	Central Col	9.68m
9 Jordan Lefort	Cape Breton	9.55m
10 Gordon Gillis	Cobequid	9.53m
11 Zach White	Halifax Grammar	9.47m
12 Letcher Hebb	Annapolis We	9.42m
13 Chris Brill	Gorsebrook Jr.	8.54m

Boys Discus Throw 1.5kg Intermediate

SSNS: 42.37m 6/2/2018 Duncan McLaughlin

Name	School	Finals
Finals		
1 Owen Minihan	Sydney Acade	41.84m
2 Caleb Hominik	Cobequid	37.31m
3 Letcher Hebb	Annapolis We	28.80m
4 Jordan Keizer	Park View	28.17m
5 Kaj Udby	Rankin Schoo	27.14m
6 Seth Crowe	Central Col	25.11m
7 Noah Giffin	Five Bridges Jun	23.80m
8 Mason Legere	Par-en-Bas	21.58m
9 Gordon Gillis	Cobequid	21.18m
10 Darcy Myers	Amherst Regi	20.90m
11 Noah Cain	Oxford School	20.66m
12 Haden Kennedy	Rose de Vents	17.91m

Boys Javelin Throw 700g Intermediate

SSNS: 54.19m 5/31/2019 Noah Berniquer

Name	School	Finals
Finals		
1 Eli James	Cobequid	49.40m
2 Josh Levy	Pugwash Dist	38.54m
3 Maddox McInnis	Cobequid	38.36m
4 Nolan Williams	Lockeport	35.13m
5 Yusef Ozbek	St. Agnes Jr.	35.10m
6 Trevor Toole	Avon View	34.39m
7 Andrew Stanton	Islands Cons	33.25m
8 Elijah Maccormack	Baddeck Acad	31.37m
9 Carter Myatt	Central Col	31.26m
10 Roy Yeon	Rocky Lake Jr	30.66m
11 Russell MacDonald	Dalbrae Acad	29.14m
12 Thomas McDonald	Island View	29.01m
13 Callum Milne	St. Agnes Jr.	28.47m
14 Tyler Haines	Hebville	27.90m

Boys 100 Meter Dash Senior

SSNS: 10.69 2009

Kyu-Won Cho

Ties: 10.50 1971

Roger Crawley (hand)

Name	School	Prelims
Preliminaries		
1 Jaleel Horton	Yarmouth Con.	11.42Q-3.1
2 Markus Brown-Baker	Amherst Regi	11.75Q-3.7
3 Chandler Zinck-Marier	Park View	11.60Q-3.1
4 Jonah Bucci	Charles P. Allen	11.98Q-3.7
5 Nate Slawter	Auburn Drive	11.78Q-3.1
6 Shomari Matthew	Dr. J.H. Gillis	12.05Q-3.7
7 Brody Davison	Northeast Kings	11.83q-3.1
8 Matthew Mackinnon	Citadel High	12.14q-3.7
9 Luke Legere	Amherst Regi	12.16 -3.1
10 Nolan Cheeseman	Bay View Hig	12.17 -3.1
11 Jonathan Seeton	Cobequid	12.38 -3.7
12 Kasey Probert	Barrington M	12.47 -3.7
13 Trent Williams	Strait Area	12.90 -3.7
14 Brady Macneil	Strait Area	13.35 -3.1

Boys 100 Meter Dash Senior

SSNS: 10.69 2009

Kyu-Won Cho

Ties: 10.50 1971

Roger Crawley (hand)

Name	School	Finals
Finals		
1 Jaleel Horton	Yarmouth Con.	11.37 -2.9
2 Chandler Zinck-Marier	Park View	11.61 -2.9
3 Shomari Matthew	Dr. J.H. Gillis	11.63 -2.9
4 Markus Brown-Baker	Amherst Regi	11.70 -2.9
5 Jonah Bucci	Charles P. Allen	11.87 -2.9
6 Nate Slawter	Auburn Drive	11.87 -2.9
7 Brody Davison	Northeast Kings	11.91 -2.9
8 Matthew Mackinnon	Citadel High	12.09 -2.9

Boys 200 Meter Dash Senior

SSNS: 21.58 2015

Matthew Coolen

Name	School	Prelims
Preliminaries		
1 Chandler Zinck-Marier	Park View	23.89Q-1.8
2 Markus Brown-Baker	Amherst Regi	24.06Q-1.3
3 Nate Slawter	Auburn Drive	24.06Q-1.8
4 Jonah Bucci	Charles P. Allen	24.40Q-1.3
5 Shomari Matthew	Dr. J.H. Gillis	24.40Q-1.3
6 Hayden Agar	River Hebert	24.67Q-1.8
7 Matthew Mackinnon	Citadel High	24.42q-1.3
8 Brody Davison	Northeast Kings	24.54q-1.3
9 Khalil Cain	Auburn Drive	24.77 -1.8
10 Jonathan Seeton	Cobequid	24.82 -1.8
11 Keegan Hall	Park View	24.93 -1.8
12 Ben LeBlanc	Yarmouth Con.	25.09 -1.3
13 Trent Williams	Strait Area	26.19 -1.8

2022 SSNS Provincial T&F Championship

Pioneer Coal Athletic Field

Results

Boys 200 Meter Dash Senior

SSNS: 21.58 2015

Matthew Coolen

Name	School	Finals
Finals		
1 Chandler Zinck-Marier	Park View	23.41 -2.2
2 Markus Brown-Baker	Amherst Regi	23.64 -2.2
3 Shomari Matthew	Dr. J.H. Gillis	23.74 -2.2
4 Brody Davison	Northeast Kings	23.77 -2.2
5 Nate Slawter	Auburn Drive	23.82 -2.2
6 Hayden Agar	River Hebert	23.95 -2.2
7 Jonah Bucci	Charles P. Allen	24.06 -2.2
8 Matthew Mackinnon	Citadel High	24.38 -2.2

Boys 400 Meter Dash Senior

SSNS: 48.49 2015

Mike Van Der Poel

Name	School	Prelims
Preliminaries		
1 Isaac Kennedy	South Colchester	53.82Q
2 Parker Asbridge	Citadel High	54.22Q
3 Kalan Mockler	Horton High	53.85Q
4 Brandon Penny	Glance Bay Hi	54.50Q
5 Oliver Gavel	Prince Andrew	53.90Q
6 Liam Foley	Digby Region	54.75Q
7 Luke Wilson	Citadel High	54.30q
8 Payton Bollivar	Park View	54.42q
9 Matthew Mackinnon	Citadel High	55.03
10 Jonas Talbot	Park View	55.33
11 Teaghan Bourgeois	Hants East	55.41
12 John Adams	Amherst Regi	56.16
13 William Masuku	Amherst Regi	56.17
14 Malakai Deny	Sydney Acade	56.77

Boys 400 Meter Dash Senior

SSNS: 48.49 2015

Mike Van Der Poel

Name	School	Finals
Finals		
1 Parker Asbridge	Citadel High	53.71
2 Liam Foley	Digby Region	54.12
3 Isaac Kennedy	South Colchester	54.12
4 Brandon Penny	Glance Bay Hi	54.27
5 Oliver Gavel	Prince Andrew	54.40
6 Payton Bollivar	Park View	54.65
7 Kalan Mockler	Horton High	54.81
8 Luke Wilson	Citadel High	54.88

Boys 800 Meter Run Senior

SSNS: 1:54.47 2005

Jake Gallagher

Name	School	Finals
Finals		
1 Owen Flemming	Charles P. Allen	2:01.30
2 Brett King	Horton High	2:02.95
3 Mathew Lawton	Charles P. Allen	2:02.99
4 Bailey Wolfe	Cobequid	2:06.95
5 Kalan Mockler	Horton High	2:07.81
6 Brandon Penny	Glance Bay Hi	2:08.25

7 Max Morrison	Citadel High	2:08.83
8 Isaac Kennedy	South Colchester	2:11.08
9 Conrad Robertson	North Nova E	2:11.70
10 Liam Walker	Dr. J.H. Gillis	2:13.61
11 Jon Earle	Sacred Heart	2:14.04
12 Krew Goodwin	Drumlin Heights	2:14.51
13 Logan Poirier	Inverness Ed	2:16.57
14 Gabe Graves	Horton High	2:18.54

Boys 1500 Meter Run Senior

SSNS: 3:54.91 2013

Mike Tate

Name	School	Finals
Finals		
1 Owen Flemming	Charles P. Allen	4:07.47
2 Brett King	Horton High	4:08.74
3 Luke MacDonald	Pictou Acade	4:09.47
4 Mathew Lawton	Charles P. Allen	4:13.79
5 Griffin Gamble	Halifax West	4:15.09
6 Bailey Wolfe	Cobequid	4:26.57
7 Kalan Mockler	Horton High	4:32.68
8 Jon Earle	Sacred Heart	4:32.88
9 Liam Walker	Dr. J.H. Gillis	4:33.09
10 Conrad Robertson	North Nova E	4:35.07
11 Krew Goodwin	Drumlin Heights	4:41.26
12 Gabe Graves	Horton High	4:48.91
13 Ben Madden	Strait Area	5:29.04
14 James Watts	Dalbrae Acad	5:32.58

Boys 3000 Meter Run Senior

SSNS: 8:40.76 6/3/2017 Andrew Peverill

Name	School	Finals
Finals		
1 Luke MacDonald	Pictou Acade	9:00.17
2 Griffin Gamble	Halifax West	9:04.63
3 Owen Flemming	Charles P. Allen	9:10.09
4 Brett King	Horton High	9:16.76
5 Mathew Lawton	Charles P. Allen	9:38.07
6 Jon Earle	Sacred Heart	9:58.46
7 Liam Walker	Dr. J.H. Gillis	9:59.02
8 Bailey Wolfe	Cobequid	10:15.96
9 Dominic Heighton	Dr. J.H. Gillis	10:22.10
10 Owen Fitzgerald	Yarmouth Con.	10:44.25
11 Alex Labrecque	Avon View	10:58.45
12 James Watts	Dalbrae Acad	12:43.35

Boys 110 Meter Hurdles 36" Senior

SSNS: 15.65 6/3/2022 Chandler Zinck-Marier

Name	School	Prelims
Preliminaries		
1 Chandler Zinck-Marier	Park View	15.90Q-1.1
2 Ben LeBlanc	Yarmouth Con.	17.59Q-1.7
3 Ryan Gee	Park View	17.63Q-1.1
4 Callum Chitty	Amherst Regi	18.29Q-1.7
5 Dylan Goodwin	Amherst Regi	17.71Q-1.1
6 Camden Coolen	Forest Heights	18.30Q-1.7
7 Noah Adler	Halifax Grammar	18.63q-1.7

2022 SSNS Provincial T&F Championship

Pioneer Coal Athletic Field

Results

Preliminaries ... (Boys 110 Meter Hurdles 36" Senior)

Name	School	Prelims
8 Mathew Lawton	Charles P. Allen	19.20q -1.1
9 Cameron Reid	Lockview High	20.60 -1.1
10 Morgan Wach	Auburn Drive	20.91 -1.7
11 Grayson Cann	Oxford Regio	22.89 -1.7

Boys 110 Meter Hurdles 36" Senior

SSNS: 15.65 6/3/2022 Chandler Zinck-Marier

Name	School	Finals
Finals		
1 Chandler Zinck-Marier	Park View	15.65 -2.0
2 Ben LeBlanc	Yarmouth Con.	16.56 -2.0
3 Ryan Gee	Park View	17.29 -2.0
4 Dylan Goodwin	Amherst Regi	17.47 -2.0
5 Callum Chitty	Amherst Regi	17.87 -2.0
6 Camden Coolen	Forest Heights	17.93 -2.0
7 Noah Adler	Halifax Grammar	19.46 -2.0
8 Mathew Lawton	Charles P. Allen	20.30 -2.0

Boys 4x100 Meter Relay Senior

SSNS: 43.26 2014 CEC

Team	Relay	Finals
Finals		
1 Auburn Drive		44.69
2 Park View		45.76
3 Cobequid		46.16
4 Citadel High		46.18
5 Amherst Regional High		46.48
6 Northeast Kings		47.34
7 Strait Area		49.31
8 Barrington Municipal		49.46
9 South Colchester		49.48
10 Avon View High School		50.41

Boys 4x400 Meter Relay Senior

SSNS: 3:26.09 2014 CEC

Team	Relay	Finals
Finals		
1 Citadel High		3:40.18
2 Park View		3:41.59
3 Amherst Regional High		3:42.42
4 Cobequid		3:43.88
5 Charles P. Allen		3:44.55
6 Northeast Kings		3:48.98
7 Horton High School		3:51.14
8 South Colchester		3:52.30
9 Barrington Municipal		3:59.73
10 Strait Area		4:15.34

Boys High Jump Senior

SSNS: 2.06m 1981 Tim Wrigley

Name	School	Finals
Finals		
1 Blake Marchand	Strait Area	1.90m
2 Liam Macaulay	Auburn Drive	1.84m

3 James Jeffrey	Cobequid	1.78m
4 Russell Mallaly	Cobequid	J1.70m
5 Marlowe Slawter	Auburn Drive	J1.70m
6 Gavin MacDonald	Park View	J1.70m
7 Joshua Phonchareon	Citadel High	1.65m
8 Cameron Stevens	Kings-Edgehill	J1.65m
9 Spencer Crouse	Park View	1.60m
10 Carter Toole	Avon View	J1.60m
11 William Masuku	Amherst Regi	J1.60m
12 Malakai Deny	Sydney Acade	J1.60m
13 Braden Leadbetter	Cobequid	1.55m
14 Djef Thompson	Citadel High	J1.55m

Boys Long Jump Senior

SSNS: 7.15m 1956 Dave Lucas

Name	School	Finals
Finals		
1 Chandler Zinck-Marier	Park View	6.17m -1.3
2 James Jeffrey	Cobequid	5.88m -1.1
3 Luke Legere	Amherst Regi	5.87m -3.0
4 Tobi Wale-Akinola	Auburn Drive	5.65m -3.6
5 Nate Slawter	Auburn Drive	5.61m -2.6
6 Ignacio Chung	Park View	5.56m -2.8
7 Emmanuel Tabiri	Halifax West	J5.54m -1.0
8 Nate Johnson	Horton High	J5.54m -2.5
9 Brennan Vanvulpen	Amherst Regi	5.43m -2.2
10 Trent Williams	Strait Area	5.23m -2.4
11 Liam Macaulay	Auburn Drive	5.15m -2.6
12 Hayden Agar	River Hebert	4.90m -3.4
--- Silas Willis	Barrington M	FOUL

Boys Triple Jump Senior

SSNS: 14.25m 1964 Howie Jackson

Name	School	Finals
Finals		
1 Luke Legere	Amherst Regi	12.68m -0.7
2 James Jeffrey	Cobequid	12.42m -2.4
3 Elijah Kendrick	Avon View	12.16m -2.1
4 Isaac Crowe	Cobequid	11.74m -1.7
5 Emmanuel Tabiri	Halifax West	11.73m -2.1
6 Ignacio Chung	Park View	11.58m -1.0
7 Spencer Crouse	Park View	11.44m -2.4
8 Zach Albright	West Kings	11.27m -0.2
9 Liam Macaulay	Auburn Drive	10.96m -1.0
10 Djef Thompson	Citadel High	10.90m -2.2
11 Tyler Milner	Amherst Regi	10.89m -0.6
12 Zach Keddy	Bay View Hig	10.26m -2.9
13 Dylan Campbell	Strait Area	10.19m -1.7
14 Brady Macneil	Strait Area	10.00m -1.3
15 Shamus Beaton	Strait Area	9.87m -3.0
16 Alexander Kerr-Shaw	Baddeck Acad	8.75m -0.7

2022 SSNS Provincial T&F Championship

Pioneer Coal Athletic Field

Results

Boys Shot Put 6kg Senior

SSNS: 16.17m 2012

Peter Millman

Name	School	Finals
Finals		
1 Austin Warren	Cobequid	13.01m
2 Rylan Murphy	Charles P. Allen	12.94m
3 Owen Parsons	Park View	11.79m
4 Fergus Porter	Dr. J.H. Gillis	11.61m
5 Wesley Eisnor	Park View	10.84m
6 Seth Channing	Millwood High	10.49m
7 Chandler Campbell	Amherst Regi	10.45m
8 Tyler Milner	Amherst Regi	10.27m
9 Griffin Moore	Islands Cons	9.54m
10 Colin Tracey	Horton High	9.40m
11 Nick MacLellan	Cape Breton	9.37m
12 Dylan Campbell	Strait Area	9.14m

Boys Discus Throw 1.75kg Senior

SSNS: 49.76m 2012

Peter Millman

Name	School	Finals
Finals		
1 Mason Dunlop	Musquodoboit Ru	40.39m
2 Austin Warren	Cobequid	33.15m
3 Rylan Murphy	Charles P. Allen	32.90m
4 Nick MacLellan	Cape Breton	30.94m
5 Colin Tracey	Horton High	30.18m
6 Fergus Porter	Dr. J.H. Gillis	28.79m
7 Seth Channing	Millwood High	28.49m
8 Logan Poirier	Inverness Ed	27.05m
9 Owen Parsons	Park View	26.52m
10 Calder Adams	Middleton Re	25.97m
11 Dylan Campbell	Strait Area	25.06m
12 Alex Osborne	West Kings	20.75m
--- Anickin Bouwens	Amherst Regi	FOUL

Boys Javelin Throw 800g Senior

SSNS: 61.64m 2005

Adam Wolkins

Name	School	Finals
Finals		
1 Cam Weatherbee	Cobequid	44.51m
2 Owen Parsons	Park View	43.55m
3 Ryan Macintyre-Hayes	Strait Area	42.56m
4 Seth Isenor	Hants East	41.96m
5 Russell Mallaly	Cobequid	39.97m
6 Gage Zwicker	Park View	39.96m
7 Quade Shand	Barrington M	39.60m
8 Rylan Harrington	Halifax West	39.49m
9 Devon Chalifoux	West Kings	37.72m
10 Isaac Crowe	Cobequid	35.64m
11 Keifer Schella	Citadel High	30.59m
12 Zach Wincey	Charles P. Allen	29.94m
13 Lukas Marks	J.L. Ilsley	28.33m

Boys 100 Meter Dash Supported Junior

Name	School	Finals
Finals		
1 Triston Lowe	Maple Grove Ed.	15.19 -0.4
2 Jadon Hill	Cobequid	15.26 -0.4
3 Deray Cain-Downey	Graham Creighton	15.33 -0.4
4 Brandon Nelson	Bible Hill	15.61 -0.5
5 Ashton Lowe	Oxford Regio	15.81 -0.4
6 Bryson Hines	Harold T Barrett	16.00 -0.4
7 Braden MacRae	Guysborough Aca	16.09 -0.5
8 Morgan Mosher	Bayview	16.62 -0.4
9 Roy Hubley-Stevens	Sackville High	16.96 -0.4
10 Noah Dunlop	Caledonia	17.15 -0.4
11 Dawson Williams	Chester Area Mid	17.40 -0.5
12 Jason Milbury	Middleton Re	17.46 -0.5
13 Daniel Chang	Bible Hill	19.69 -0.5

Boys Long Jump 3 jumps Supported Junior

Name	School	Finals
Finals		
1 Triston Lowe	Maple Grove Ed.	3.62m NWI
2 Luke MacDonald	Madeline Symond	3.32m NWI
3 Jonathan Assoun-Gritten	Eric Graves Jr.	3.18m NWI
4 Tyler Mackinnon-Mersey	Bayview	3.03m NWI
5 Braden MacRae	Guysborough Aca	2.98m NWI
6 Triston Lucas	Sackville High	2.93m NWI
7 Jadon Hill	Cobequid	2.89m NWI
8 Isaac Almon	Bridgetown R	2.73m NWI
9 Deray Cain-Downey	Graham Creighton	2.50m NWI
9 Brandon Nelson	Bible Hill	2.50m NWI
11 Max Power	Bible Hill	1.73m NWI

Boys Shot Put 4kg-3 throws Supported Junior

Name	School	Finals
Finals		
1 Morgan Mosher	Bayview	9.93m
2 Jadon Hill	Cobequid	9.48m
3 Triston Lucas	Sackville High	8.43m
4 Isaac Almon	Bridgetown R	7.47m
5 Nathan Sonnichsen	Bayview	7.42m
6 Jonathan Assoun-Gritten	Eric Graves Jr.	7.25m
7 Vincent Fitzmorris	Gaetzbrook	6.93m
8 Keegan Smith	Caledonia	6.85m
9 Brandon Nelson	Bible Hill	6.82m
10 Ashton Lowe	Oxford Regio	6.26m
11 Tyler Mackinnon-Mersey	Bayview	5.90m
12 Daniel Chang	Bible Hill	5.57m

Boys 100 Meter Dash Supported Senior

Name	School	Finals
Finals		
1 Logan Barnes	Sackville High	13.79 -1.5
2 Kegan Lahey	Cobequid	14.21 -1.5
3 Denis Turner	Cole Harbour	14.78 1.4
4 Xavier Oderkirk	Cobequid	14.82 -1.5

2022 SSNS Provincial T&F Championship

Pioneer Coal Athletic Field

Results

Finals ... (Boys 100 Meter Dash Supported Senior)

	Name	School	Finals
5	Austin Mills	Cobequid	14.96 1.4
6	Connor Miller	Sackville High	15.09 -1.5
7	Christian Flemming-Ender	Cobequid	15.09 1.4
8	Jack Thornhill	Charles P. Allen	15.16 1.4
9	Kendall Mitchell	Bridgetown R	15.80 -1.5
10	Benoît Poirier	École Nda	16.70 -1.5
11	Matthew McDonnell	Middleton Re	17.06 -1.5
12	Kaidan Angus	Bridgetown R	18.65 1.4

Boys Long Jump 3 jumps Supported Senior

	Name	School	Finals
Finals			
1	Xavier Oderkirk	Cobequid	4.22m NWI
2	Connor Miller	Sackville High	4.18m NWI
3	Kegan Lahey	Cobequid	3.78m NWI
4	Austin Mills	Cobequid	3.71m NWI
5	Christian Flemming-Ender	Cobequid	3.69m NWI
6	Kendall Mitchell	Bridgetown R	3.62m NWI
7	Omar Ezrighi	Prince Andrew	3.36m NWI
8	Matthew McDonnell	Middleton Re	3.13m NWI
9	Kaidan Angus	Bridgetown R	2.60m NWI
10	Logan Barnes	Sackville High	2.53m NWI
10	Benoît Poirier	École Nda	2.53m NWI

Boys Shot Put 4kg-3 throws Supported Senior

	Name	School	Finals
Finals			
1	Dallas Hill	Cobequid	11.20m
2	Omar Ezrighi	Prince Andrew	11.16m
3	Austin Mills	Cobequid	8.43m
4	Denis Turner	Cole Harbour	8.42m
5	Jacob Martin	Halifax West	8.39m
6	Xavier Oderkirk	Cobequid	8.32m
7	Matthew McDonnell	Middleton Re	7.84m
8	Logan Barnes	Sackville High	7.33m
9	Ryan Wilmot-Hanes	Cobequid	7.10m
10	James Bondarenko	Park View	6.59m
11	Riley Poole	Park View	6.50m
12	Benoît Poirier	École Nda	5.60m
13	Kaidan Angus	Bridgetown R	4.92m

Boys 200 Meter Dash Ambulatory Para Athletes

	Name	School	Finals
Finals			
1	Jesse Cleveland	Amherst Regi	1:29.03 NWI

Boys Shot Put 4kg-3 throws Ambulatory Para Athletes

	Name	School	Finals
Finals			
1	Jesse Cleveland	Amherst Regi	2.79m