

**Athletics NS Throws - Club Championships - 2019-03-03****Cougar Dome****Results****Women 14-15 Shot Put**

Name	Year Team	Seed	Finals
Finals			
1 Ferguson, Jordyn	04 Pictou Count		7.41m

**Women 16-17 Shot Put**

Name	Year Team	Seed	Finals
1 Decoff, Keighan	03 Pictou Count	13.59m	12.85m

**Women 18-19 Shot Put**

Name	Year Team	Seed	Finals
1 MacIsaac, Chelsea	01 Truro Lions	10.46m	10.76m

**Women 20-34 Shot Put**

Name	Year Team	Seed	Finals
1 Toba-Oluboka, Temi	98 Dalhousie Tigers	12.19m	11.64m

**Women 45-49 Shot Put**

Name	Year Team	Seed	Finals
1 Simpson, Joyce	73 Pictou Count	5.05m	5.77m

**Women 60-64 Shot Put**

Name	Year Team	Seed	Finals
1 Carty, Anita	58 Pictou Count	6.54m	6.17m

**Women 14-15 Weight Throw**

Name	Year Team	Seed	Finals
1 Ferguson, Jordyn	04 Pictou Count		7.66m

**Women 16-17 Weight Throw**

Name	Year Team	Seed	Finals
1 Decoff, Keighan	03 Pictou Count	12.96m	13.67m

**Women 18-19 Weight Throw**

Name	Year Team	Seed	Finals
1 Reid, Jenna	01 Pictou Count	12.89m	13.23m
2 MacIsaac, Chelsea	01 Truro Lions	11.09m	11.85m

**Athletics NS Throws - Club Championships - 2019-03-03****Cougar Dome****Results****Women 20-34 Weight Throw**

Name	Year Team	Seed	Finals
1 Toba-Oluboka, Temi	98 Dalhousie Tigers	16.22m	14.44m

**Women 45-49 Weight Throw**

Name	Year Team	Seed	Finals
1 Simpson, Joyce	73 Pictou Count	7.06m	6.10m

**Women 60-64 Weight Throw**

Name	Year Team	Seed	Finals
1 Welch, Jo	56 Unattached N	10.12m	9.71m
2 Carty, Anita	58 Pictou Count	8.64m	8.51m

**Men 20-34 Shot Put**

Name	Year Team	Seed	Finals
1 Hendricks, Andre	98 Dalhousie Tigers	15.12m	13.91m
1 Bambrick, David	85 Launchers Athletics		11.52m
2 Burris, Nathan	93 Truro Lions		13.07m

**Men 45-49 Shot Put**

Name	Year Team	Seed	Finals
1 Simpson, Alan	70 Pictou Count	7.07m	8.14m

**Men 50-54 Shot Put**

Name	Year Team	Seed	Finals
1 Joudrie, Kelly	65 Pictou Count		7.38m

**Men 60-64 Shot Put**

Name	Year Team	Seed	Finals
1 Hebb, Brian	57 Truro Lions	11.40m	11.09m
2 Carty, Patrick	55 Pictou Count	6.64m	6.70m

**Men 65-69 Shot Put**

Name	Year Team	Seed	Finals
1 Elliott, Alan	53 Pictou Count	7.20m	7.77m

**Men 70-74 Shot Put**

Name	Year Team	Seed	Finals
1 Fownes, Brock	48 Unattached N	9.06m	8.58m

**Athletics NS Throws - Club Championships - 2019-03-03****Cougar Dome****Results****Men 20-34 Weight Throw**

Name	Year Team	Seed	Finals
1 Burris, Nathan	93 Truro Lions		13.88m

**Men 45-49 Weight Throw**

Name	Year Team	Seed	Finals
1 Simpson, Alan	70 Pictou Count	7.05m	7.11m

**Men 50-54 Weight Throw**

Name	Year Team	Seed	Finals
1 Joudrie, Kelly	65 Pictou Count		7.53m

**Men 60-64 Weight Throw**

Name	Year Team	Seed	Finals
1 Hebb, Brian	57 Truro Lions	13.00m	12.91m
2 Carty, Patrick	55 Pictou Count	6.99m	7.21m

**Men 65-69 Weight Throw**

Name	Year Team	Seed	Finals
1 Elliott, Alan	53 Pictou Count	8.02m	7.61m

**Men 70-74 Weight Throw**

Name	Year Team	Seed	Finals
1 Fownes, Brock	48 Unattached N	3.02m	9.45m