

Athletics NS Club Championships - 2019-03-01 to 2019-03-02**Canada Games Center****Results****Girls 12-13 60 Meter Dash**

Name	Year Team	Seed	Finals	H#
Finals				
1 Gouthro, Isabella	Truro Lions	9.01	8.93	2
2 Barrington, Nadia	Truro Lions	10.00	9.13	1
3 Young, Lillian	Annapolis Co	9.66	9.62	1
-- Wolthausen, Lyla	Halifax Athletics	9.48	DNF	1

Women 14-15 60 Meter Dash

Name	Year Team	Seed	Finals	H#
1 Hall, Maren	Halifax Athletics	9.50	8.32	1
2 Evans, Willa	Truro Lions	8.51	8.46	4
3 Turner, Ava	Truro Lions	8.80	8.76	3
4 Dubé, Sophie	Fredericton	8.70	8.81	3
5 Campbell, Emma	Yhz Track &	9.24	9.26	2

Women 16-17 60 Meter Dash

Name	Year Team	Seed	Finals	H#
1 Poisson, Alexandra	Halifax Athletics	8.49	8.41	5
2 Macneil, Allison	Yhz Track &	8.66	8.68	4
3 Majury, Cate	Liit	8.70	8.69	3
4 MacKenzie, Lian	Chebucto Athletics	9.30	8.95	2
5 McGean, Hannah	Annapolis Co	8.65	8.98	4
6 King, Megan	Yhz Track &	8.80	9.06	2
7 Apa, Caity	Chebucto Athletics	9.20	9.72	2
-- Gaudry, Abbigael	Chebucto Athletics	8.55	DQ	4 rule# 162.6

Women 18-19 60 Meter Dash

Name	Year Team	Seed	Finals	H#
1 MacLeod, Lauren	Pictou Count	8.28	8.37	5
2 Pothier, Jaylin	Halifax Athletics	8.34	8.40	5
3 Alexander, Mira	Truro Lions	8.71	8.82	3

Women 20-34 60 Meter Dash

Name	Year Team	Seed	Finals	H#
1 Macneil, Sarah	Yhz Track &	8.48	8.32	5

Women 12-13 150 Meter Dash

Name	Year Team	Seed	Finals
1 Barrington, Nadia	Truro Lions	25.00	22.26
2 Gouthro, Isabella	Truro Lions	24.01	22.67
3 Young, Lillian	Annapolis Co	24.00	24.47

Athletics NS Club Championships - 2019-03-01 to 2019-03-02**Canada Games Center****Results****Women 14-15 200 Meter Dash**

Name	Year Team	Seed	Finals	H#
1 Evans, Willa	Truro Lions	28.52	28.13	3
2 Covert, Claire	Yhz Track &	29.39	28.91	2
3 Turner, Ava	Truro Lions	29.01	29.60	3
4 Dubé, Sophie	Fredericton	29.58	29.79	2
5 Ferguson, Jordyn	Pictou Count	31.00	30.49	1

Women 16-17 200 Meter Dash

Name	Year Team	Seed	Finals	H#
1 Poisson, Alexandra	Halifax Athletics	27.91	28.01	4
2 Gaudry, Abbigael	Chebucto Athletics	28.13	28.09	4
3 Fergusson, Lauren	Chebucto Athletics	28.37	28.31	4
4 Stubbert, Chloe	Unattached N	28.80	28.73	3
5 Lawrence, Lillian	Annapolis Co	28.61	28.83	3
6 Majury, Cate	Liit	29.99	29.26	1
7 Macneil, Allison	Yhz Track &	28.86	29.54	3
8 King, Megan	Yhz Track &	30.58	29.70	1
9 McGean, Hannah	Annapolis Co	29.10	30.57	2
10 Sweeney, Sierra	Halifax Athletics	30.00	30.62	1

Women 18-19 200 Meter Dash

Name	Year Team	Seed	Finals	H#
1 MacLeod, Lauren	Pictou Count	27.10	28.62	4
2 Pothier, Jaylin	Halifax Athletics	29.22	28.63	2
3 Henneberry, Samantha	Halifax Athletics		28.71	2

Women 20-34 200 Meter Dash

Name	Year Team	Seed	Finals	H#
1 Macneil, Sarah	Yhz Track &	28.50	28.34	3

Women 14-15 300 Meter Dash

Name	Year Team	Seed	Finals
1 Doucette, Sophie	Yhz Track &	59.00	46.08
2 Cameron, Jessa	Unattached N	57.00	47.66
3 Carr-McEachern, Georgia	Yhz Track &	59.00	49.00
4 Ferguson, Jordyn	Pictou Count	52.00	49.81
5 Van Berkel, Sophie	Halifax Athletics		53.32

Women 14-15 400 Meter Dash

Name	Year Team	Seed	Finals	H#
1 MacDonald, Cara	Pictou Count	1:01.51	1:01.42	2
2 Macpherson, Marin	Saint John T		1:10.99	1
3 Gurney, Ila	Annapolis Co		1:12.92	1

Athletics NS Club Championships - 2019-03-01 to 2019-03-02
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Women 16-17 400 Meter Dash

Name	Year Team	Seed	Finals
1 Rafuse, Isis	Bluenose Ath	1:10.00	1:09.79

Women 18-19 400 Meter Dash

Name	Year Team	Seed	Finals	H#
1 Rawding, Claire	Bluenose Ath		1:05.32	2
2 Alexander, Mira	Truro Lions	1:10.33	1:06.50	1
3 Walton, Rachel	Pictou Count	1:10.00	1:08.88	1

Women 20-34 400 Meter Dash

Name	Year Team	Seed	Finals	H#
1 Beaton, Heather	Pictou Count	1:00.00	1:04.45	2
2 Macneil, Sarah	Yhz Track &	1:05.78	1:05.97	2

Women 40-44 400 Meter Dash

Name	Year Team	Seed	Finals
1 Smith, Cheryl	Valley Athletics	1:10.00	1:11.41

Girls 12-13 800 Meter Run

Name	Year Team	Seed	Finals
1 Morrow, Kate	Yhz Track &	3:15.00	2:59.80

Women 14-15 800 Meter Run

Name	Year Team	Seed	Finals	H#
1 MacDonald, Cara	Pictou Count	2:24.47	2:22.65	2
2 Cameron, Emma	Stride Ahead	2:28.59	2:30.71	2
3 Doucette, Sophie	Yhz Track &	2:34.29	2:33.17	2
4 Carr-McEachern, Georgia	Yhz Track &	2:43.00	2:35.84	1
5 Macpherson, Marin	Saint John T	2:48.00	2:45.92	1
6 Gurney, Ila	Annapolis Co	2:50.55	2:58.17	1
7 Van Berkel, Sophie	Halifax Athletics		3:01.01	1

Women 16-17 800 Meter Run

Name	Year Team	Seed	Finals	H#
1 Artibello, Malia	Stride Ahead	2:24.00	2:25.89	2
2 Boucher, Mikayla	Yhz Track &	2:20.00	2:26.32	2
3 Vinther, Anna	Yhz Track &	2:51.25	2:40.09	1
4 Rafuse, Isis	Bluenose Ath	2:30.00	2:47.93	2

Athletics NS Club Championships - 2019-03-01 to 2019-03-02**Canada Games Center****Results****Women 18-19 800 Meter Run**

Name	Year Team	Seed	Finals	H#
1 Trites, Hannah	Saint John T	2:21.75	2:34.73	2
2 Rawding, Claire	Bluenose Ath		2:39.89	2
3 Walton, Rachel	Pictou Count	2:45.00	2:41.94	1
4 MacDonald, Abigail	Yhz Track &	2:52.77	2:54.37	1

Women 20-34 800 Meter Run

Name	Year Team	Seed	Finals	H#
1 Barbour, Courtney	Halifax Road	2:39.00	2:40.57	2

Women 16-17 1500 Meter Run

Name	Year Team	Seed	Finals
1 Sandluck, Allie	Pictou Count	5:08.00	5:05.15
2 Trites, Emily	Saint John T	4:59.50	5:06.83
3 Benoit, Eileen	Valley Athletics	5:00.00	5:14.28

Women 18-19 1500 Meter Run

Name	Year Team	Seed	Finals
1 Burke, Tanna	Yhz Track &	5:05.00	5:19.04
2 Cameron, Gael	Halifast Athletics	5:44.00	6:51.10

Women 14-15 2000 Meter Run

Name	Year Team	Seed	Finals
1 Doucette, Sophie	Yhz Track &	7:40.72	7:27.28
2 Carr-McEachern, Georgia	Yhz Track &	7:50.00	7:51.87

Women 16-17 3000 Meter Run

Name	Year Team	Seed	Finals
1 Sandluck, Allie	Pictou Count	10:35.00	10:41.57
2 Boucher, Mikayla	Yhz Track &	10:44.05	10:59.28
3 Benoit, Eileen	Valley Athletics	11:00.00	11:02.03
4 Vinther, Anna	Yhz Track &	12:49.16	12:27.39
5 Tupper, Payton	Annapolis Co	14:00.00	14:57.22

Women 18-19 3000 Meter Run

Name	Year Team	Seed	Finals
1 Burke, Tanna	Yhz Track &	11:18.00	11:27.64
2 MacDonald, Abigail	Yhz Track &	12:50.83	12:31.08
3 Cameron, Gael	Halifast Athletics	12:44.00	15:27.82

Athletics NS Club Championships - 2019-03-01 to 2019-03-02**Canada Games Center****Results****Women 20-34 3000 Meter Run**

Name	Year Team	Seed	Finals
1 Sandluck, Breanna	Pictou Count	11:14.00	11:05.48

Women 18-19 5000 Meter Run

Name	Year Team	Seed	Finals
1 Walton, Rachel	Pictou Count	22:00.00	22:56.86
2 Baillie, Hannah	Unattached	24:00.00	23:28.90

Women 12-13 60 Meter Hurdles 30"

Name	Year Team	Seed	Finals
1 Young, Lillian	Annapolis Co	12.92	12.59

Women 16-17 60 Meter Hurdles 30"

Name	Year Team	Seed	Finals
1 Gaudry, Abbigael	Chebucto Athletics	9.30	9.37
2 Apa, Caity	Chebucto Athletics	12.76	12.80

Women 18-19 60 Meter Hurdles 33"

Name	Year Team	Seed	Finals
1 Hill, Olivia	Unattached N	1:33.00	9.40
2 Pothier, Jaylin	Halifax Athletics	9.83	9.97

Women 14-15 High Jump

Name	Year Team	Seed	Finals
1 Covert, Claire	Yhz Track &	1.25m	1.30m

Women 16-17 High Jump

Name	Year Team	Seed	Finals
1 Gaudry, Abbigael	Chebucto Athletics	1.55m	1.55m
2 Fergusson, Lauren	Chebucto Athletics	1.40m	1.35m
2 Apa, Caity	Chebucto Athletics	1.49m	1.35m
4 Macneil, Allison	Yhz Track &	1.25m	1.20m

Women 18-19 High Jump

Name	Year Team	Seed	Finals
1 Henneberry, Samantha	Halifax Athletics		1.55m

Athletics NS Club Championships - 2019-03-01 to 2019-03-02**Canada Games Center****Results****Women 14-15 Long Jump**

Name	Year Team	Seed	Finals
1 MacDonald, Cara	Pictou Count	4.52m	4.39m
2 Covert, Claire	Yhz Track &	4.26m	4.27m

Women 16-17 Long Jump

Name	Year Team	Seed	Finals
1 Gaudry, Abbigael	Chebucto Athletics	5.05m	4.94m
2 Fergusson, Lauren	Chebucto Athletics	4.64m	4.28m
3 Apa, Caity	Chebucto Athletics	4.30m	3.68m

Women 18-19 Long Jump

Name	Year Team	Seed	Finals
1 Pothier, Jaylin	Halifax Athletics	4.67m	4.63m
2 O'Leary, Taylor	Valley Athletics	4.75m	4.61m
3 Henneberry, Samantha	Halifax Athletics		4.53m

Women 14-15 Triple Jump

Name	Year Team	Seed	Finals
1 Adams, Jenna	Truro Lions	10.23m	10.01m
2 Covert, Claire	Yhz Track &	9.02m	9.65m

Women 16-17 Triple Jump

Name	Year Team	Seed	Finals
1 Sweeney, Sierra	Halifax Athletics	10.00m	10.02m
2 Stubbart, Chloe	Unattached N	10.39m	9.75m
3 McGean, Hannah	Annapolis Co	9.55m	9.29m

Women 18-19 Triple Jump

Name	Year Team	Seed	Finals
1 O'Leary, Taylor	Valley Athletics	10.24m	9.73m

Girls 5-9 60 Meter Dash Tetrathlon

Name	Year Team	Finals	Points
1 Ballem, Peyton	Yhz Track &	11.00	123
2 Humphreys, Victoria	Yhz Track &	11.19	111
3 Laycock, Emma	Yhz Track &	11.45	95
4 Quinton, Emma	Yhz Track &	12.15	59

Athletics NS Club Championships - 2019-03-01 to 2019-03-02**Canada Games Center****Results****Girls 12-13 60 Meter Dash Tetrathlon**

Name	Year Team	Finals	H#	Points
1 Odell, Braelyn	Yhz Track &	9.54	2	231
2 Fortune, Alyssa	Pictou Count	9.85	2	205
3 Gaudry, Cate	Unattached N	10.29	3	171
4 Cozens, Ella	Yhz Track &	10.37	2	166
5 Morrow, Kate	Yhz Track &	10.39	3	164

Girls 5-9 600 Meter Dash Tetrathlon

Name	Year Team	Finals	Points
1 Quinton, Emma	Yhz Track &	2:26.74	119
2 Ballem, Peyton	Yhz Track &	2:29.97	105
3 Laycock, Emma	Yhz Track &	2:34.24	89
4 Humphreys, Victoria	Yhz Track &	2:35.74	83

Girls 12-13 600 Meter Dash Tetrathlon

Name	Year Team	Finals	H#	Points
1 Odell, Braelyn	Yhz Track &	2:03.27	2	237
2 Morrow, Kate	Yhz Track &	2:08.29	2	208
3 Blondon, Sophie	Yhz Track &	2:11.44	2	191
4 Cozens, Ella	Yhz Track &	2:14.90	2	174
5 Fortune, Alyssa	Pictou Count	2:16.45	1	166
6 Gaudry, Cate	Unattached N	2:18.10	2	158

Girls 5-9 Long Jump Tetrathlon

Name	Year Team	Finals	Points
1 Ballem, Peyton	Yhz Track &	2.66m	118
2 Humphreys, Victoria	Yhz Track &	2.45m	103
3 Laycock, Emma	Yhz Track &	2.43m	102
4 Quinton, Emma	Yhz Track &	2.34m	96

Girls 12-13 Long Jump Tetrathlon

Name	Year Team	Finals	Points
1 Fortune, Alyssa	Pictou Count	3.46m	177
2 Odell, Braelyn	Yhz Track &	3.40m	172
3 Gaudry, Cate	Unattached N	3.18m	156
4 Morrow, Kate	Yhz Track &	3.08m	148
5 Cozens, Ella	Yhz Track &	2.99m	141

Girls 5-9 Shot Put 2kg Tetrathlon

Name	Year Team	Finals	Points
1 Ballem, Peyton	Yhz Track &	3.54m	74
2 Humphreys, Victoria	Yhz Track &	3.07m	58
3 Laycock, Emma	Yhz Track &	2.69m	45
4 Quinton, Emma	Yhz Track &	2.21m	29

Athletics NS Club Championships - 2019-03-01 to 2019-03-02**Canada Games Center****Results****Girls 12-13 Shot Put 2kg Tetrathlon**

Name	Year Team	Finals	Points
1 Odell, Braelyn	Yhz Track &	6.92m	193
2 Gaudry, Cate	Unattached N	6.24m	169
3 Fortune, Alyssa	Pictou Count	5.68m	149
4 Morrow, Kate	Yhz Track &	5.65m	148
5 Cozens, Ella	Yhz Track &	4.25m	98

Girls 5-9 Tetrathlon

Name	Year Team	Seed	Finals
1 Ballem, Peyton	Yhz Track &	300	420
2 Humphreys, Victoria	Yhz Track &	282	355
3 Laycock, Emma	Yhz Track &	300	331
4 Quinton, Emma	Yhz Track &	230	303

Girls 12-13 Tetrathlon

Name	Year Team	Seed	Finals
1 Odell, Braelyn	Yhz Track &	300	833
2 Fortune, Alyssa	Pictou Count	1	697
3 Morrow, Kate	Yhz Track &	564	668
4 Gaudry, Cate	Unattached N	613	654
5 Cozens, Ella	Yhz Track &	476	579

Men 12-13 60 Meter Dash

Name	Year Team	Seed	Finals
1 Barnett, Brydon	Halifast Athletics	9.17	9.07
2 Gurney, Emerson	Annapolis Co	9.60	9.86

Men 14-15 60 Meter Dash

Name	Year Team	Seed	Finals	H#
1 Conrad, Austin	Halifast Athletics	7.86	7.84	3
2 Bates, Alexander	Pictou Count	8.50	8.15	2
3 Fardy, David	Halifast Athletics	8.60	8.32	2
4 Gerrior, Dylan	Halifast Athletics	8.55	8.58	2
5 Dedekhani, Youssef	Pictou Count	9.00	8.84	1

Men 16-17 60 Meter Dash

Name	Year Team	Seed	Finals	H#
1 Taylor, John Luke	Pictou Count	7.44	7.40	4
2 Dowell, James	Chebucto Athletics	7.45	7.52	3
3 Smith, Jeffrey	Halifast Athletics	7.80	7.73	3
4 Zhou, Michael	Truro Lions	8.04	7.94	3
5 Morrison, Kyle	Halifast Athletics	8.36	8.30	2
6 Horne, Joseph	Chebucto Athletics	8.60	8.30	1

Athletics NS Club Championships - 2019-03-01 to 2019-03-02**Canada Games Center****Results****Men 18-19 60 Meter Dash**

Name	Year Team	Seed	Finals	H#
1 Williams, Jaiden	Halifax Athletics	7.21	7.39	4

Men 20-34 60 Meter Dash

Name	Year Team	Seed	Finals	H#
1 Harrison, Braden	Fredericton	7.12	7.09	4
2 Belyea, Stephen	Liit	7.30	7.33	4
3 Fader, Jack	St. Mary's Huskies	7.78	7.98	3

Men 35-39 60 Meter Dash

Name	Year Team	Seed	Finals	H#
1 Bouloum, Yassine	Halifax Athletics	7.96	7.91	5
2 Stewart, Jason	Halifax Athletics	8.57	8.64	5

Men 40-44 60 Meter Dash

Name	Year Team	Seed	Finals	H#
1 Smith, Troy	Valley Athletics	8.48	9.48	5

Men 55-59 60 Meter Dash

Name	Year Team	Seed	Finals	H#
1 Lord, Peter	Liit	7.92	7.99	5

Men 70-74 60 Meter Dash

Name	Year Team	Seed	Finals	H#
1 Fownes, Brock	Unattached N	9.80	10.55	5

Men 12-13 150 Meter Dash

Name	Year Team	Seed	Finals
1 Barnett, Brydon	Halifax Athletics	22.41	22.65
2 Gurney, Emerson	Annapolis Co	23.00	24.11
3 MacLean, Tyler	Pictou Count	27.05	26.65

Men 14-15 200 Meter Dash

Name	Year Team	Seed	Finals	H#
1 Conrad, Austin	Halifax Athletics	26.90	26.03	2
2 Bates, Alexander	Pictou Count	27.70	26.76	2
3 Fardy, David	Halifax Athletics	26.60	27.99	2
4 Dedekhani, Youssef	Pictou Count	30.00	28.81	1
5 Gerrior, Dylan	Halifax Athletics	31.42	30.36	1

Athletics NS Club Championships - 2019-03-01 to 2019-03-02**Canada Games Center****Results****Men 16-17 200 Meter Dash**

Name	Year Team	Seed	Finals	H#
1 Taylor, John Luke	Pictou Count	24.22	24.27	3
2 Smith, Jeffrey	Halifax Athletics	26.50	25.66	2
3 Zhou, Michael	Truro Lions	27.70	26.49	1
4 Morrison, Kyle	Halifax Athletics	28.69	27.59	1
5 Horne, Joseph	Chebucto Athletics	28.03	28.24	1

Men 18-19 200 Meter Dash

Name	Year Team	Seed	Finals	H#
1 Lord, Daniel	Valley Athletics	23.00	23.60	3
2 Stover, Sacha	Yhz Track &	24.39	24.06	3

Men 20-34 200 Meter Dash

Name	Year Team	Seed	Finals	H#
1 Harrison, Braden	Fredericton	21.84	22.93	3
2 Belyea, Stephen	Liit	23.00	23.32	3

Men 14-15 300 Meter Dash

Name	Year Team	Seed	Finals
1 Flemming, Owen	Yhz Track &	47.00	44.88
2 Quinton, Alex	Yhz Track &	48.00	47.41
3 Elliott, Liam	Yhz Track &	50.00	47.71
4 Eastwood, Ezra	Yhz Track &	50.00	48.40

Men 16-17 400 Meter Dash

Name	Year Team	Seed	Finals
1 Zhou, Michael	Truro Lions	1:05.56	1:00.88

Men 18-19 400 Meter Dash

Name	Year Team	Seed	Finals
1 Thorne, Craig	Saint John T	52.90	53.29
2 Landry, Nick	Bluenose Ath	53.50	53.33
3 Cameron, Duncan	Pictou Count	53.75	59.72

Men 20-34 400 Meter Dash

Name	Year Team	Seed	Finals
1 Smith, Kyle	Halifax Athletics	52.50	52.37

Athletics NS Club Championships - 2019-03-01 to 2019-03-02
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Men 12-13 800 Meter Run

Name	Year Team	Seed	Finals
1 Higdon, Cole	Annapolis Co	2:46.68	2:44.03
2 MacLean, Tyler	Pictou Count	2:55.00	2:56.47

Men 14-15 800 Meter Run

Name	Year Team	Seed	Finals	H#
1 Flemming, Owen	Yhz Track &	2:18.20	2:14.55	2
2 Eastwood, Ezra	Yhz Track &	2:22.15	2:23.34	2
3 Robertson, Conrad	Pictou Count	2:33.69	2:32.49	1

Men 16-17 800 Meter Run

Name	Year Team	Seed	Finals	H#
1 James, Zachary	Valley Athletics	2:04.43	2:05.97	2
2 Langille, Jack	Halifast Athletics	2:06.00	2:07.03	2

Men 18-19 800 Meter Run

Name	Year Team	Seed	Finals	H#
1 Cameron, Duncan	Pictou Count	2:10.00	2:32.61	2

Men 20-34 800 Meter Run

Name	Year Team	Seed	Finals
1 Ackerman, David	Yhz Track &	2:55.00	2:56.61
2 Quinton, Jack	Yhz Track &	2:55.00	2:56.81

Men 12-13 1200 Meter Run

Name	Year Team	Seed	Finals
1 Higdon, Cole	Annapolis Co	4:21.60	4:22.54
2 MacLean, Tyler	Pictou Count	4:35.00	4:33.35

Men 14-15 1200 Meter Run

Name	Year Team	Seed	Finals
1 Robertson, Conrad	Pictou Count	4:04.69	3:57.26
2 Johnstone, Logan	Truro Lions	4:04.00	3:58.40
3 Baard, Douglas	Yhz Track &	4:02.90	4:00.26

Men 16-17 1500 Meter Run

Name	Year Team	Seed	Finals	H#
1 Good, Ben	Chebucto Athletics	4:29.00	4:25.61	2
2 MacDonald, Ethan	Pictou Count	4:28.68	4:30.86	2
3 Burnham, Colby	Truro Lions	5:22.00	5:23.44	1

Athletics NS Club Championships - 2019-03-01 to 2019-03-02
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Men 18-19 1500 Meter Run

Name	Year Team	Seed	Finals	H#
1 Watts, William	Valley Athletics	4:28.31	4:23.10	2
2 Simpson, Raymond	Pictou Count	4:25.00	4:41.13	2
3 Spearns, Jackie	Yhz Track &	5:05.00	4:51.20	1

Men 45-49 1500 Meter Run

Name	Year Team	Seed	Finals
1 Baard, Tertius	Yhz Track &	5:58.80	5:51.96

Men 60-64 1500 Meter Run

Name	Year Team	Seed	Finals	H#
1 Quinton, Alex	Yhz Track &	4:49.00	4:47.72	1
2 O'Connor, Yale	Halifax Athletics	4:39.47	4:55.12	2
3 Elliott, Liam	Yhz Track &	5:15.00	5:05.63	1

Men 12-13 2000 Meter Run

Name	Year Team	Seed	Finals
1 Quinton, Alex	Yhz Track &	6:40.00	6:42.86

Men 14-15 2000 Meter Run

Name	Year Team	Seed	Finals
1 Flemming, Owen	Yhz Track &	6:38.82	6:31.25
2 Johnstone, Logan	Truro Lions	7:05.00	6:59.75
3 Elliott, Liam	Yhz Track &	7:24.68	7:05.81

Men 16-17 3000 Meter Run

Name	Year Team	Seed	Finals
1 Deputter, Andrew	Valley Athletics	9:40.00	9:25.46
2 Cadrain, Samuel	Valley Athletics	9:28.20	9:27.78
3 MacDonald, Ethan	Pictou Count	9:30.39	9:36.69

Men 18-19 3000 Meter Run

Name	Year Team	Seed	Finals
1 Spearns, Jackie	Yhz Track &	11:16.60	10:59.52

Men 20-34 3000 Meter Run

Name	Year Team	Seed	Finals
1 Smith, Kyle	Halifax Athletics	8:50.00	8:53.78
2 Shankel, Jonah	St. Francis	9:00.00	9:34.27
3 Eastwood, Ezra	Yhz Track &	10:50.00	10:19.96

Athletics NS Club Championships - 2019-03-01 to 2019-03-02**Canada Games Center****Results****...Men 20-34 3000 Meter Run**

-- MacLellan, Paul	St. Francis	8:58.00	DNF
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Men 20-34 5000 Meter Run

Name	Year Team	Seed	Finals
1 Mueller, Matthias	Halifax Road	16:30.00	16:20.86
2 Bergeron, Michael	Halifax Road	16:30.00	16:27.19

Men 35-39 5000 Meter Run

Name	Year Team	Seed	Finals
1 Young, Justin	Fredericton	17:36.00	16:58.36

Men 14-15 60 Meter Hurdles 33"

Name	Year Team	Seed	Finals
1 Conrad, Austin	Halifast Athletics	9.26	9.10

Men 18-19 60 Meter Hurdles 39"

Name	Year Team	Seed	Finals
1 Thorne, Craig	Saint John T	8.30	8.15
2 Landry, Nick	Bluenose Ath	8.50	8.32
3 Stover, Sacha	Yhz Track &	9.06	8.91

Men 12-13 High Jump

Name	Year Team	Seed	Finals
1 Apa, Derek	Chebucto Athletics	1.25m	1.25m

Men 14-15 High Jump

Name	Year Team	Seed	Finals
1 Bates, Alexander	Pictou Count	1.77m	1.70m

Men 16-17 High Jump

Name	Year Team	Seed	Finals
1 Marshall, Braden	Chebucto Athletics	1.55m	1.45m
2 Joudrie, Cole	Pictou Count	1.35m	1.35m
3 MacDonald, Ethan	Pictou Count	1.50m	1.15m

Men 18-19 High Jump

Name	Year Team	Seed	Finals
1 Seidel, Merrick	Yhz Track &	1.50m	1.55m

Athletics NS Club Championships - 2019-03-01 to 2019-03-02**Canada Games Center****Results****Men 20-34 High Jump**

Name	Year Team	Seed	Finals
1 Fader, Jack	St. Mary's Huskies	1.82m	1.86m

Men 14-15 Long Jump

Name	Year Team	Seed	Finals
1 Conrad, Austin	Halifax Athletics	5.62m	5.42m
2 Slawter, Nathaniel	Halifax Athletics	5.00m	5.24m
3 Dedekhani, Youssef	Pictou Count	3.00m	3.50m

Men 16-17 Long Jump

Name	Year Team	Seed	Finals
1 Marshall, Braden	Chebucto Athletics	5.01m	5.05m
2 Horne, Joseph	Chebucto Athletics	4.64m	4.71m
3 Joudrie, Cole	Pictou Count	4.01m	4.32m

Men 18-19 Long Jump

Name	Year Team	Seed	Finals
1 Williamson, Robert	Valley Athletics	6.06m	5.96m
2 Cameron, Duncan	Pictou Count	5.25m	5.15m

Men 20-34 Long Jump

Name	Year Team	Seed	Finals
1 Belyea, Stephen	Liit	7.00m	6.62m

Men 40-44 Long Jump

Name	Year Team	Seed	Finals
1 Huytungco, Ray	Unattached N	5.00m	5.18m

Men 70-74 Long Jump

Name	Year Team	Seed	Finals
1 Fownes, Brock	Unattached N	2.89m	3.11m

Men 16-17 Triple Jump

Name	Year Team	Seed	Finals
1 Horne, Joseph	Chebucto Athletics	10.20m	9.55m

Athletics NS Club Championships - 2019-03-01 to 2019-03-02**Canada Games Center****Results****Men 18-19 Triple Jump**

Name	Year Team	Seed	Finals
1 Williamson, Robert	Valley Athletics	12.50m	12.36m

Men 5-9 60 Meter Dash Tetrathlon

Name	Year Team	Finals	H#	Points
1 Odell, Carter	Yhz Track &	10.55	1	153
2 Fortune, Daniel	Pictou Count	11.24	4	108
3 Young, Griffin	Annapolis Co	11.91	3	71

Men 10-11 60 Meter Dash Tetrathlon

Name	Year Team	Finals	H#	Points
1 Boudreau, Isaac	Pictou Count	9.91	1	201
2 Meier, Silas	Pictou Count	10.05	3	190
3 Ackerman, David	Yhz Track &	10.26	4	174
4 Shehata, Zain	Annapolis Co	10.32	4	169
5 MacLean, Luke	Pictou Count	10.60	2	149
6 Quinton, Jack	Yhz Track &	10.68	4	144
7 Dedekhani, Ibrahim	Pictou Count	12.41	1	48

Men 12-13 60 Meter Dash Tetrathlon

Name	Year Team	Finals	H#	Points
1 Apa, Derek	Chebucto Athletics	9.63	2	223
2 Saunders, Liam	Yhz Track &	10.04	1	190

Men 5-9 600 Meter Dash Tetrathlon

Name	Year Team	Finals	Points
1 Odell, Carter	Yhz Track &	2:07.36	214
2 Fortune, Daniel	Pictou Count	2:40.41	67
3 Marshall, Corwinn	Yhz Track &	2:45.36	52
4 Young, Griffin	Annapolis Co	2:49.83	40

Men 10-11 600 Meter Dash Tetrathlon

Name	Year Team	Finals	H#	Points
1 Ackerman, David	Yhz Track &	2:03.72	2	234
2 Quinton, Jack	Yhz Track &	2:04.76	2	228
3 Meier, Silas	Pictou Count	2:04.77	2	228
4 MacLean, Luke	Pictou Count	2:13.19	1	182
5 Shehata, Zain	Annapolis Co	2:20.96	2	144
6 Boudreau, Isaac	Pictou Count	2:23.73	2	132
7 Dedekhani, Ibrahim	Pictou Count	2:58.32	1	21

Athletics NS Club Championships - 2019-03-01 to 2019-03-02**Canada Games Center****Results****Men 12-13 600 Meter Dash Tetrathlon**

Name	Year Team	Finals	H#	Points
1 Apa, Derek	Chebucto Athletics	2:13.81	2	179
2 Saunders, Liam	Yhz Track &	2:14.80	2	174

Men 5-9 Long Jump Tetrathlon

Name	Year Team	Finals	Points
1 Odell, Carter	Yhz Track &	2.95m	138
2 Marshall, Corwinn	Yhz Track &	2.32m	95
3 Young, Griffin	Annapolis Co	2.22m	88
4 Fortune, Daniel	Pictou Count	2.05m	78

Men 10-11 Long Jump Tetrathlon

Name	Year Team	Finals	Points
1 Boudreau, Isaac	Pictou Count	3.46m	177
2 Ackerman, David	Yhz Track &	3.44m	176
3 MacLean, Luke	Pictou Count	3.38m	171
4 Meier, Silas	Pictou Count	3.31m	165
5 Shehata, Zain	Annapolis Co	3.15m	153
6 Quinton, Jack	Yhz Track &	2.88m	133
7 Dedekhani, Ibrahim	Pictou Count	2.19m	86

Men 12-13 Long Jump Tetrathlon

Name	Year Team	Finals	Points
1 Apa, Derek	Chebucto Athletics	3.73m	199
2 Saunders, Liam	Yhz Track &	3.48m	179

Men 5-9 Shot Put 2kg Tetrathlon

Name	Year Team	Finals	Points
1 Young, Griffin	Annapolis Co	4.36m	102
2 Odell, Carter	Yhz Track &	4.00m	90
3 Marshall, Corwinn	Yhz Track &	3.78m	82
4 Fortune, Daniel	Pictou Count	3.16m	61

Men 10-11 Shot Put 2kg Tetrathlon

Name	Year Team	Finals	Points
1 Meier, Silas	Pictou Count	7.00m	196
2 Boudreau, Isaac	Pictou Count	6.42m	175
3 Ackerman, David	Yhz Track &	6.26m	169
4 MacLean, Luke	Pictou Count	5.14m	130
5 Quinton, Jack	Yhz Track &	4.88m	120
6 Shehata, Zain	Annapolis Co	3.67m	78
7 Dedekhani, Ibrahim	Pictou Count	3.53m	73

Athletics NS Club Championships - 2019-03-01 to 2019-03-02**Canada Games Center****Results****Men 12-13 Shot Put 2kg Tetrathlon**

Name	Year Team	Finals	Points
1 Saunders, Liam	Yhz Track &	7.99m	232
2 Apa, Derek	Chebucto Athletics	7.01m	196

Men 5-9 Tetrathlon

Name	Year Team	Seed	Finals
1 Odell, Carter	Yhz Track &	300	595
2 Fortune, Daniel	Pictou Count	1	314
3 Young, Griffin	Annapolis Co	100	301

Men 10-11 Tetrathlon

Name	Year Team	Seed	Finals
1 Meier, Silas	Pictou Count	650	779
2 Ackerman, David	Yhz Track &	733	753
3 Boudreau, Isaac	Pictou Count	687	685
4 MacLean, Luke	Pictou Count	631	632
5 Quinton, Jack	Yhz Track &	658	625
6 Shehata, Zain	Annapolis Co	100	544
7 Dedekhani, Ibrahim	Pictou Count	4	228

Men 12-13 Tetrathlon

Name	Year Team	Seed	Finals
1 Apa, Derek	Chebucto Athletics	10	797
2 Saunders, Liam	Yhz Track &	898	775

Men 35-39 200 Meter Dash

Name	Year Team	Seed	Finals
1 Bouloum, Yassine	Halifast Athletics	25.89	25.29

Men 40-44 200 Meter Dash

Name	Year Team	Seed	Finals
1 Smith, Troy	Valley Athletics	33.00	33.52

Men 55-59 200 Meter Dash

Name	Year Team	Seed	Finals
1 Lord, Peter	Liit	27.30	27.17

Women 60-64 200 Meter Dash

Name	Year Team	Seed	Finals
1 Welch, Jo	Unattached N	35.77	35.80

Athletics NS Club Championships - 2019-03-01 to 2019-03-02
Canada Games Center
Results

Men 70-74 200 Meter Dash

Name	Year Team	Seed	Finals
1 Fownes, Brock	Unattached N	45.36	44.72

Men 35-39 800 Meter Run

Name	Year Team	Seed	Finals
1 Young, Justin	Fredericton	2:27.00	2:22.08

Men 40-44 800 Meter Run

Name	Year Team	Seed	Finals
1 Ackerman, Michael	Yhz Track &	2:35.00	2:34.62
2 Eastwood, Peter	Yhz Track &	2:43.83	2:50.65

Women 40-44 800 Meter Run

Name	Year Team	Seed	Finals
1 Smith, Cheryl	Valley Athletics	2:40.00	2:47.13

Men 50-54 800 Meter Run

Name	Year Team	Seed	Finals
1 Elliott, Steven	Yhz Track &	2:42.79	2:44.43

Men 55-59 800 Meter Run

Name	Year Team	Seed	Finals
1 Rosvall, Bruce	Saint John T	2:16.18	2:17.99