

## 2019 NS/NU Legion Team Trials and Open Meet - 2019-07-06 to 2019-07-07

## Pioneer Coal Athletics Field

## Results

## Women 12-13 80 Meter Dash

Name	Year Team	Seed	Finals	Wind	H#
Finals					
1 Gouthro, Isabella	06 Truro Lions	12.00	10.94	7.1	2
2 Tasco, Jalen	06 Halifax Athletics	13.50	11.17	5.6	1
3 MacCallum, Amelia	07 Pictou Count	12.00	11.22	7.1	2
4 Barrington, Nadia	07 Truro Lions	12:04.00	11.23	7.1	2
5 Stroud, Kate	06 Pictou Count	13:00.00	11.34	5.6	1
6 Landry, Zoe	07 StFX Track A	13.00	11.93	5.6	1
7 Smith, Maryn	07 Unattached N	14.00	11.94	5.6	1
8 Fortune, Alyssa	07 Pictou Count	12:44.00	11.99	7.1	2
9 Gaudry, Cate	07 Unattached N	12.41	12.24	7.1	2
10 Dooley, Alexandra	06 Pictou Count	30.00	13.00	5.6	1
11 Rose, Sienna	06 Halifax Athletics	15.00	13.08	5.6	1

## Women 14-15 100 Meter Dash

Name	Year Team	Seed	Prelims	Wind	H#
Preliminaries					
1 Sheppard, Lynn	04 Halifax Athletics	12.97	12.65q	2.7	3
2 Hall, Maren	04 Halifax Athletics	12.73	12.66q	2.7	3
3 Evans, Willa	05 Truro Lions	13.60	12.99q	1.2	2
4 Yang, Mya	05 Halifax Athletics	13.80	13.69q	0.6	1
5 Brown, Sarah	04 Pictou Count	13.75	14.12q	0.6	1
6 Wolfe, Jennessa	05 Truro Lions	14.88	14.33q	0.6	1
-- Archibald, Mya	05 Chebucto Athletics	12.96	DQ	2.7	3 rule 162.3

## Women 14-15 100 Meter Dash

Name	Year Team	Prelims	Finals	Wind
Finals				
1 Sheppard, Lynn	04 Halifax Athletics	12.65	12.58	3.8
2 Hall, Maren	04 Halifax Athletics	12.66	12.64	3.8
3 Evans, Willa	05 Truro Lions	12.99	13.02	3.8
4 Yang, Mya	05 Halifax Athletics	13.69	13.65	3.8
5 Brown, Sarah	04 Pictou Count	14.12	13.80	3.8
6 Wolfe, Jennessa	05 Truro Lions	14.33	14.45	3.8

## Women 16-17 100 Meter Dash

Name	Year Team	Seed	Prelims	Wind	H#
Preliminaries					
1 Clarke, Lauren	03 Halifax Athletics	12.60	12.60q	2.7	3
2 Gaudry, Abbigael	03 Chebucto Athletics	13.00	12.74q	1.2	2
3 Kidston, Daniella	02 Valley Athletics	12.87	12.85q	2.7	3
4 Poisson, Alexandra	03 Halifax Athletics	12.98	13.04q	2.7	3
5 Stroud, Charlotte	03 Pictou Count	13:00.00	13.65q	0.6	1
6 Apa, Caity	03 Chebucto Athletics	13.00	14.99q	1.2	2

**2019 NS/NU Legion Team Trials and Open Meet - 2019-07-06 to 2019-07-07****Pioneer Coal Athletics Field****Results****Women 16-17 100 Meter Dash**

Name	Year Team	Prelims	Finals	Wind	H#
Finals					
1 Gaudry, Abbigael	03 Chebucto Athletics	12.74	12.62	3.1	1
2 Clarke, Lauren	03 Halifax Athletics	12.60	12.63	3.1	1
3 Kidston, Daniella	02 Valley Athletics	12.85	12.71	3.1	1
4 Poisson, Alexandra	03 Halifax Athletics	13.04	12.87	3.1	1
5 Stroud, Charlotte	03 Pictou Count	13.65	13.58	3.1	1

**Women 20-34 100 Meter Dash**

Name	Year Team	Seed	Prelims	Wind	H#
Preliminaries					
1 Reynolds, Maya	98 Halifax Athletics	11.85	12.05q	2.7	3
2 Macneil, Sarah	99 Yhz Track &	13.20	13.10q	1.2	2
3 Simmons, Phoebe	96 Halifax Athletics	13.00	13.18q	1.2	2

**Women 20-34 100 Meter Dash**

Name	Year Team	Prelims	Finals	Wind	H#
Finals					
1 Reynolds, Maya	98 Halifax Athletics	12.05	11.94	4.1	1
2 Macneil, Sarah	99 Yhz Track &	13.10	13.03	4.1	1
3 Simmons, Phoebe	96 Halifax Athletics	13.18	13.17	4.1	1

**Women 12-13 150 Meter Dash**

Name	Year Team	Seed	Finals	Wind
1 Gouthro, Isabella	06 Truro Lions	23.00	21.04	-2.9
2 Tasco, Jalen	06 Halifax Athletics	26.00	22.21	-2.9
3 MacCallum, Amelia	07 Pictou Count	23.00	22.67	-2.9
4 Smith, Maryn	07 Unattached N	30.00	22.98	-2.9
5 Gaudry, Cate	07 Unattached N	23.95	23.93	-2.9
6 Landry, Zoe	07 StFX Track A	26.00	24.05	-2.9
7 Rose, Sienna	06 Halifax Athletics	30.00	25.31	-2.9

**Women 14-15 200 Meter Dash**

Name	Year Team	Seed	Prelims	Wind	H#
Preliminaries					
1 Sheppard, Lynn	04 Halifax Athletics	26.10	26.46q	-3.7	3
2 MacDonald, Cara	05 Pictou Count	26.77	27.46q	-2.2	2
3 Evans, Willa	05 Truro Lions	28.13	28.34q	-2.2	2
4 Cameron, Jessa	05 StFX Track A	28.10	28.66q	-2.2	2
5 Yang, Mya	05 Halifax Athletics	29.00	30.20q	-2.8	1

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## Women 14-15 200 Meter Dash

Name	Year Team	Prelims	Finals	Wind
Finals				
1 Sheppard, Lynn	04 Halifax Athletics	26.46	26.39	-4.2
2 Evans, Willa	05 Truro Lions	28.34	28.07	-4.2
3 Yang, Mya	05 Halifax Athletics	30.20	29.86	-4.2

## Women 16-17 200 Meter Dash

Name	Year Team	Seed	Prelims	Wind	H#
Preliminaries					
1 Gaudry, Abbigael	03 Chebucto Athletics	26.66	26.89q	-3.7	3
2 Poisson, Alexandra	03 Halifax Athletics	26.59	27.64q	-3.7	3
3 Archibald, Emma	03 Chebucto Athletics	28.46	28.95q	-2.8	1
4 King, Megan	03 Yhz Track &	28.42	29.08q	-2.8	1

## Women 16-17 200 Meter Dash

Name	Year Team	Prelims	Finals	Wind	H#
Finals					
1 Gaudry, Abbigael	03 Chebucto Athletics	26.89	27.66	-4.5	1
2 Poisson, Alexandra	03 Halifax Athletics	27.64	28.21	-4.5	1
3 Archibald, Emma	03 Chebucto Athletics	28.95	29.70	-4.5	1

## Women 18-19 200 Meter Dash

Name	Year Team	Seed	Prelims	Wind	H#
Preliminaries					
1 Leger, Joelle	00 Aetos Athletica	26.71	26.38q	-3.7	3
2 Coffin, Ellen	01 Pictou Count	30.50	32.47q	-2.8	1

## Women 20-34 200 Meter Dash

Name	Year Team	Seed	Prelims	Wind	H#
1 Reynolds, Maya	98 Halifax Athletics	24.93	25.43q	-3.7	3
2 Macneil, Sarah	99 Yhz Track &	27.47	28.40q	-2.2	2

## Women 20-34 200 Meter Dash

Name	Year Team	Prelims	Finals	Wind	H#
Finals					
1 Reynolds, Maya	98 Halifax Athletics	25.43	26.28	-2.3	1
2 Macneil, Sarah	99 Yhz Track &	28.40	28.30	-2.3	1

## Women 14-15 300 Meter Dash

Name	Year Team	Seed	Finals
1 MacDonald, Cara	05 Pictou Count	42.82	41.32
2 Artibello, Mya	05 StFX Track A	42.50	43.43

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## ...Women 14-15 300 Meter Dash

3	Cameron, Jessa	05 StFX Track A	43.78	45.44
4	McKay, Keely	04 Pictou Count	50.00	58.64

## Women 16-17 400 Meter Dash

Name	Year Team	Seed	Finals
1 Artibello, Malia	03 Stride Ahead	1:00.00	1:02.17
2 Stubbert, Chloe	02 Unattached N	1:05.00	1:05.92
3 Archibald, Emma	03 Chebucto Athletics	1:05.00	1:06.84
4 Macneil, Allison	02 Yhz Track &	1:11.07	1:10.30

## Women 14-15 800 Meter Run

Name	Year Team	Seed	Finals
1 MacDonald, Cara	05 Pictou Count	2:18.99	2:17.35
2 Artibello, Mya	05 StFX Track A	2:24.00	2:26.58
3 Cameron, Emma	04 Stride Ahead	2:27.00	2:26.91

## Women 16-17 800 Meter Run

Name	Year Team	Seed	Finals
1 Ross, Kristen	03 Pictou Count	2:21.50	2:20.22
2 Artibello, Malia	03 Stride Ahead	2:19.00	2:20.58
3 Boucher, Mikayla	02 Yhz Track &	2:18.72	2:23.25
4 McClure, Fiona	03 Yhz Track &	2:27.20	2:44.71
5 Cameron, Nell	03 Pictou Count	2:59.99	2:56.77

## Women 18-19 800 Meter Run

Name	Year Team	Seed	Finals
1 Smith, Maggie	01 Halifax Athletics	2:10.91	2:10.89
2 McKay, Danielle	01 Pictou Count	2:50.00	2:52.51

## Women 20-34 800 Meter Run

Name	Year Team	Seed	Finals
1 Hergett, Jane	99 Valley Athletics	2:12.00	2:12.15
2 Jordan, Savanna	99 Halifax Athletics	2:18.00	2:20.86
3 Chisholm, Paige	98 Valley Athletics	2:18.00	2:21.38
4 Marmura, Hana	97 StFX Track A	2:18.00	2:21.46

## Girls 12-13 1200 Meter Run

Name	Year Team	Seed	Finals
1 Lewis, Abby	06 Chebucto Athletics	3:47.99	3:47.26

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## Women 14-15 1200 Meter Run

Name	Year Team	Seed	Finals
1 Vringer, Erin	04 Saint John T	3:32.93	3:36.20
2 Bottomley, Ella	05 Celtic Athletics	3:41.16	3:42.97
3 Cameron, Emma	04 Stride Ahead	4:09.00	4:06.60
4 Doucette, Sophie	04 Yhz Track &	4:07.20	4:22.61

## Women 16-17 1500 Meter Run

Name	Year Team	Seed	Finals	H#
1 Chisholm, Siona	03 StFX Track A	4:34.19	4:50.10	2
2 Birrell, Carley	02 Unattached N	4:55.00	4:52.14	2
3 Ross, Kristen	03 Pictou Count	4:51.82	4:53.24	2
4 Boucher, Mikayla	02 Yhz Track &	4:51.20	5:08.52	2
5 Sandluck, Allie	02 Pictou Count	4:54.00	5:11.46	2
6 Richard, Grace	03 Colonel Gray	5:20.00	5:21.91	1
7 Richard, Katie	03 Colonel Gray	5:20.00	5:25.45	1
8 Cameron, Eilidh	03 Pictou Count	5:22.06	5:37.15	1
9 Cameron, Nell	03 Pictou Count	5:40.02	6:08.64	1

## Women 18-19 1500 Meter Run

Name	Year Team	Seed	Finals	H#
1 Burke, Tanna	01 Yhz Track &	4:54.50	5:12.61	2
2 McKay, Danielle	01 Pictou Count	5:51.00	6:14.67	1

## Women 20-34 1500 Meter Run

Name	Year Team	Seed	Finals	H#
1 Hergett, Jane	99 Valley Athletics	4:45.00	4:44.77	2
2 Chisholm, Paige	98 Valley Athletics	4:50.00	4:52.65	2
3 Marmura, Hana	97 StFX Track A	4:40.00	5:00.92	2

## Women 14-15 2000 Meter Run

Name	Year Team	Seed	Finals
1 Lewis, Abby	06 Chebucto Athletics	6:38.96	6:35.71
2 Bottomley, Ella	05 Celtic Athletics	6:46.85	6:38.91
3 Robinson, Anna	05 StFX Track A	6:44.00	7:17.36

## Women 16-17 3000 Meter Run

Name	Year Team	Seed	Finals
1 Chisholm, Siona	03 StFX Track A	10:20.00	10:13.55
2 Birrell, Carley	02 Unattached N	10:30.00	10:43.31
3 Sandluck, Allie	02 Pictou Count	10:33.00	10:48.29
4 Boucher, Mikayla	02 Yhz Track &	10:43.20	11:15.50

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## Women 18-19 3000 Meter Run

Name	Year Team	Seed	Finals
1 Burke, Tanna	01 Yhz Track &	10:37.70	10:55.86
2 Alexander, Mira	00 Truro Lions	12:37.00	12:37.58
3 McKay, Danielle	01 Pictou Count	13:40.00	13:29.86

## Women 20-34 5000 Meter Run

Name	Year Team	Seed	Finals
1 Thompson, Catherine	97 StFX Track A	18:20.00	18:38.98
2 Jordan, Savanna	99 Halifax Athletics	18:20.00	18:39.04

## Women 12-13 80 Meter Hurdles 30"

Name	Year Team	Seed	Finals	Wind
1 Smith, Maryn	07 Unattached N	16.00	15.78	1.6
2 LeBlanc, Gabby	06 Annapolis Co	16.30	15.90	1.6
3 MacCallum, Amelia	07 Pictou Count	17.00	16.60	1.6
4 Fortune, Alyssa	07 Pictou Count	17:09.00	16.69	1.6

## Women 14-15 80 Meter Hurdles 30"

Name	Year Team	Seed	Prelims	Wind
Preliminaries				
1 McKay, Keely	04 Pictou Count	16.40	16.89q	4.2
2 Stroud, Chloe	04 Pictou Count	15:30.00	19.16q	4.2
-- Wilson, Taylor	05 Chebucto Athletics	15:22.00	DQ	4.2 168.7

## Women 14-15 80 Meter Hurdles 30"

Name	Year Team	Prelims	Finals	Wind
Finals				
1 McKay, Keely	04 Pictou Count	16.89	17.01	4.4
2 Stroud, Chloe	04 Pictou Count	19.16	18.02	4.4

## Women 16-17 100 Meter Hurdles 30"

Name	Year Team	Seed	Prelims	Wind
Preliminaries				
1 Gaudry, Abbigael	03 Chebucto Athletics	15.21	14.83q	3.0
2 Beselt, Cassie	03 Truro Lions	16.51	15.79q	3.0
3 Warwick, Brianna	02 Unattached	14.30	15.99q	3.0
4 MacDonald, Lauren	03 Truro Lions	17.00	19.56q	3.0

## Women 16-17 100 Meter Hurdles 30"

Name	Year Team	Prelims	Finals	Wind
Finals				
1 Gaudry, Abbigael	03 Chebucto Athletics	14.83	14.81	2.8

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## ...Women 16-17 100 Meter Hurdles 30"

2 Beselt, Cassie	03 Truro Lions	15.79	15.82	2.8
3 Warwick, Brianna	02 Unattached	15.99	16.00	2.8

## Women 20-34 100 Meter Hurdles 33"

Name	Year Team	Seed	Prelims	Wind
Preliminaries				
1 Kennedy, Catherine	97 StFX Track A	15.85	15.23q	2.1
2 Heubach, Lorena	99 Halifax Athletics	15.60	15.29q	2.1

## Women 20-34 100 Meter Hurdles 33"

Name	Year Team	Prelims	Finals	Wind
Finals				
1 Kennedy, Catherine	97 StFX Track A	15.23	15.39	1.0
2 Heubach, Lorena	99 Halifax Athletics	15.29	15.40	1.0

## Girls 12-13 200 Meter Hurdles 30"

Name	Year Team	Seed	Finals	Wind
1 Smith, Maryn	07 Unattached N	45.00	34.91	-0.4

## Women 14-15 200 Meter Hurdles 30"

Name	Year Team	Seed	Finals	Wind
1 Covert, Claire	05 Yhz Track &	31.81	32.03	-0.4

## Women 16-17 400 Meter Hurdles 30"

Name	Year Team	Seed	Finals
1 Macneil, Allison	02 Yhz Track &	1:16.90	1:19.86

## Women 45-49 400 Meter Hurdles 30"

Name	Year Team	Seed	Finals
-- Smith, Cheryl	74 Valley Athletics	1:19.00	DQ rule 168.7b

## Women 14-15 1500 Meter Steeplechase 30"

Name	Year Team	Seed	Finals
1 Vringer, Erin	04 Saint John T	5:00.00	5:00.33
2 Robinson, Anna	05 StFX Track A	5:20.00	5:20.06
3 Doucette, Sophie	04 Yhz Track &	5:51.40	5:56.07

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**Women 16-17 2000 Meter Steeplechase 30"**

Name	Year Team	Seed	Finals
1 Canning, Mairin	03 StFX Track A	7:40.00	7:40.36
2 Richard, Grace	03 Colonel Gray	8:00.00	7:53.01
3 Richard, Katie	03 Colonel Gray	8:00.00	8:05.26
4 McClure, Fiona	03 Yhz Track &	8:41.20	8:38.46

**Women 45-49 2000 Meter Steeplechase 30"**

Name	Year Team	Seed	Finals
1 Smith, Cheryl	74 Valley Athletics	8:58.00	8:47.23

**Women 14-15 High Jump**

Name	Year Team	Seed	Finals
1 Archibald, Mya	05 Chebucto Athletics	1.55m	1.53m
1 Wolfe, Jennessa	05 Truro Lions	1.52m	1.53m
3 Miller, Mattea	04 Pictou Count	1.45m	1.50m
4 Kendall, Hanna	04 Annapolis Co	1.40m	1.45m
4 Covert, Claire	05 Yhz Track &	1.40m	1.45m

**Women 16-17 High Jump**

Name	Year Team	Seed	Finals
1 Cameron, Eilidh	03 Pictou Count	1.40m	1.53m
2 Beselt, Cassie	03 Truro Lions	1.50m	1.50m
2 Mattinson, Emma	03 Unattached N	1.50m	1.50m
4 Apa, Caity	03 Chebucto Athletics	1.49m	1.35m

**Women 18-19 High Jump**

Name	Year Team	Seed	Finals
1 Willett, Ysabella	00 Chebucto Athletics	1.60m	1.53m

**Women 20-34 High Jump**

Name	Year Team	Seed	Finals
1 Heubach, Lorena	99 Halifax Athletics	1.60m	1.63m

**Girls 12-13 Long Jump**

Name	Year Team	Seed	Finals	Wind
1 Barrington, Nadia	07 Truro Lions	4.07m	4.33m	2.3
2 Sampson, Piper	06 Truro Lions	3.50m	4.20m	4.6
3 Fortune, Alyssa	07 Pictou Count	3.68m	3.81m	3.4
4 Smith, Maryn	07 Unattached N	3.60m	3.73m	3.1
5 Gaudry, Cate	07 Unattached N	3.47m	3.44m	4.0
6 Dooley, Alexandra	06 Pictou Count	1.50m	2.78m	2.7
7 Evans, Lucy	07 Truro Lions	2.80m	2.70m	1.9



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## Women 14-15 Long Jump

Name	Year Team	Seed	Finals	Wind
1 Archibald, Mya	05 Chebucto Athletics	4.99m	4.99m	2.9
2 McGee, Danica	05 Truro Lions	4.38m	4.59m	3.5
3 Angus, Haley	05 Truro Lions	4.68m	4.52m	1.6
4 Wolfe, Jennessa	05 Truro Lions	4.53m	4.46m	2.3
5 Covert, Claire	05 Yhz Track &	4.47m	4.29m	2.5
5 Brown, Sarah	04 Pictou Count	4.25m	4.29m	1.5
7 Crossman, Hailee	05 Truro Lions	4.00m	3.90m	4.3
8 Grant, Alexis	05 Truro Lions	3.73m	3.70m	2.8
9 Stroud, Chloe	04 Pictou Count	3.80m	3.52m	2.8

## Women 16-17 Long Jump

Name	Year Team	Seed	Finals	Wind
1 Yiridoe, Martha	02 Truro Lions	5.44m	5.49m	2.9
2 Thomas, Tamia	03 Halifast Athletics	4.77m	4.74m	5.2
3 Sweeney, Sierra	02 Halifast Athletics	4.82m	4.67m	5.8
4 MacDonald, Lauren	03 Truro Lions	4.69m	4.58m	3.0
5 Stubbert, Chloe	02 Unattached N	4.73m	4.51m	3.2
6 McGean, Hannah	03 Annapolis Co	4.45m	4.50m	4.9
7 Smith, Zoe	03 Unattached N	4.38m	4.36m	1.6
8 Apa, Caity	03 Chebucto Athletics	4.50m	4.12m	4.2
9 Stroud, Charlotte	03 Pictou Count	4.30m	4.10m	4.2
-- Smith, Gabrielle	02 Pictou Count	4.50m	FOUL	

## Women 18-19 Long Jump

Name	Year Team	Seed	Finals	Wind
1 Leger, Joelle	00 Aetos Athletica	5.21m	5.30m	4.9

## Women 20-34 Long Jump

Name	Year Team	Seed	Finals	Wind
1 Heubach, Lorena	99 Halifast Athletics	5.30m	5.35m	3.6

## Girls 12-13 Triple Jump

Name	Year Team	Seed	Finals	Wind
1 Sampson, Piper	06 Truro Lions	9.16m	8.95m	-1.7

## Women 14-15 Triple Jump

Name	Year Team	Seed	Finals	Wind
1 Angus, Haley	05 Truro Lions	10.62m	10.52m	-1.1
2 Ferguson, Evelyn	04 Halifast Athletics	10.24m	10.03m	-0.3
3 Wolfe, Jennessa	05 Truro Lions	9.65m	9.53m	-5.5
4 Wilson, Taylor	05 Chebucto Athletics	9.36m	8.91m	0.2
5 Crossman, Hailee	05 Truro Lions	8.75m	8.23m	-3.0

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Name	Year Team	Seed	Finals	Wind
1 Yiridoe, Martha	02 Truro Lions	11.00m	10.46m	-2.5
2 Beselt, Cassie	03 Truro Lions	10.69m	10.19m	-2.2
3 Thomas, Tamia	03 Halifax Athletics	10.04m	10.08m	-0.6
4 MacDonald, Lauren	03 Truro Lions	10.06m	10.06m	-1.0
5 McGean, Hannah	03 Annapolis Co	10.07m	9.95m	1.4
6 Sweeney, Sierra	02 Halifax Athletics	10.79m	9.59m	-1.9
7 Stubbert, Chloe	02 Unattached N	9.99m	9.47m	-2.4

**Women 16-17 Shot Put**

Name	Year Team	Seed	Finals
1 Decoff, Keighan	03 Pictou Count	12.95m	13.44m
2 Davidson, Sydney	02 Truro Lions	10.98m	10.90m
3 Leger, Annick	02 A.S.E.A.	10.20m	9.92m
4 Johnston, Leah	03 Prince Edwar	9.52m	9.57m

**Women 18-19 Shot Put**

Name	Year Team	Seed	Finals
1 MacIsaac, Chelsea	01 Truro Lions	11.17m	11.78m

**Women 20-34 Shot Put**

Name	Year Team	Seed	Finals
1 Heubach, Lorena	99 Halifax Athletics	11.11m	11.05m

**Women 45-49 Shot Put**

Name	Year Team	Seed	Finals
1 Findlay, Ann	74 Pictou Count	8.00m	9.55m

**Girls 12-13 Discus Throw**

Name	Year Team	Seed	Finals
1 Dooley, Alexandra	06 Pictou Count	13.00m	18.24m

**Women 14-15 Discus Throw**

Name	Year Team	Seed	Finals
1 scott, sarah	05 Unattached N		25.37m

**Women 16-17 Discus Throw**

Name	Year Team	Seed	Finals
1 Decoff, Keighan	03 Pictou Count	34.93m	38.26m
2 Davidson, Sydney	02 Truro Lions	29.76m	29.17m

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## ...Women 16-17 Discus Throw

3	Davidson, Jessie	03	Truro Lions	27.32m	25.30m
4	Leger, Annick	02	A.S.E.A.	28.50m	24.20m
5	Johnston, Leah	03	Prince Edwar	21.02m	20.23m

## Women 18-19 Discus Throw

Name	Year	Team	Seed	Finals
1 MacIsaac, Chelsea	01	Truro Lions	41.22m	39.00m

## Women 40-44 Discus Throw

Name	Year	Team	Seed	Finals
1 Murray, Lisa	77	Unattached N	20.00m	20.31m

## Women 45-49 Discus Throw

Name	Year	Team	Seed	Finals
1 Smith, Cheryl	74	Valley Athletics	20.00m	18.37m

## Women 16-17 Hammer Throw

Name	Year	Team	Seed	Finals
1 Decoff, Keighan	03	Pictou Count	40.97m	40.81m
2 Davidson, Jessie	03	Truro Lions	1.00m	24.26m

## Women 18-19 Hammer Throw

Name	Year	Team	Seed	Finals
1 Reid, Jenna	01	Pictou Count	40.00m	41.40m

## Girls 12-13 Javelin Throw

Name	Year	Team	Seed	Finals
1 LeBlanc, Gabby	06	Annapolis Co	25.00m	27.74m
2 Dooley, Alexandra	06	Pictou Count	17.50m	18.39m
3 Fortune, Alyssa	07	Pictou Count	1.00m	12.56m

## Women 14-15 Javelin Throw

Name	Year	Team	Seed	Finals
1 Ferguson, Jordyn	04	Pictou Count	32.23m	29.07m
2 Stroud, Chloe	04	Pictou Count	24.00m	24.02m
3 Cameron, Julia	05	Truro Lions	19.86m	21.88m
4 Eisan, Hailie	04	Unattached	24.68m	20.46m

**2019 NS/NU Legion Team Trials and Open Meet - 2019-07-06 to 2019-07-07****Pioneer Coal Athletics Field****Results****Women 16-17 Javelin Throw**

Name	Year Team	Seed	Finals
1 Smith, Gabrielle	02 Pictou Count	37.51m	38.21m
2 Macneil, Allison	02 Yhz Track &	27.13m	28.55m
3 Davidson, Sydney	02 Truro Lions	30.98m	27.21m
4 MacDonald, Lauren	03 Truro Lions	1.00m	19.32m

**Women 18-19 Javelin Throw**

Name	Year Team	Seed	Finals	H#
1 Miller, Heath	00 Pictou Count	43.87m	42.12m	2
2 Quinn, Madelyn	00 Truro Lions	39.30m	40.16m	2
3 Reid, Jenna	01 Pictou Count	40.01m	38.48m	2
4 Alexander, Mira	00 Truro Lions	35.75m	31.63m	2

**Women 20-34 Javelin Throw**

Name	Year Team	Seed	Finals	H#
1 Morris, Isabelle	96 Aetos Athletica	38.00m	36.12m	2

**Women 40-44 Javelin Throw**

Name	Year Team	Seed	Finals	H#
1 Smaggus, Lynn	77 Unattached N	27.00m	27.17m	2

**Women 45-49 Javelin Throw**

Name	Year Team	Seed	Finals	H#
1 Findlay, Ann	74 Pictou Count	20.00m	22.24m	2

**Girls 5-9 60 Meter Dash Tetrathlon**

Name	Year Team	Finals	Wind	Points
1 Findlay, Piper	10 Pictou Count	11.14	-2.5	114
2 Cameron, Olivia	11 StFX Track A	11.65	-2.5	84
3 Galloway, Alexa	10 Truro Lions	11.90	-2.5	71
4 Quinton, Emma	11 Yhz Track &	12.66	-2.5	38

**Girls 10-11 60 Meter Dash Tetrathlon**

Name	Year Team	Finals	Wind	H#	Points
1 Landry, Olivia	09 Unattached N	10.11	-2.8	2	185
2 Gouthro, Olivia	08 Truro Lions	10.12	-2.8	2	184
3 Hale, Kayla	09 Unattached	11.51	-2.8	2	92

## 2019 NS/NU Legion Team Trials and Open Meet - 2019-07-06 to 2019-07-07

## Pioneer Coal Athletics Field

## Results

## Girls 12-13 60 Meter Dash Tetrathlon

Name	Year Team	Finals	Wind	H#	Points
1 MacCallum, Amelia	07 Pictou Count	9.37	-2.8	2	245
2 Mombourquette, Clare	07 StFX Track A	10.06	-2.8	2	189

## Girls 5-9 600 Meter Run Tetrathlon

Name	Year Team	Finals	Points
1 Cameron, Olivia	11 StFX Track A	2:28.27	112
2 Quinton, Emma	11 Yhz Track &	2:29.69	106
3 Findlay, Piper	10 Pictou Count	2:32.24	96
4 Galloway, Alexa	10 Truro Lions	3:05.33	10

## Girls 10-11 600 Meter Run Tetrathlon

Name	Year Team	Finals	Points
1 Landry, Olivia	09 Unattached N	2:06.63	218
2 Gouthro, Olivia	08 Truro Lions	2:11.71	190
3 Hale, Kayla	09 Unattached	2:48.87	43

## Girls 12-13 600 Meter Run Tetrathlon

Name	Year Team	Finals	Points
1 Mombourquette, Clare	07 StFX Track A	2:24.76	127

## Girls 5-9 Long Jump Tetrathlon

Name	Year Team	Finals	Wind	Points
1 Quinton, Emma	11 Yhz Track &	3.15m	NWI	153
2 Cameron, Olivia	11 StFX Track A	2.85m	NWI	131
3 Findlay, Piper	10 Pictou Count	2.69m	NWI	120
4 Galloway, Alexa	10 Truro Lions	2.26m	NWI	91

## Girls 10-11 Long Jump Tetrathlon

Name	Year Team	Finals	Wind	Points
1 Gouthro, Olivia	08 Truro Lions	3.31m	NWI	165
2 Landry, Olivia	09 Unattached N	3.24m	NWI	160
3 Hale, Kayla	09 Unattached	2.03m	NWI	76

## Girls 12-13 Long Jump Tetrathlon

Name	Year Team	Finals	Wind	Points
1 MacCallum, Amelia	07 Pictou Count	3.44m	NWI	176
2 Mombourquette, Clare	07 StFX Track A	3.00m	NWI	142

**2019 NS/NU Legion Team Trials and Open Meet - 2019-07-06 to 2019-07-07****Pioneer Coal Athletics Field****Results****Girls 5-9 Shot Put 2kg Tetrathlon**

Name	Year Team	Finals	Points
1 Findlay, Piper	10 Pictou Count	3.99m	89
2 Galloway, Alexa	10 Truro Lions	3.09m	58
3 Cameron, Olivia	11 StFX Track A	3.07m	58
4 Quinton, Emma	11 Yhz Track &	2.78m	48

**Girls 10-11 Shot Put 2kg Tetrathlon**

Name	Year Team	Finals	Points
1 Landry, Olivia	09 Unattached N	5.67m	148
2 Gouthro, Olivia	08 Truro Lions	4.62m	111
3 Hale, Kayla	09 Unattached	3.12m	59

**Girls 12-13 Shot Put 2kg Tetrathlon**

Name	Year Team	Finals	Points
1 MacCallum, Amelia	07 Pictou Count	6.71m	186
2 Mombourquette, Clare	07 StFX Track A	6.17m	166

**Girls 5-9 Tetrathlon**

Name	Year Team	Seed	Finals	H#
1 Findlay, Piper	10 Pictou Count	400	419	
2 Cameron, Olivia	11 StFX Track A	200	385	
3 Quinton, Emma	11 Yhz Track &	300	345	
4 Galloway, Alexa	10 Truro Lions	1	230	

**Girls 10-11 Tetrathlon**

Name	Year Team	Seed	Finals	H#
1 Landry, Olivia	09 Unattached N	600	711	
2 Gouthro, Olivia	08 Truro Lions	100	650	
3 Hale, Kayla	09 Unattached	12	270	

**Girls 12-13 Tetrathlon**

Name	Year Team	Seed	Finals	H#
1 Mombourquette, Clare	07 StFX Track A	100	624	

**Men 14-15 100 Meter Dash**

Name	Year Team	Seed	Prelims	Wind
Preliminaries				
1 Colford, Keenan	04 Truro Lions	14.00	12.76q	2.9
2 Fardy, David	04 Halifax Athletics	12.50	13.06q	2.9

**2019 NS/NU Legion Team Trials and Open Meet - 2019-07-06 to 2019-07-07****Pioneer Coal Athletics Field****Results****Men 14-15 100 Meter Dash**

Name	Year Team	Prelims	Finals	Wind
Finals				
1 Colford, Keenan	04 Truro Lions	12.76	12.70	4.6
2 Fardy, David	04 Halifast Athletics	13.06	12.73	4.6

**Men 16-17 100 Meter Dash**

Name	Year Team	Seed	Prelims	Wind	H#
Preliminaries					
1 Gray, Braden	02 Truro Lions	11.60	11.91q	0.3	2
2 Smith, Jeffrey	03 Halifast Athletics	12.40	11.96q	2.9	1
3 Morrison, Kyle	03 Halifast Athletics	13.04	12.91q	2.9	1
-- Taylor, John Luke	02 Pictou Count	11.50	FS	0.3	2 rule 162.3

**Men 16-17 100 Meter Dash**

Name	Year Team	Prelims	Finals	Wind
Finals				
1 Gray, Braden	02 Truro Lions	11.91	11.37	4.6
2 Smith, Jeffrey	03 Halifast Athletics	11.96	11.81	4.6
3 Morrison, Kyle	03 Halifast Athletics	12.91	12.79	4.6

**Men 18-19 100 Meter Dash**

Name	Year Team	Seed	Prelims	Wind	H#
Preliminaries					
1 Williams, Jaiden	01 Halifast Athletics	11.06	11.31q	0.3	2
2 Malloy, Garrett	01 Unattached	11.63	11.45q	0.3	2
3 Seidel, Merrick	01 Yhz Track &	12.19	11.95q	2.9	1

**Men 18-19 100 Meter Dash**

Name	Year Team	Prelims	Finals	Wind	H#
Finals					
1 Williams, Jaiden	01 Halifast Athletics	11.31	11.19	5.5	1
2 Malloy, Garrett	01 Unattached	11.45	11.24	5.5	1
3 Seidel, Merrick	01 Yhz Track &	11.95	11.89	5.5	1

**Men 20-34 100 Meter Dash**

Name	Year Team	Seed	Prelims	Wind	H#
Preliminaries					
1 Coolen, Matthew	96 Halifast Athletics	10.55	10.76q	0.3	2
2 Collier, Peter	97 Chebucto Athletics	11.08	10.87q	0.3	2
3 Coulet, Logan	97 Pictou Count	11.50	11.60q	0.3	2

## 2019 NS/NU Legion Team Trials and Open Meet - 2019-07-06 to 2019-07-07

## Pioneer Coal Athletics Field

## Results

## Men 20-34 100 Meter Dash

Name	Year Team	Prelims	Finals	Wind	H#
Finals					
1 Coolen, Matthew	96 Halifast Athletics	10.76	10.55	5.5	1
2 Collier, Peter	97 Chebucto Athletics	10.87	10.62	5.5	1

## Men 12-13 150 Meter Dash

Name	Year Team	Seed	Finals	Wind
1 Kelloway, Tristan	06 Halifast Athletics	21.34	21.81	-2.6
2 Myatt, Carter	07 Truro Lions	22.04	21.97	-2.6

## Men 14-15 200 Meter Dash

Name	Year Team	Seed	Prelims	Wind
Preliminaries				
1 Fardy, David	04 Halifast Athletics	28.50	27.21q	-3.6
2 Colford, Keenan	04 Truro Lions	26.05	27.72q	-3.6

## Men 14-15 200 Meter Dash

Name	Year Team	Prelims	Finals	Wind
Finals				
1 Fardy, David	04 Halifast Athletics	27.21	27.01	-1.3
2 Colford, Keenan	04 Truro Lions	27.72	27.07	-1.3

## Men 16-17 200 Meter Dash

Name	Year Team	Seed	Prelims	Wind	H#
Preliminaries					
1 Springer, Camden	02 Halifast Athletics	22.71	23.37q	-3.1	3
2 Taylor, John Luke	02 Pictou Count	23.24	23.62q	-3.1	2
3 Gray, Braden	02 Truro Lions	23.33	23.81q	-3.1	2
4 Jarrett, Graeme	02 Yhz Track &	24.49	25.29q	-3.6	1
5 Smith, Jeffrey	03 Halifast Athletics	25.15	25.35q	-3.6	1
6 Zhou, Michael	03 Truro Lions	25.56	26.12q	-3.6	1
7 Morrison, Kyle	03 Halifast Athletics	26.95	26.91q	-3.6	1

## Men 16-17 200 Meter Dash

Name	Year Team	Prelims	Finals	Wind	H#
Finals					
1 Springer, Camden	02 Halifast Athletics	23.37	23.01	-3.7	1
2 Taylor, John Luke	02 Pictou Count	23.62	23.16	-3.7	1
3 Gray, Braden	02 Truro Lions	23.81	23.73	-3.7	1
4 Jarrett, Graeme	02 Yhz Track &	25.29	24.95	-3.7	1
5 Zhou, Michael	03 Truro Lions	26.12	25.43	-3.7	1
6 Morrison, Kyle	03 Halifast Athletics	26.91	27.36	-3.7	1



## 2019 NS/NU Legion Team Trials and Open Meet - 2019-07-06 to 2019-07-07

## Pioneer Coal Athletics Field

## Results

## Men 18-19 200 Meter Dash

Name	Year Team	Seed	Prelims	Wind	H#
Preliminaries					
1 Williams, Jaiden	01 Halifax Athletics	22.45	23.05q	-3.1	3
2 Landry, Nick	01 Bluenose Ath	22.89	23.73q	-3.1	3
3 Edwards, Ben	00 Chebucto Athletics	23.90	24.53q	-3.1	2

## Men 18-19 200 Meter Dash

Name	Year Team	Prelims	Finals	Wind	H#
Finals					
1 Williams, Jaiden	01 Halifax Athletics	23.05	23.02	-1.7	1
2 Landry, Nick	01 Bluenose Ath	23.73	23.25	-1.7	1
3 Edwards, Ben	00 Chebucto Athletics	24.53	24.19	-1.7	1

## Men 20-34 200 Meter Dash

Name	Year Team	Seed	Prelims	Wind	H#
Preliminaries					
1 Van Der Poel, Mike	96 Halifax Athletics	21.35	22.01q	-3.1	3
2 Lunda, Joshua	95 Halifax Athletics	21.59	22.36q	-3.1	3
3 Collier, Peter	97 Chebucto Athletics	22.00	22.48q	-3.1	3
4 Symonds, Jacob	99 Liit	22.50	23.06q	-3.1	3
5 Robichaud, Samuel	98 Aetos Athletica	23.85	24.71q	-3.1	2

## Men 20-34 200 Meter Dash

Name	Year Team	Prelims	Finals	Wind	H#
Finals					
1 Van Der Poel, Mike	96 Halifax Athletics	22.01	21.66	-1.7	1
2 Collier, Peter	97 Chebucto Athletics	22.48	21.84	-1.7	1
3 Lunda, Joshua	95 Halifax Athletics	22.36	21.99	-1.7	1

## Men 16-17 400 Meter Dash

Name	Year Team	Seed	Finals	
1 Springer, Camden	02 Halifax Athletics	51.62	50.10	
2 Gray, Braden	02 Truro Lions	52.07	50.96	
3 Zhou, Michael	03 Truro Lions	57.90	59.53	
-- James, Zachary	03 Valley Athletics	51.68	DQ	rule 163.3a

## Men 18-19 400 Meter Dash

Name	Year Team	Seed	Finals	H#
1 James, Noah	00 Valley Athletics	51.37	52.83	2
2 Edwards, Ben	00 Chebucto Athletics	52.23	53.53	2
3 Landry, Nick	01 Bluenose Ath	51.88	53.59	2
4 Cameron, Duncan	01 Pictou Count	55.00	55.95	2
5 Stewart, Daniel	01 Pictou Count	55.00	56.96	2

## 2019 NS/NU Legion Team Trials and Open Meet - 2019-07-06 to 2019-07-07

## Pioneer Coal Athletics Field

## Results

**Men 20-34 400 Meter Dash**

Name	Year Team	Seed	Finals	H#
1 Symonds, Jacob	99 Liit	49.50	49.59	2
2 Brennan, Timothy	96 StFX Track A	50.00	49.63	2

**Men 50-54 400 Meter Dash**

Name	Year Team	Seed	Finals	H#
1 Elliott, Steven	68 Yhz Track &	1:10.00	1:05.29	2

**Men 12-13 800 Meter Run**

Name	Year Team	Seed	Finals
1 MacLean, Tyler	06 Pictou Count	2:56.32	2:55.15

**Men 14-15 800 Meter Run**

Name	Year Team	Seed	Finals
1 Kennedy, Isaac	04 Truro Lions	2:12.63	2:17.30
2 Robertson, Conrad	05 Pictou Count	2:24.20	2:22.28
3 Martell, Mack	05 StFX Track A	2:23.00	2:26.91

**Men 16-17 800 Meter Run**

Name	Year Team	Seed	Finals
1 James, Zachary	03 Valley Athletics	2:00.99	2:00.48
2 Bilmer, Magnus	03 Chebucto Athletics	2:24.00	2:21.83

**Men 50-54 800 Meter Run**

Name	Year Team	Seed	Finals
1 Elliott, Steven	68 Yhz Track &	2:29.80	2:33.66

**Men 12-13 1200 Meter Run**

Name	Year Team	Seed	Finals
1 MacLean, Tyler	06 Pictou Count	4:33.35	4:49.05

**Men 14-15 1200 Meter Run**

Name	Year Team	Seed	Finals
1 Eastwood, Ezra	04 Yhz Track &	3:43.40	3:44.82
2 King, Brett	05 Valley Athletics	3:41.89	3:47.58
3 Quinton, Alex	05 Yhz Track &	3:47.60	3:48.69
4 Mombourquette, Daniel	04 StFX Track A	3:49.00	3:48.96
5 Martell, Mack	05 StFX Track A	3:55.00	4:00.92
6 Elliott, Liam	05 Yhz Track &	3:54.60	4:01.69

## 2019 NS/NU Legion Team Trials and Open Meet - 2019-07-06 to 2019-07-07

## Pioneer Coal Athletics Field

## Results

**Men 16-17 1500 Meter Run**

Name	Year Team	Seed	Finals
1 MacDonald, Ethan	02 Pictou Count	4:22.69	4:20.94
2 MacDonald, Luke	03 Pictou Count	4:45.00	4:34.60
3 Caballero, Colton	03 Unattached	4:21.00	4:44.00
4 Waller, David	02 Halifax Athletics	4:10.00	4:45.91
5 Burnham, Colby	03 Truro Lions	5:22.00	5:43.86

**Men 18-19 1500 Meter Run**

Name	Year Team	Seed	Finals
1 Grimshaw-Surette, Harmon	00 Southwest No	4:05.00	4:10.61
2 Boudreau, Brody	01 Unattached		4:18.10
3 Maceachern, Jonah	00 Pictou Count	5:05.00	5:17.54

**Men 20-34 1500 Meter Run**

Name	Year Team	Seed	Finals
1 Rogers, Michael	97 Halifax Athletics	4:01.00	4:12.05
2 Halloran, Jacob	97 Halifax Athletics	4:05.00	4:16.20
3 Lynds, Trent	97 Halifax Athletics	4:05.00	4:18.49
4 Freeman, Alec	97 Halifax Athletics	4:15.00	4:21.01

**Men 45-49 1500 Meter Run**

Name	Year Team	Seed	Finals
1 Baard, Tertius	74 Yhz Track &	6:05.80	6:03.23

**Men 14-15 2000 Meter Run**

Name	Year Team	Seed	Finals
1 Quinton, Alex	05 Yhz Track &	6:36.20	6:25.82
2 King, Brett	05 Valley Athletics	6:37.47	6:33.18
3 Lawton, Mathew	05 Chebucto Athletics	6:30.00	6:48.44
4 Mombourqutte, Daniel	04 StFX Track A	6:59.00	6:50.83
5 Macpherson, Brody	05 StFX Track A	6:38.00	6:57.31
-- Martell, Mack	05 StFX Track A	7:00.00	DNF

**Men 16-17 3000 Meter Run**

Name	Year Team	Seed	Finals
1 MacDonald, Ethan	02 Pictou Count	9:30.39	9:23.16
2 MacDonald, Luke	03 Pictou Count	9:50.00	9:51.21
3 Good, Ben	03 Chebucto Athletics	9:28.00	9:52.98

**Men 18-19 3000 Meter Run**

Name	Year Team	Seed	Finals
1 Gallant, Luc	00 StFX Track A	9:00.00	9:08.40

## 2019 NS/NU Legion Team Trials and Open Meet - 2019-07-06 to 2019-07-07

## Pioneer Coal Athletics Field

## Results

## ...Men 18-19 3000 Meter Run

2 Maceachern, Jonah	00 Pictou Count	11:02.00	10:48.81
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## Men 20-34 3000 Meter Run

Name	Year Team	Seed	Finals
1 Halloran, Jacob	97 Halifax Athletics	8:50.00	9:01.21

## Men 14-15 100 Meter Hurdles 33"

Name	Year Team	Seed	Prelims	Wind
Preliminaries				
1 Colford, Keenan	04 Truro Lions	18.00	17.76q	2.1

## Men 14-15 100 Meter Hurdles 33"

Name	Year Team	Prelims	Finals	Wind
Finals				
1 Colford, Keenan	04 Truro Lions	17.76	17.04	1.0

## Men 16-17 110 Meter Hurdles 36"

Name	Year Team	Seed	Prelims	Wind
Preliminaries				
1 Macneil, Tyler	02 Truro Lions	15.00	14.93q	3.3
2 Arnfast, Oliver	03 Truro Lions	17.00	16.59q	3.3
3 Macdonell, Breton	03 Pictou Count	18.00	20.53q	3.3
4 Marshall, Braden	02 Chebucto Athletics	18.00	22.57q	3.3

## Men 16-17 110 Meter Hurdles 36"

Name	Year Team	Prelims	Finals	Wind
Finals				
1 Arnfast, Oliver	03 Truro Lions	16.59	15.81	5.3
-- Macneil, Tyler	02 Truro Lions	14.93	FS	5.3 rule 162.3

## Men 18-19 110 Meter Hurdles 39"

Name	Year Team	Seed	Prelims	Wind
Preliminaries				
1 Landry, Nick	01 Bluenose Ath	14.28	14.64q	3.3

## Men 18-19 110 Meter Hurdles 39"

Name	Year Team	Prelims	Finals	Wind
Finals				
1 Landry, Nick	01 Bluenose Ath	14.64	14.49	5.3

**2019 NS/NU Legion Team Trials and Open Meet - 2019-07-06 to 2019-07-07****Pioneer Coal Athletics Field****Results****Men 16-17 400 Meter Hurdles 33"**

Name	Year Team	Seed	Finals
-- Arnfast, Oliver	03 Truro Lions	1:00.81	DQ rule 167.7b

**Men 18-19 400 Meter Hurdles 36"**

Name	Year Team	Seed	Finals
1 James, Noah	00 Valley Athletics	57.93	56.67

**Men 20-34 400 Meter Hurdles 36"**

Name	Year Team	Seed	Finals
1 Brennan, Timothy	96 StFX Track A	55.30	56.43

**Men 14-15 1500 Meter Steeplechase 30"**

Name	Year Team	Seed	Finals
1 Eastwood, Ezra	04 Yhz Track &	5:01.70	4:57.01
2 Lawton, Mathew	05 Chebucto Athletics	5:05.00	5:01.87
3 Mombourquette, Daniel	04 StFX Track A	5:35.00	5:04.07
4 Robertson, Conrad	05 Pictou Count	5:14.25	5:06.60
5 Elliott, Liam	05 Yhz Track &	5:14.50	5:10.08

**Men 16-17 2000 Meter Steeplechase 33"**

Name	Year Team	Seed	Finals
1 Langille, Jack	02 Halifax Athletics	6:15.00	6:35.38
2 Caballero, Colton	03 Unattached	1:02.30	6:56.39

**Men 70-74 2000 Meter Steeplechase 30"**

Name	Year Team	Seed	Finals
1 Maceachern, Alex	46 Chebucto Athletics	10:20.00	10:56.97

**Men 12-13 High Jump**

Name	Year Team	Seed	Finals
1 Myatt, Carter	07 Truro Lions	1.35m	1.40m

**Men 14-15 High Jump**

Name	Year Team	Seed	Finals
1 Bates, Alec	04 Pictou Count	1.20m	1.65m
2 Hayden, Erik	04 Truro Lions	1.65m	1.60m

## 2019 NS/NU Legion Team Trials and Open Meet - 2019-07-06 to 2019-07-07

## Pioneer Coal Athletics Field

## Results

**Men 16-17 High Jump**

Name	Year Team	Seed	Finals
1 Jones, Matthew	02 Truro Lions	1.90m	1.83m
2 Marshall, Diego	03 StFX Track A	1.70m	1.80m
3 Arnfast, Oliver	03 Truro Lions	1.50m	1.60m
3 Macdonell, Breton	03 Pictou Count	1.60m	1.60m
5 horton, lagan	02 Pictou Count		1.55m
6 Marshall, Braden	02 Chebucto Athletics	1.56m	1.50m

**Men 18-19 High Jump**

Name	Year Team	Seed	Finals
1 MacDonald, Joey	01 Truro Lions	2.00m	1.80m
2 Seidel, Merrick	01 Yhz Track &	1.60m	1.60m

**Men 20-34 High Jump**

Name	Year Team	Seed	Finals
1 Coulet, Logan	97 Pictou Count	1.95m	1.97m

**Men 40-44 High Jump**

Name	Year Team	Seed	Finals
1 MacKenzie, Shane	79 Unattached	1.60m	1.70m

**Men 12-13 Long Jump**

Name	Year Team	Seed	Finals	Wind
1 Myatt, Carter	07 Truro Lions	4.44m	4.22m	1.2
2 MacLean, Tyler	06 Pictou Count	3.21m	3.43m	2.2
3 Galloway, Ryland	07 Truro Lions	3.50m	3.10m	1.7

**Men 14-15 Long Jump**

Name	Year Team	Seed	Finals	Wind
1 Slawter, Nathaniel	05 Halifax Athletics	5.27m	5.29m	3.2
2 Bates, Alec	04 Pictou Count	1.77m	2.67m	1.4

**Men 16-17 Long Jump**

Name	Year Team	Seed	Finals	Wind
1 Marshall, Diego	03 StFX Track A	0.30m	5.60m	1.7
2 Arnfast, Oliver	03 Truro Lions	5.39m	5.47m	2.8
3 Marshall, Braden	02 Chebucto Athletics	5.25m	5.35m	4.9
4 horton, lagan	02 Pictou Count		5.27m	4.4

**2019 NS/NU Legion Team Trials and Open Meet - 2019-07-06 to 2019-07-07****Pioneer Coal Athletics Field****Results****Men 18-19 Long Jump**

Name	Year Team	Seed	Finals	Wind
1 Malloy, Garrett	01 Unattached	6.03m	6.10m	2.3

**Men 20-34 Long Jump**

Name	Year Team	Seed	Finals	Wind
1 Hollinsid, Robin	95 Liit	6.60m	6.81m	1.9
2 Robichaud, Samuel	98 Aetos Athletica	4.50m	4.66m	1.2

**Men 40-44 Long Jump**

Name	Year Team	Seed	Finals	Wind
1 Galloway, David	75 Truro Lions	5.50m	5.00m	1.6

**Men 14-15 Triple Jump**

Name	Year Team	Seed	Finals	Wind
1 Hayden, Erik	04 Truro Lions	11.72m	11.65m	0.1

**Men 16-17 Triple Jump**

Name	Year Team	Seed	Finals	Wind
1 horton, lagan	02 Pictou Count		11.11m	-2.4

**Men 12-13 Shot Put**

Name	Year Team	Seed	Finals
1 Warren, Austin	07 Truro Lions		13.21m
2 Thompson, Michael	06 StFX Track A	4.00m	5.49m

**Men 14-15 Shot Put**

Name	Year Team	Seed	Finals
1 Rose, Adam	04 Unattached N	13.15m	13.63m
2 Porter, Fergus	04 StFX Track A	10.84m	11.54m
3 Murphy, Rylan	05 Unattached N	12.48m	10.07m

**Men 18-19 Shot Put**

Name	Year Team	Seed	Finals
1 Bourque, Samuel	01 Aetos Athletica	14.33m	14.54m

**Men 20-34 Shot Put**

Name	Year Team	Seed	Finals
1 Manuel, Jarod	98 Fredericton	13.01m	14.50m

**2019 NS/NU Legion Team Trials and Open Meet - 2019-07-06 to 2019-07-07****Pioneer Coal Athletics Field****Results****Men 35-39 Shot Put**

Name	Year Team	Seed	Finals
1 Bambrick, David	84 Launchers Athletics	11.54m	11.58m

**Men 45-49 Shot Put**

Name	Year Team	Seed	Finals
1 Simpson, Alan	70 Pictou Count	10.00m	7.77m

**Men 65-69 Shot Put**

Name	Year Team	Seed	Finals
1 Elliott, Alan	53 Pictou Count	7.05m	7.78m

**Men 12-13 Discus Throw**

Name	Year Team	Seed	Finals
1 Thompson, Michael	06 StFX Track A	5.00m	12.64m

**Men 14-15 Discus Throw**

Name	Year Team	Seed	Finals
1 Murphy, Rylan	05 Unattached N	34.00m	32.31m
2 Rose, Adam	04 Unattached N	36.43m	30.50m
3 Porter, Fergus	04 StFX Track A	22.36m	24.07m

**Men 16-17 Discus Throw**

Name	Year Team	Seed	Finals
1 Singh, Arshvir	02 Truro Lions	27.97m	26.56m
2 Bilmer, Magnus	03 Chebucto Athletics	25.05m	24.55m

**Men 18-19 Discus Throw**

Name	Year Team	Seed	Finals
1 Bourque, Samuel	01 Aetos Athletica	43.00m	42.52m
2 Sampson, Daniel	01 Truro Lions	4.00m	29.44m

**Men 20-34 Discus Throw**

Name	Year Team	Seed	Finals
1 Tanton, Matthew	98 Islanders Tr	40.00m	37.39m

**Men 35-39 Discus Throw**

Name	Year Team	Seed	Finals
1 Bambrick, David	84 Launchers Athletics	34.80m	31.45m



**2019 NS/NU Legion Team Trials and Open Meet - 2019-07-06 to 2019-07-07****Pioneer Coal Athletics Field****Results****Men 45-49 Discus Throw**

Name	Year Team	Seed	Finals
1 Simpson, Alan	70 Pictou Count	25.00m	20.82m

**Men 65-69 Discus Throw**

Name	Year Team	Seed	Finals
1 Elliott, Alan	53 Pictou Count	23.05m	24.95m

**Men 12-13 Hammer Throw**

Name	Year Team	Seed	Finals
1 Thompson, Michael	06 StFX Track A	5.00m	16.16m

**Men 20-34 Hammer Throw**

Name	Year Team	Seed	Finals
1 Manuel, Jarod	98 Fredericton	39.20m	41.70m

**Men 45-49 Hammer Throw**

Name	Year Team	Seed	Finals
1 Simpson, Alan	70 Pictou Count	25.00m	17.71m

**Men 14-15 Javelin Throw**

Name	Year Team	Seed	Finals
1 MacLeod, Matthew	04 Pictou Count	45.00m	44.57m
2 Porter, Fergus	04 StFX Track A	21.43m	23.08m

**Men 16-17 Javelin Throw**

Name	Year Team	Seed	Finals
1 Berniquer, Noah	02 Truro Lions	54.19m	49.87m
2 Wolfe, Colby	03 Truro Lions	45.25m	47.09m
3 Howatt, Mark	02 Unattached N	51.06m	45.67m
4 Lander-Pinard, Michael	03 Annapolis Co	50.00m	45.14m
5 Arnfast, Oliver	03 Truro Lions	38.85m	37.20m
6 Morrison, Kyle	03 Halifax Athletics	29.64m	31.00m

**Men 18-19 Javelin Throw**

Name	Year Team	Seed	Finals
1 Adams, Michael	00 Truro Lions	56.00m	52.20m
2 Sampson, Daniel	01 Truro Lions	50.95m	45.48m

**2019 NS/NU Legion Team Trials and Open Meet - 2019-07-06 to 2019-07-07****Pioneer Coal Athletics Field****Results****Men 40-44 Javelin Throw**

Name	Year Team	Seed	Finals
1 Lapointe, Iain	77 Truro Lions	42.00m	41.51m

**Men 45-49 Javelin Throw**

Name	Year Team	Seed	Finals
1 Simpson, Alan	70 Pictou Count	25.00m	23.37m

**Men 65-69 Javelin Throw**

Name	Year Team	Seed	Finals
1 Elliott, Alan	53 Pictou Count	17.07m	18.67m

**Men 5-9 60 Meter Dash Tetrathlon**

Name	Year Team	Finals	Wind	Points
1 MacCallum, Gavin	10 Pictou Count	10.72	-2.0	141
2 Mombourquette, Dylan	11 StFX Track A	11.29	-2.0	105
3 Lapointe, Damon	11 Truro Lions	12.10	-2.0	62
4 Gillespie, Cooper	11 Pictou Count	12.21	-2.0	57

**Men 10-11 60 Meter Dash Tetrathlon**

Name	Year Team	Finals	Wind	H#	Points
1 Abrams, Chase	08 Halifast Athletics	10.28	-2.2	2	172
2 Hislop, Rylan	08 Pictou Count	10.51	-2.2	2	156
3 Quinton, Jack	09 Yhz Track &	10.60	-2.2	2	149
4 Rogers, Harrison	08 Pictou Count	11.08	-2.2	2	118
5 Lapointe, Isaac	09 Truro Lions	11.09	-2.2	2	117

**Men 5-9 600 Meter Dash Tetrathlon**

Name	Year Team	Finals	Points
1 Mombourquette, Dylan	11 StFX Track A	2:18.55	156
2 MacCallum, Gavin	10 Pictou Count	2:21.58	141
3 Gillespie, Cooper	11 Pictou Count	2:42.12	62
4 Lapointe, Damon	11 Truro Lions	2:53.76	31

**Men 10-11 600 Meter Dash Tetrathlon**

Name	Year Team	Finals	Points
1 Quinton, Jack	09 Yhz Track &	2:00.99	250
2 Hislop, Rylan	08 Pictou Count	2:16.12	167
3 Abrams, Chase	08 Halifast Athletics	2:31.59	99
4 Rogers, Harrison	08 Pictou Count	2:44.38	55
5 Lapointe, Isaac	09 Truro Lions	2:46.24	50

**2019 NS/NU Legion Team Trials and Open Meet - 2019-07-06 to 2019-07-07****Pioneer Coal Athletics Field****Results****Men 5-9 Long Jump Tetrathlon**

Name	Year Team	Finals	Wind	Points
1 Lapointe, Damon	11 Truro Lions	2.93m	NWI	137
2 MacCallum, Gavin	10 Pictou Count	2.75m	NWI	124
3 Mombourquette, Dylan	11 StFX Track A	2.69m	NWI	120
4 Gillespie, Cooper	11 Pictou Count	2.18m	NWI	86

**Men 10-11 Long Jump Tetrathlon**

Name	Year Team	Finals	Wind	Points
1 Lapointe, Isaac	09 Truro Lions	3.13m	NWI	152
2 Hislop, Rylan	08 Pictou Count	3.12m	NWI	151
3 Abrams, Chase	08 Halifax Athletics	3.05m	NWI	146
4 Quinton, Jack	09 Yhz Track &	3.04m	NWI	145
5 Rogers, Harrison	08 Pictou Count	2.23m	NWI	89

**Men 5-9 Shot Put 2kg Tetrathlon**

Name	Year Team	Finals	Points
1 MacCallum, Gavin	10 Pictou Count	5.79m	153
2 Lapointe, Damon	11 Truro Lions	4.39m	103
3 Mombourquette, Dylan	11 StFX Track A	4.22m	97
4 Gillespie, Cooper	11 Pictou Count	3.06m	57

**Men 10-11 Shot Put 2kg Tetrathlon**

Name	Year Team	Finals	Points
1 Hislop, Rylan	08 Pictou Count	5.87m	156
2 Quinton, Jack	09 Yhz Track &	5.12m	129
3 Lapointe, Isaac	09 Truro Lions	5.04m	126
4 Abrams, Chase	08 Halifax Athletics	4.62m	111
5 Rogers, Harrison	08 Pictou Count	4.39m	103