

PARA ATHLETICS CLASSIFICATION

ARE YOU, OR DO YOU KNOW SOMEONE WHO MAY BE, INTERESTED IN PARA ATHLETICS?

Classification determines who is eligible to compete in a Para sport and then groups the eligible athletes into sport classes according to their activity limitation in a certain sport or event. Athletes are classified as “T” (Track and Jump) or “F” (Field) based on which event they are competing in, followed by a number that represents impairment type and level of impairment. For example, T12.

First Letter Represents:

T/F TRACK OR FIELD

Typically T identifies a track event and F for a field event. There are certain exceptions (i.e. Long Jump is a T event)

First Number Represents:

1-6 IMPAIRMENT TYPE

- 1 = Visual Impairment
- 2 = Intellectual Impairment
- 3 = Co-ordination Impairment
- 4 = Upper Limb Deficiencies; Lower Limb Deficiencies without the use of prosthetic; short stature
- 5 = Impaired muscle power or range of movement
- 6 = Limb deficiencies with the use of prosthetic

Second Number Represents:

1-8 DESCRIPTION OF IMPAIRMENT

The number 1 through 8 specifies the description of the impairment as per the classification rules

PHYSICAL IMPAIRMENT

SHORT STATURE

F40 F41

IMPAIRED MUSCLE POWER AND/OR PASSIVE RANGE OF MOVEMENT

T/F51 T/F52 T/F53 T/F54 F55 F56 F57

Athletes who compete seated

LIMB DEFICIENCY

T/F42	T/F43	T/F44	T/F62	T/F63	T/F64	T/F45	T/F46	T/47
Lower limb deficiency <u>without</u> the use of a prosthetic			Lower limb deficiency <u>with</u> the use of a prosthetic			Upper limb deficiency with or without the use of a prosthetic		

ATHLETES WITH ATHETOSIS, ATAXIA AND/OR HYPERTONIA

T/F31 T/F32 T/F33 T/F34 T/F35 T/F36 T/F37 T/F38
Athletes who compete seated Athletes who compete standing

VISION IMPAIRMENT

T/F11 No vision, competes with a guide	T/F12 Very limited vision, may compete with a guide	T/F13 Limited vision, must compete independently
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INTELLECTUAL IMPAIRMENT

T/F20
An athlete must meet 3 criteria to be eligible to compete in this class

Contact **Sarah Black**, Para Performance Manager, for more information:

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For a detailed overview of athlete classification and to help determine your eligibility please visit athletics.ca/para-athletics/classification

